

Editor's Note

Good Gentles,

This latest incarnation of our dance manual includes several additional dances, including: Chocolate Alman, Belfiore, Il Conto Dell'Orco, Contrapasso in Due, Donna Leggiadra, Dull Sir John, Epping Forest, Furiolo, Jogging over the Mountains, Ma Navu, My Lady Cullen, Pennywren Road, Prexonera, Rosina, Tesara, and Vita di Cholino. Many thanks to all the reconstructors, choreographers, and contributors.

We have edited the text to eliminate page turns in the middle of a dance and to keep the guide as portable as possible. More consistent use of abbreviations and the correction of errors in the dance instructions & notes are ongoing endeavors in which we continue to progress. Once again, our heartfelt thanks to Mistress Rosina del Bosco Chiaro for her keen eyes and invaluable assistance.

A time signature is listed for each dance near the title of the dance as follows: = In 4 =. The right margin of the dance description lists the number of measures per step or group of steps. For example, in a dance that is = In 4 =, a 2 at the right margin means that it takes 8 counts to do the step. The editors do not guarantee the accuracy of these signatures – if you notice errors, please send corrections to one of the e-mail addresses listed below.

In the index, we distinguish the reconstructor of a dance from the choreographer of a dance by placing a "/" in front of the choreographer. In the main text, we list the date and/or source and not necessarily the choreographer.

If any errors or variations are noticed in the book please contact Alina of Foxwood via email at elainec@icle.law.umich.edu or Midair MacCormaic at charles@umich.edu & we will try to correct them in future versions.

An online version of the Terpsichore dance manual is available online at our website: www.cynnabar.org/downloads.

Many Thanks,
The Barony of Cynnabar

Standard Abbreviations:

Clockwise	OW
Counter Clockwise	CCW
Left	L
Right	R
Couple	C
Lady	Ly
Lord	Ld

Pavannes

Belle Qui (Carolingian) Pavanne (Couples in a line) (adapted from Arbeau 1589) = In 4 =

L pavanne set fwd; R pavanne set fwd; L set fwd; R set backwd	2;2;2;2
Ly circles Ld using a L pavanne set; R pavanne set	2;2
Ld circles the Ly using a L pavanne set; R pavanne set	2;2

Duchess Rondallynn's Pavanne (Line of couples) (SCA Choreography) = In 4 (slow) =

Reverance; L pavanne set forward	2;2 (½;½;1)
Tap L wrists almost together 2x with partner; tap R wrists 2x	½;½
L palms almost touching, switch places with partner in a double L	1
Repeat tapping R wrists, L wrists, & switch in double R	½;½;1
L pavanne set forward; R pavanne set forward	2;2
[2x] - Bransle apart & together; L & R singles fwd ; [1x] - Reverance	1;1[2x]; 2
[4x] - Galliard step [L single, R single, kick R, L, R, L]	1 [4x]
L pavanne set; R pavanne set	2;2
Lys spin out & all reverance; Lys spin back & all reverance; Lds same	1;1;2
Tap L wrists almost together 2x; tap R wrists; turn R palm out & turn single CW	½;½;1
Repeat tapping R wrists, L wrists; L palm out & turn single CCW	½;½;1
[2x] - Galliard step	1 [2x]
All spin out & reverance; All spin back & move into final reverance	1;2

Earl of Salisbury Pavanne (Couples in a line) (Mabel Dolmetch, 20th C) = In 4 =

L pavanne set forward	2
Bransle [apart & together]; R double backward	1;1
L pavanne set forward [end facing with hands joined]	2
Bransle [up the line & back]; R double backward [away from partner]	1;1
L pavanne set [toward partner, pass R shoulders, end back to back]	2
R & L single [turning to face partner]; R double backward	1;1
L pavanne set forward [join both hands & turn, switching places]	2
Bransle [up the line & back, then face front]; R double backward	1;1

Entree Courante (Couples in a line) (SCA Choreography) = In 4 =

Part A: L pavanne set; double R; L pavanne set;	2;1;2
R pavanne set; double L; R pavanne set	2;1;2
Part B: L pavanne set; R pavanne set; single L; bransles;	2;2;1;1
Singles R & L; bransles; R pavanne set (2x)	1;1;2 (2x)
Part C: L pavanne set; R pavanne set (2x)	2;2(2x)
Part D: L pavanne set; R pavanne set; double L;	2;2;1
R pavanne set; L pavanne set; double R	2;2;1
Part E: L pavanne set; double R; L pavanne set; R pavanne set;	2;1;2;2
L pavanne set; single R; bransles; singles L & R;	2;1;1;1
Bransles; L pavanne set	1;2

Pavannes

Le Loup Courant Pavanne

(SCA Choreography)

(Couples in a line)

= In 4 =

V1:	Rev; L pavanne set	2,2
	Lds P set away from partner; Lys P set to partner, all face down	2,2
	P set fwd & out 45°; P set fwd & in 45° & face partner	2,2
	P set back from partner; P set together & face fwd	2,2
	Lys P set fwd; Lds P set fwd	2,2
V2:	2 P sets fwd & face; Lys P set away; Lds P set to partner, all face down	4,2,2
	P set fwd & out 45°; P set fwd & in 45° & face partner	2,2
	P set back from partner; P set together & face fwd	2,2
	Lds P set fwd; Lys P set fwd	2,2
V3:	2 P sets fwd & face; Lds P set away; Lys P set to partner, all face down	4,2,2
	P set fwd & out 45°; P set fwd & in 45° & face partner	2,2
	P set back from partner; P set together & face fwd	2,2
	Lys P set fwd; Lds P set fwd in front of Ly & take hand; Rev	2,2,2

Mannschaft Pavanne

(SCA Choreography)

(4 couples in an improper line)

= In 4 =

Reverance;	(twd head of hall) L pavanne set	2,2
(w/ ptrnr)	Palm L&R; Palm L & switch; Palm R& L; Palm R & switch	1;1;1;1
(twd back of hall)	L pavanne set; R pavanne set	2,2
(w/ 2 couples)	Lys palm L ; Lds palm R; Lys palm L & switch	1/2;1/2;1
	Lds palm R; Lys palm L; Lds palm R & switch	1/2;1/2;1
(twd head of hall)	L pavanne set; R pavanne set	2,2
(w/ 4 couples)	Lys palm L ; Lds palm R; Lys palm L & move fwd 1 place	1/2;1/2;1
	Lds palm R; Lys palm L; Lds palm R & move fwd 1 place	1/2;1/2;1
twd back of hall)	L pavanne set; R pavanne set	2,2
(with 2 couples)	Lys palm L ; Lds palm R;	1/2;1/2
	Lys palm L & switch places	1
	Lds palm R; Lys palm L;	1/2;1/2
	Lds palm R & switch places	1
(towards head of the hall)	L pavanne set; R pavanne set	2,2
(with partner)	Palm L&R; Palm L & switch places	1;1
	Palm R& L; Palm R & switch places	1;1

Reverance

Minute Pavanne

(SCA Choreography)

(Line of Couples)

= In 4 =

(facing ptrnr)	Step L& close; R & close; Switch CW in Double L (2x)	1/2;1/2;1 (2x)
Lds:	Rev; Lys: Rev; (facing fwd) Double fwd & back	1;1,2
Lds:	Double fwd; Lys: Double fwd; (face) Lds turn single; Lys turn single	1;1;1;1
Step	L&close; R & close; Rev	1/2;1/2;1

Pavannes

Pavanne D'Amour		(SCA Choreography)
(Line of Couples)		= In 4 =
P1:	Reverance; L&R Pavanne sets fwd	2;4
	Pavanne set circle L (L palms together) & R (R palms together)	4
	Bransle out & in; 2 singles fwd; Bransle out & in; 2 singles backwd	1;1;1;1
	Ly circle Ld in 1 pavanne set; Ld circle ly in one pavanne set	2;2
P2:	Lys: L pavanne set fwd; Lds: R set fwd; both L set fwd; R set back	2;2;2;2
	Circle (pass R shoulders) w/ Pavanne set L; Pavanne set R	2;2
P3:	L pavanne set fwd (switch places, Ly pass in front of Ld)	2
	Repeat in R pavanne set (Ly pass in front of Ld) (then face ptr)	2
	Tap L&R wrists; Single L&R to place; L palms together switch in double	1;1;2
	Repeat all of P3; step to kiss R cheek & back to place; same w/L; Rev	6;1;1;1

Pavanne steps:

A pavanne single is a step & close. A pavanne double is 3 steps & close.

A pavanne set is two singles & a double, starting alternating L & R.

A bransle is usually a step apart & together, unless otherwise noted.

Almans **(Dancing in the Inns of Court)**

Black Alman		(1650 - 1700)
(Couples in a line)		= in 4 =
	4 alman doubles, beginning with L [end facing partner]	4
	L double backing away from partner; R double toward partner	1;1
	[turn to own L] L double away from partner	1
	[turn around] R double toward partner	1
	Lds step L, step R; circle LRL; Lys step L, step R; circle LRL	1;1;1;1
	[take hands with partner] L double switching places; 4 slides up the hall	1;1
	L double switching places; 4 slides down the hall	1;1
	L double backing away from partner; R double toward partner	1;1

Chocolate Alman		(SCA Choreography)
(Couples in a line)		= In 4 =
	Doubles LRLR fwd ; Set L&R; Doubles LRLR back; Set L&R (turning to face)	4;1;4;1
	Single L back & R fwd; Lds "present" (bow as reach R hand across waist to get Chocolate from purse, rise & bring R hand to partner's lips)	1;2
	Set L&R; Turn single L (end facing up hall); Set L&R	1;2;1
	Repeat dance with Lys "present" (offer hand to be kissed)	17

Earl of Essex Alman		(1570 - 1630)
(Couples in a line)		= in 6 =
	[4x] - Double L forward; single R back	2/3;1/3 [4x]
	Slow side L; Slow side R	1/2;1/2
	Double L forward; single R back	2/3;2/3

Lorayne Alman	(1570)
(Couples in a line)	= in 4 =
4 doubles forward; beginning with L	4
[2x] - Double L forward; Double R back;	1;1
Double L forward; Double R circling away	1;1 (2x)

Madam Sosilia's Alman	(1650 - 1700)
(Couples in a line)	= in 4 =
(2x) - L single; R single; L double; R single back	$\frac{1}{2}; \frac{1}{2}; 1; \frac{1}{2}$
(2x) - [face partner] Step L; step R; reverence L	$\frac{1}{2}; \frac{1}{2}; 1$
[switching places] Single L; single R; double L turning to face	$\frac{1}{2}; \frac{1}{2}; 1$
Reverance R; single R; single L; embrace	$\frac{1}{2}; \frac{1}{2}; \frac{1}{2}; \frac{1}{2}$

New Alman	(1570)
(Couples in a line)	= in 4 =
4 doubles forward; beginning with L [end facing partner]	4
Step L; Step R; Circle LRL; Step R; Step L; Circle RLR; reverence	$\frac{1}{2}; \frac{1}{2}; 1; \frac{1}{2}; \frac{1}{2}; 1; 1$
Lds step L; Lys step L; All L double forward switching places	$\frac{1}{2}; \frac{1}{2}; 1$
Lys step R; Lds step R; All R double forward switching places	$\frac{1}{2}; \frac{1}{2}; 1$

Quadran Pavanne	(1570 - 1700)
(Couples in a line)	= in 4 =
Sideways 1 single L; Sideways 1 single R; Double L forward	$\frac{1}{2}; \frac{1}{2}; 1$
Sideways 1 single R; Sideways 1 single L; Double R backward	$\frac{1}{2}; \frac{1}{2}; 1$
Possible Variation: first repeat face forward, second repeat face partner	

Queen's Alman	(1650 - 1700)
(Couples in a line)	= in 4 =
Double L forward; Double R backward (end facing partner)	1;1
Step L, Step R, Circle LRL (end facing forward)	2
Double R forward; Double L backward (end facing partner)	1;1
Step R, Step L, Circle RLR (end facing forward)	2
4 doubles forward [beginning with L]	4

Steps:

Alman Single - step & pause, with non-leading foot raised.

Alman Double - 3 steps & pause, with non-leading foot raised.

Bransles (Arbeau)

Aridan	(1589)
(Circle)	= in 4 =
[2x] Double L; Kick LRL	1;1
[2x] Double L; Singles R, L, R; Double L; Kick LR; Double R;	1;1;1;1;1
(DOUBLETIME) Double L, kick across, Single R, kick, pause	1

Bransles**(Arbeau)****Cassandra****(1589)****(Circle)****= In 4 =**

[2x] - Double L; Double R

1;1 [2x]

[2x] - Double L; Double R; Single L; Double R

1;1;½;1 [2x]

Charlotte**(1589)****(Circle)****= In 4 =**

[2x] - Double L; Kick LR; Double R

1;½;1[2x]

Double L; Kick LR; Single R; Kick LRL

1;½;½;1

Single L; Kick RLR; Double R

½;1;1

Horses'**(1589)****(Double circle with Lys on inside or line)****= In 4 =**

[4x] - Double L; Double R

1;1 [4x]

* - Lds (R foot) paw, paw, step R; circle to the L (CCW)

1;1

* - Lys (R foot) paw, paw, step R; circle to the L (CCW)

1;1

* Note: These sections may repeat depending on music.

Maltese**(SCA Choreography)****(Circle)****= In 4 =**

[2x] - Double L; Double R

1;1[2x]

Move sideways inward, snapping fingers; Clap 3 times

1½;½

Move sideways outward, snapping fingers; Clap 3 times

1½;½

Maltese**(Period Choreography 1589)****(Circle)****= In 4 =**

[2x] - Double L; Single R

1;½[2x]

(moving into the circle) slow step L; slow step R; step LRL, kick R

1;1;1

(turning & moving out of the circle) step R, kick L, step L, kick R

1

(turning to face into the circle) kick LRL, land with feet together

1

Note: While moving into the circle, use gestures (i.e. the SCA choreography of swinging the hips & snapping, bowing, raising arms as if praising the heavens).

Michelaine**(SCA Choreography)****(Line)****= In 4 =**

[4x] - Double L; Kick LRL, hop

1;1 [4x]

Double L, fast Double R, Double L&R, fast Double L, Double R

1;½;2;½;1

Montard**(1589)****(Line of 4 people side by side)****= In 4 =**

8 singles L (lmost person weaves through after first time)

4

1st person turns in 4 kicks; 2nd, does same followed by 3rd & 4th

1;1;1;1

Note: Number of people per line (repeats of kick music) can vary depending on music

Bransles**(Arbeau)**

Official (1589)
(Circle of couples) = In 4 =
 [2x] - Double L; Double R 1;1 [2x]
 8 singles L, on 7 & 8, Ly leaps to other side of Ld (repeat if music repeats) 4

Pease (1589)
(Circle of couples) = In 4 =
 [2x]: Double L; Double R (2x) 1;1[2x]
 Lds hop, Lys hop; Lds hop (3x); Lys hop, Lds hop; Lys hop (3x) 1;1;1;1

Pinagay (1589)
(Circle) = In 4 =
 Double L; Kick L; Double L; Kick LRL 1;¼; 1;¾
 Double L; Double R 1;1

Scottish (1589)
(Circle) = In 4 =
 [2x] - Double L& R; Single L&R 2;1 [2x]
 Double L; Single R& L; Double R&L; Single R; Kick L&R; Capriole 1;1;2;½; 1;½

War (1589)
(Circle) = In 4 =
 [4x] - Double L; Double R 1;1 [4x]
 (fast) D; Dr; Sl; Sr; D; Sr; Sl; Dr; Sl, Kick LRL, Capriole 1;1;1;1;1;½; 1,½

Washer Woman's (1589)
(Circle of couples) = In 4 =
 [2x] - Double L; Double R 1;1 [2x]
 (face partner) Singles L&R (Ld scolding); Singles L & R (Ly scolding) 1;1
 (face center) Double L (clapping); Double R 1;1
 Double L (clapping); Kick RLR (turning CW); Capriole 1;1;1

Steps:

Single: step sideways & close. Double: 2 singles

Capriole: a small jump, kicking the feet back & forth

Basse Dances – Burgundian/French

Bayonne (Toulouse 1488)
(Couples in a line) = In 3 =
 Reverance; Bransle L 1;1
 Singles L&R; Doubles L R L; Singes R&L; Desmarches R L R; Bransle L 1;3;1;3;1
 Singles L&R; Double L; Singes R&L; Desmarches R L R; Bransle L 1;1;1;3;1
 Singles L&R; Doubles L R L; Singes R&L; Desmarches R L R; Bransle L 1;3;1;3;1
 Singles L&R; Double L; Desmarches R L R; Bransle L; Reverance 1;1;3;1;1

Basse Dances – Burgundian/French

Casuelle Nouvelle

(Toulouse 1488)

(Couples in a line)

== In 3 ==

Introduction:	Reverance; Bransle L	1;1
Part A:	Singles L&R; 5 Doubles L R L R L	1;5
	3 Reprises R L R; Bransle L	3;1
	Singles L&R; Double L; Singles R&L	1;1;1
	3 Reprises R L R; Bransle L	3;1
Repeat Part A		
Part B:	Singles L&R; 3 Doubles L R L	1;3
	3 Reprises R L R; Bransle L	3;1

Danse des Cleves

(Couples)

== In 3 ==

P1:	Reverance; Bransle L	1;1
	Singles L&R; Doubles LRL; Singles R&L; Double R back (drop hands)	1;3;1;1
P2:	Singles L&R; Double L (Ld fwd & back stem as Ly CW petal)	1;1
	Singles R&L; Double R (Ly Fwd & back stem as Ld CCW petal)	1;1
	Singles L&R; Double L; Desmarche R; Bransle L	1;1;3;1
P3:	Singles L&R (separate in V); Double L (change direction (top of heart))	1;1
	Singles R&L (separate in V); Double R (change direction (top of heart))	1;1
	Singles L&R; Doubles LRL; Singles R&L; Desmarche R; Bransle L	1;3;1;3;1
	Reverance	1

Danse Northshield

(SCA Choreography)

(Couples)

== In 3 ==

Reverance; Bransle L	1;1
Singles L&R; 6 Doubles LR LRLR; Singles L&R (S to C, minor mullets, C to W)	1;6;1
8 Doubles LRLRLRLR (Great Circle, moving towards North, North, West)	8
Singles L&R; doubles L&R; Singles L&R (West to center; center to East)	1;2;1
8 Doubles LRLRLRLR (Great Circle, moving towards North, North, West)	8
Singles L&R; doubles L&R; Singles L&R (East to center; center to North)	1;2;1
8 Doubles LRLRLRLR (Great Circle, moving towards North, North, West)	8
Double L; Desmarches R LR; Bransle L (conclusion of Compass Rose)	1;3;1
Singles L&R; Doubles L&R; Singles L&R; Double L; Singles R&L;	
Desmarche R; Bransle L; Reverance (Fleur de Lis)	1;2;1;1;1;1;1;1

Steps for Burgundian/French Basse Dances:

Single - step lightly & carry through (do not close)

Double - three steps, the first down (knee bent), the second up (on toe), the third flat

Reverance - L foot forward, sweep back, shift weight back w/knee bent, straighten

Bransle - shift weight slowly to side & back to center

Reprise - sweep foot behind, rock back, forward, & back

Coronita Gentile		(Adapted from Guglielmo (Ambrosio))	
(Couples facing from across room)		= In 6 =	
V1:	Continenze L&R; Sempii L&R; Doppii L&R; RevL	1;1;2;1	
	PtL,PtR (backwards); MV into RipL; RipR,	1;1;1	
	Continenze L&R; Singles L&R; Doppii L&R	1;1;2	
	MV into Chorus (Ripresa L; VT (2 Sempii R&L, Ripresa R))	1;2	
V2:	Continenze L&R; Sempii L&R; Doppii L&R	1;1;2	
	Continenze L&R; RevL (touching R hands) Pt L&R (backwards)	1;1;1	
	Sempii L&R, Doppii L&R (passing); MV into Chorus	1;2;3	
V3:	Con L&R; 6 Salt (home); RevL; PtL&R (back); MV into Ch	1;6;1;1;3	
V4:	Continenze L&R; Doppii L&R; Lds: Sempii L&R; Doppii L&R	1;2;1;2	
	R-hands Sempii L&R; Doppio L; L-hands Sempii R&L; Doppio R	2;2	
	(smaller so change sides, facing partner); Chorus	3	
V5:	Continenze L&R; Lds Sempii L&R; Doppii L&R	1;1;2	
	(back to ptrnr); Ch; Sempii L&R; Doppii L&R; MV into Ch	3;1;2;3	

Lauro		(Late 15th C Italian manuscripts)	
(Couples in a line)		= In 3 =	
	Singles L&R; Doubles L&R; ReveranceL	1;2;1	
	Reprises L&R; Singles L&R; Double L; Reprise R; Continenze L&R	2;1;1;1;1	
	[R hands], Singles L&R; Double L; [L hands] Singles R&L; Double R	1;1;1;1	
	Reprises L&R; Singles L&R; Doubles LR L; Volta Tonda; Reverance L	2;1;3;2;1	

Mordred's Lullaby		(SCA Choreography)	
(1 couple, separated, Ld on L side of hall, Ly on R)		= In 6 =	
Intro:	Ld 6 passi (2/ bar) to start position; 1 bar no moveldst	3;1	
	Ly 6 passi, end L of Ld (lead pos); 1 bar, Ly takes Ld's hand	3;1	
	Hush Chorus: Riprese L&R; 2 Sempii; 3 Doppii; VdG	2;1;3;2	
V1:	RevL, ¼ turn L, Ly leads Sempii L&R; Doppii L&R, MV	1;1;2	
	Ld leads Sempii L&R; Doppii L&R, Ld MV to face; RevL	1;2;1	
C1:	Ly circles Ld CW with 4 Doppii starting L	4	
V2:	Sempii L&R; Doppio L; (Ld back, Ly fwd), VdG	1;1;2	
	Sempii L&R; Doppio L; (Ly back Ld fwd), VT (S R&L DR CW)	1;1;2	
C2:	R hands, Passi L&R Dop L; L hands, Passi R&L Dop R, Ly MV	2;2	
	Hush Chorus	8	
C3:	Ly 4 Doppii around Ld CW, as Ld 8 steps CW, inside Ly's circle	4	
	(End w/ Ly to L of Ld, further apart, do not hold hands)		
V3:	Sempii L&R Dop L&R; Ld Rip L&R as Ly Dop L&R ½ around Ld	3;2	
	Sempii L&R; Doppii L&R, Ld backing up, Ly going forward	1;2	
C4:	Ly 4 Doppii in CW around Ld; MV, as Ld RipL&R into MV (2x)	4	
	Hush Chorus (as before, except Ld leading)	8	
Exit:	Ly 4 passi (1/bar), go behind Ld & L (can continue on Ld's music)	4	
	Ld 4 passi (1/bar), goof R & turn to look at the Ly at the end	4	
	End in stillness. No Rev		

Basse Dances - Italian

Riunione	(SCA Choreography)
(One couple)	= In 6 =
P1: Continenze L&R; Singles L& R; Ripresa L, Ld starting w/a MV Singles R&L, passing R shoulders	1;1;1 1
P2: MV into Ripresa R; MV into Ripresa L; Double RLR, MV on last beat Saltarello LR L end L shoulders together (Ly facing down, the hall, Ld up)	1;1;3 3
P3: Reverenza Longa R ; Volta del Gioioso, rotating around each other	2;2
P4: Doubles LRLR in sep CW circles - end facing other way (Ly up hall, Ld down) Take R hands, Singles L&R, Double L Take L hands, Singles R&L, Double R (End with Ly facing down, Ld up) Reverenza L & drop hands	4 2 2 1
P5: Riprese Portogalese back L&R; then forwards L; Single R; Pause Riprese L&R, Ly first doing a MV, holding hands Singles L&R; Doubles L R&L; Volta del Gioioso	2;1;½;½ 2 1;3;2

Italian Balli (15th Century)

Amoroso	(Ambrosio (Guglielmo) - 1475)
(Couples)	= In 4 =
12 piva (only 8 in some recordings)	12
Ld: Singles L&R; Piva, Strutting singles RLR; Ly same to catch up	1;1;1½;3½
Ld: Piva LRL, Single R; Ly: same to catch up	4;4
Ld: Singles L&R Piva; Singles RLR turn & Rev; 3 Piva & 1 single bk; Ly same	2;2;4;8
Note: To slower music, the pivas may be done as doubles. If the P4 music does not repeat, P4 may be done as a heart pattern (2 singles, turn into a double, 2x).	

Anello	(Domenico 1450)
(2 couples facing)	= In 4 =
Intro All join hands & circle L with 8 salterelli	8
P1 Movi [Lds then Lys]; Lds switch in 2 salt; Movi (Lys then Lds); Lys switch	1;2;1;2
P2 Movi [Lds 1st]; Lds turn single; Movi [Lys 1st]; Lys turn single	1;1;1;1
P3 Lds cast behind ptr & switch in 4 piva; Lys same	2;2
P4 Movimenti [Lds then Lys] 2x; Lds reprise; All reverenza	2;1;1
Repeat with Lys leading	

Belfiore	(Domenico)
(Set of 3 people)	= In 4 =
12 Salatrelli	12
L dancer double; Middle same; R same	1;1;1
L dancer movimento; Middle same; R same	= In 2 = 1;1;1
L dancer Voltatunda (in a double); Middle same; R same	= In 4 = 1;1;1
L dancer 3 piva behind to R place; Middle same; R same	= In 6 = 3;3;3
L & R dancers trade w/ a double (L in front, R behind, orig L dancer face down)	2
Middle 4 piva around orig R dancer to turn orig L dancer	4
Repeat dance 2x to arrive in beginning positions	

Italian Balli (15th Century)

Colonnese

(Guglielmo (Ambrosio) 1463)

(Line of 3 couples)

= In 6 =

16 Saltarelli

16

C1 stands still, as C2 R hands & circle in Singles L&R; Double L then L hands & circle in Singles R&L; Double R then RevL, as C3 weave to top with Singles L&R ; Doubles LR LR, Ld ends on R side; repeat figure 2x

5;10

Ld around partner CW w/ 3 Piva LRL; Ly same CW w/ 3 Piva RLR (= In 2 =) 3;3

Movimenti (Ld, then Ly), Double R back, Double L fwd & face front (= In 4 =) 3

Repeat dance, roles reversed

Gelosia

(Domenico 1450)

(Line of 3 couples)

= In 4 =

8 Saltarelli

8

Ld1 3 piva pass in front of Ly1, end at R of Ly2; Rev; Ld2 Saltarello R to Ly1 1½;½;1

Ld1 3 piva in front of Ly2, ending at R of Ly3; Rev; L3 Saltarello R to Ly2 1½;½;1

Ld1 Saltarello R behind Ly3, end to her L

1

8 Piva, holding hands with new partner

4

C1 double away in circle, end facing; C2 the same; C3 the same 1;1;1

Take R hands with partner, exchange places in Single L, R, L 1½

Take L hands, exchange back in Single RLR, Lds end w/ Mezzavolta R 1½

Repeat dance 2 times, until each Ld returns to original place

Gioioso in Tre

(Guglielmo (Ambrosio) late 15th C)

(1 Ly standing between 2 Lds)

= In 4 =

P1: Rip L&R; Ly single L&R; Arm L w/ Ld1 in Doubles L&R to place 2;1,2

Repeat Rip & Arming, but Ly arms R with Ld2

5

P2: Rip L&R; Lds switch, pass L in front of Ly in Singles L&R, Doubles L&R 2;3

Repeat Rip & Switching

5

P3: Rip L&R; Singles L&R; Double L; 2;1;1

Ly Rip R&L as Lds VT (doubles R&L); VdG

2;2

Repeat

8

P4: 16 Saltarelli 16

P5: Movi (Ly, then Lds); Ly double; Movi (Lds, then Ly); Lds double to Ly 1;1;1;1

Movi (Ly 1st); Ly double & turn; Movi (Lds 1st); Lds double to join & turn 1;1;1;1

Graziosa

(Guglielmo (Ambrosio) 1463)

(Couples)

= In 4 =

Both TedL R L, Ld DR ½ around W; Both TedL R L, Ly DR to place on R 4;4

Ld TedL&R, Singles L&R, Double L; Ly same 4;4

SL, SR, DL, DR, Ld fwd, Ly ½ fwd, then back to start = In 6 = 3

MvR (no time), RipL, RipR, RevL 3

SL, SR, DL, DR, Ly fwd, Ld meets her, then goes beside 3

Hands RipL, RipR, RevL 3

Circling = take R hands, PivL R L; L hands, PivR, L, R = In 4 = 3;3

Movimenti (M, then W); Both DL Back, DR fwd 1;2

Italian Balli (15th Century)

Jogging over the Mountains

(SCA Choreography)

(Couples)

= In 4 =

P1:	Piva LRLR	4
P2:	Ld: Piva L&R away; turn to face Ly; Both Ripresa L&R	2,2
	Ld: Piva L&R to return & turn to take Ly's hand; Both Ripresa L&R	2,2
P3:	Ly Movimento & Ld Respond; Ly Singles L&R, Doubles L&R away	1;1,2
	Ld Movimento & Ly Respond; Ld Singles L&R, Doubles L&R to join Ly	1;1,2
P4:	Ly: Piva L&R away; turn to face Ly; Both Ripresa L&R	2,2
	Ly: Piva L&R to return & turn to take Ld's hand; Both Ripresa L&R	2,2
P5:	Singles L&R; Double L; Piva R&L; Singles R&L; Double R; Rip L&R	1;1;2;1;1,2
P6:	24 saltarelli	24

Leoncello Vecchio

(Domenico 1450)

(Couples)

= In 4 =

6	salterelli	6
Movi (Ld then Ly);	Ld move to R of Ly with a Saltarello L & turn; Ly same	1,2,2
Ld 4 Singles & 1 Double away;	Ly same; Ld 3 quick Doubles away; Ly same	3,3;3,3
Ld 2 Singles & 2 Doubles away;	Ly same to join	= In 6 = 3,3
(together) Bransle L&R;	2 Doubles; Bransle L&R; Movi (Ld then Ly)	1,2;1,1

Marchesana

(Domenico 1450)

(Couples)

= In 4 =

8	salterelli	8
Ld stamp LRL; then Double R;	Ly stamp LR L; then Double R	1;1;1,1
Hands: Rip L&R (drop hands)		= In 6 = 2
R hands: circle with Singles L&R;	Double L drop hands; RipR; Same w/ L	1;1;1,3
Doubles L&R fwd, passing L's	shoulders & turn to face	2
Rip L&R; Continenza L&R;	Ld Rev; Ly Rev	2;1;1,1
Movimenti (Ld then Ly);	Both Double L fwd	= In 4 = 1;1
Movimenti(Ly then Ld);	Both Double R fwd (end w/ R shoulders together)	1;1
Double L turning (Ly VT & Ld MV)	to face same way, Ly on L (next repeat, Ly leads)	1

Mercantia

(Domenico 1450)

(Ly with 3 Lds: A with Ly, B behind A, C behind Ly)

= In 6 =

11	Saltarelli; B & C separate with 6 Mrip (= In 4 =)	11,6
Ly MV in Double L; A Double LRL		= In 6 = 4
B to Ly in Singles L&R, Double L,	touch R hands;	2
B Singles R&L Double R & MV,	as Ly Volta del Gioioso	2
C repeats what B did, Ly also	repeating the Volta del Gioioso; A turns around	4; ½
B & C switch places with SaltL&R,	end side by side	2
A Salt L&R, ending behind & to L	of Ly; Ly turns as A RipR	= In 4 = 2; ½
A & Ly Rev L; All Con R&L		= In 6 = 1;1
A & C switch places in Singles R&L,	Double R, as B & Ly Volta del Gioioso	2
A is now B, B is C & C is A.	Repeat dance twice more	

Italian Balli (15th Century)

Petit Vriens	(Ambrosio (Guglielmo) 1475)
(Set of 3 people)	= In 6 =
16 Piva; A 4 Piva; B 4 Piva to join A; C 4 Piva to join A&B (musically in 6)	8;4;4;4
A Double L; B Double L; C Double L	= In 4 to dance =
A Rev to B; B Rev to A; C Rev to B; B Rev to C; All Rev	1;1;1
DL backwards, fanning out (ie A bit to L, C bit R)	½;½;½;½;1
DR forward back to place	1
RipL; RipR; VT (DL going CCW)	½;½;1

Pizocara	(Domenico 1450)
(Line of 4 couples)	= In 6/8 =
12 Pive; Lds circle partner with 4 Pive; Lys same	12;4;4
= In 6/4 = Lds RevR, All RipR, holding hands	2
Lds SL, SR, 11 Doppii, weaving through Lys & end to R of partner	12
Lys Rev L; All Rip L, holding hands	2
= In 6/8 =	
Lys, pause 1 bar, 9 Salt, starting L, weaving through Lds, end to R of partner	10
C1 separate with 2 MRip, then other Cs 4 Pive	2;4
C2 separate with 2 MRip, then Cs 3 & 4 do 4 Pive	2;4
C3 separate with 2 MRip, then C4 does 4 Piva	2;4
Repeat the dance, with C4 leading	

Prexonera	(Domenico 1450)
(couples)	= In 6/4 =
Con L&R; Singles LRL, Double R; Rev; Repeat	1;2;1;1;5
Ld: Singles L&R; Contrapassi L&L, curve L to face Ly; Ly same (end apart to L)	1;2;3
Both Singles L&R; Con L&R; Repeat whole seq w/ Ly starting	1;1;8
8 piva (Ld grabbing Ly's hand, Ly following behind)	8
Ld Movì (jump twd Ly); Ly Respond (jump away); 4 passiti, Ld chasing Ly	1;1;2
Ly Movì (jump twd Ld); Ld Respond (jump away); 4 passiti, Ly chasing Ld	1;1;2
4 Saltarelli; Repeat dance w/ Ly leading contrapasso & piva sequences	4;4;6

Rosina	(Based on Ambrosio (Guglielmo) 1475)
(3 people, one of one gender in center, 2 of other on sides)	= In 4 =
1 Double L&R, MV; Double L&R, MV	2;2
Center Single L&R, Double L; Sides Single R&L, Double R	2;2
2 Center turns, All Double L&R, MV & Rip L&R	4
CCW circle = Double L, MV, then RipR; Con LRLR	2;2
3 Single L&R, Double L fwd, Double R backward, Rev L	4
CCW circle = Double L, MV, then RipR; Con LRLR	2;2
4 Center & Side to their R = take R hands & circle w/ 4 Pive	4
Center & other Side take L hands & circle w/ 4 Pive	4
Hey with 8 Pive, Center & R Side start by passing R shoulders	8

Italian Balli (15th Century)

Rostiboli Gioioso		(Guglielmo (Ambrosio) 1463)
(Couples)		= In 6 =
P1	Reprise L&R ; Ld: Singles L&R; Doubles L&R (Ld MV) All Reprise L & R; Ld Singles L&R; Doubles L&R home Repeat above with Ly going out & back	2;1;2 2;1;2 10
P2	Reprise L&R; 2 Singles; 3 Doubles; VdG (2x)	2;1;3;2 (2x)
P3	16 Salterelli (hop on upbeat)	16
P4	(musically in 6)	= In 4 to dance =
	Movi (Ld then Ly); Ld Double L; Movi (Ly then Ld); Ly Double L to join Ld Repeat; Repeat entire dance, roles reversed	1;1;1;1 4

Tesara		(Domenico 1450)
(4 couples in a line plus 1 shuttle at each end)		= In 6 =
P1:	8 Saltarelli, starting L	8
P2:	Couples separate in Mezza Rip, shuttle A MV to face B A& B 4 Piva to switch (pass R), MV; C's switch 4 Mezza Rip (Lds in front) Movimenti (Ld1, then 2, 3, 4, then Ly 4, 3, 2, 1); Repeat P2	1 4;2 4;11
P3:	B take C4's ribbons & lead to front in 4 doppi w/ close & side cut A&B take R hands & switch in 2 piva; A to bottom in 3 piva, end in MV R A lead C3 to front (as B led C4); A&B switch & B return to bottom as before	12 2;3 12;5
P4:	B take C2 to front (holding ribbons) w/ Saltarelli LRL A&B R hands & switch in Saltarello R; A to bottom in Saltarelli L&R, MV R A lead C1 to front (as B led C2); A&B switch & B return to bottom as before	3 1;2 3;3
P5:	C1&C4 switch w/ ptrnr in Doppio & form ribbon arch; A&B Doppio under arch C2&C3 switch w/ ptrnr in Doppio & form ribbon arch; A&B under arch & meet Repeat w/ C2&C3; Repeat w/ C1&C4	1;1 1;1 2;2
P6:	A&B switch under arches in 4 piva, passing R shoulders, MV R Couples drop partner's ribbon; Lds MV to face down as Lys face up	4 1
P7:	Hey: A, B, Ld1 & Ly 4 weave CCW around 3 stationary people to new position A&B always start to L of 1 st stationary person (inside), Ld & Ly to R Repeat w/ A, B, Ld2 & Ly3; A, B, Ld3, Ly2; A, B, Ld4, Ly1	4 12
P8:	Movi (Ld1,2, 3, 4, Ly 4, 3, 2, 1); Lds VT CCW in doppio L; Lys same	4;1;1

Vita di Cholino		(Giovannio)
(Ly between 2 Lds)		= In 4 =
V1:	Con L&R; Ly Singles L&R, MV R, as Lds Singles L&R back; Rip L&R	1;1;2
Ch:	Ly & Ld to her R Rev; Ly & Ld to L Rev; VT CW in Double R	1;1;1
V2:	Ly & Ld to R take R hands & circle in Doubles L&R Ly & Ld to L take L hands & circle in Doubles L&R; Repeat Ch	2 2;3
V3:	Doubles L&R (passing ea other), MV R; Rip L&R; Repeat Ch	2;2;3
V4:	Zig Zag past in Doubles LRL, MV L; Double R together Repeat Chorus touching hand while Rev (R hand w/ Ld1, L w/ Ld2)	4 3
V5:	Hey in 8 pive, Ly starting and passing Ld to R by R Repeat Chorus, but Lds replace VT w/ Double R, MV (end in line)	4 3

Steps for 15th Century Italian Dance

Continenza (Con) - Shift weight to side, with bit of rise. Half bar.

Doppio (Double) - 3 steps.

Passetino (PT) - a small step

Passo - an unornamented step

Piva - 3 steps, the 2nd cutting under first (ie place it under heel)

Meza Ripresa (Mrip) - Step to side, cut (put other foot under first)

Mezavolta (MV) - half turn. If not specified, it is a pivot in no time.

Movimento (Mov) - Rise on both toes, directing attention at partner.

Reverance (Rev) - Kneel on knee given.

Ripresa (Rip) - Step to side, cut (put other foot under first), step to first side again.

Saltarello (Salt) - 3 steps & hop. Put hop where pause is in doppio.

Saltarello Tedesco (Ted) - 3 steps & Meza Ripresa.

Sempio (Single) - step forward on foot given, on first beat. Half bar.

Volta tonda (VT) full turn. Usually be specified in brackets after or use VdG(below)

Volta del Gioioso (VdG) - A small circle CCW, done with 2 sempii & a MV with a ripresa.

Takes 2 bars in 6/4, as follows: SR doing quarter turn CCW, SL doing quarter turn CCW, MV (half turn CCW in no time, pivot on L foot) & Ripresa R.

Steps for 16th Century Italian Dance

Bransle - shift weight slowly to side & back to center

Cadenza (Cad) - jump & land w/ lead foot slightly forward.

Continenza (Con) - A step to the side & close. Sink down on the ball of the foot as you step to the side, & rise up as you close with the other foot

Corinto - 3 reprises [or reprises sottopiede], followed by a trebucetto in same direction

Double (Doppio) - three steps, styling varies from dance to dance

Fioretto - kick lead foot forwards & to the side, leaping onto the toes of the foot. Bring the other foot across & land lightly on the flat of both feet.

Fioretto a Pie Pari - swing L foot to side & back, kicking the R foot to the other side.

Gropo - Trab L, R, L; cut R foot under left & kick L foot out in front

Puntata (Puntata Grave) - Step L. "Stab" R&Lift L heel off ground. Lower L heel.

Reverance (Rev) (lds) - move L foot forward, sweep L foot back, shift weight onto back leg with knee bent, straighten back leg back gracefully into standing position

Ripresa (Rip) - step sideways over onto the toe & lower to floor with weight on other foot

Ripresa minuita - "charleston" type step side to side (heels together, toes together)

Saffice - Sottopiede, followed by a Trebucetto in the same direction

Saltino a pie pari - jump straight up & land on both feet

Scambiote - Step sideways w/ lead foot, undercut, cadenza

Scorsi - Rise up on toes & scurry for 8 steps in 4 beats; lower heels.

Seguito Battuto al Carario - L heel forward, L toe back, close w/ a stamp.

Seguito Ordinario (SegOrd) - Caroso - three steps (for Negri, see Seguito Semidoppio)

Seguito Semidoppio - 2 Passi, & a spezatto (Negri - Seg Ordinario)

Single [Passo] - step lightly & carry through (do not close)

Sottopiede - step sideways, cut other foot under first foot

Spezzato (Spez) - 3 steps on the balls of the feet, with an undercut on the second step

Spezzato Alterato (L) - raise L foot & hop onto R, spez L

Trabuchetto (Trab) - small jump sideways onto ball of foot

Italian Balli (16th Century & later)

Allegrezza d'Amore		(Caroso 1600)
(3 People in a Circle)		= In 4 =
P1:	<i>(Take hands)</i> Riverenza; <i>(Drop hands)</i> Saffici LR, flanking back	1;1
	Doppii Minimi (or Seguiti Semidoppii) L then R	2
	Seguiti Battuti del Canario L&R (<i>Leader first, then to R</i>)	3
	Seguiti Spezzati L&R, flanking forward	1
	Ripresa L, Fioretto L; Ripresa R, Fioretto R	½;½
	Trabuchetti L&R, Saffice L; Trabuchetti R&L, Saffice R	1;1
P2:	Fioretti L&R; Trabuchetti L&R; Scorsi L, changing places	½;½;1
	Fioretti R&L; Trabuchetti R&L; Scorsi R, changing back	½;½;1
	Seguiti Battuti del Canario L&R (<i>Leader first, then to R</i>)	3
	Seguiti Spezzati L&R, turning L; Passi L&R; Saffice L, flanking back	1;½;½
	Seguiti Spezzati R&L, turning R; Passi R&L; Saffice R, flanking back	1;½;½
P3:	Seguiti Spezzati (<i>chain, eight to get back to place</i>)	4
	Battuti di Piede LRLR (<i>Leader first, then to R</i>)	3
	Fioretti LR, Trabuchetti L&R; Ripresa L, Fioretto L; Ripresa R, Fioretto R 1;½; ½	½; ½
	Puntati LR; Saffice LR, flanking back	1;1
P4:	Fioretti L&R, Trab L&R; Doppio Minimo (or Seguito Semidoppio) L to L	1;1
	Fioretti R&L, Trab R&L; Doppio Minimo (or Seguito Semidoppio) R to R	1;1
	Seguiti Battuti del Canario L&R (<i>Leader first, then to R</i>)	3
	Passi Puntati L&R (<i>Leader first, then to R</i>), changing places; Riverenza	3;1

Altezza d'Amore		(Caroso)
(Couples)		= In 4 =
P1:	Riverenza; Continenze L&R; Groppo L; Fioretti L&R	1;1;½;½
	Seg Semidoppio L; Groppo R; Fioretti R&L; Seg Semidoppio R	1;½;½; 1
	Trab L&R; Seg Spez L; Trab R&L; Seg Spez R	½;½;½;½
	4 Seg Scorsi LRLR (separating in S shape); Trab L&R	2;½
P2:	Ld : 4 variations L; Ly :4 variations L; Ld 4 vars R; Ly: 4 vars R	4;4;4;4
	easy galliard variation: Seq Ord L&R flanking; Trab L&R; Seg Finto L	2;1;1
	(complex var: Groppo L; Fioretti L&R; Passi Minimi L&R backwards	½;½;½;½)
	Fioretti L&R; Passi Minimi L&R forward; Trab L&R	½;½;½;½
	Mezza Riverenza; Sottopiede L; Cadenza L	¼; ½; ¼
P3:	Spez Alterati L&R; Fioretti L&R; Saffice L; same starting R	1;½;½; 2
	Spez L&R (turning L); Seg Batt al Canario L R L; Stamp R&L	1;1½;½
	Spez R&L (turning R); Seg Batt al Canario R L R; Stamp L&R	1;1½;½
	Groppo L; Fioretti L&R; Spez Puntato L w/ Mezza Reverenza	½;½;1
	Same starting R; Trab L&R	2;½
P4:	Ld:Stamp LR; Seg Canario L; Stamp RLR; Seg Can L; Ly same	½;½;½;½;2
	Ld:Stamp RL; Seg Canario R; Stamp LRL; Seg Can R; Ly same	½;½;½;½;2
	Passo Puntato L; Mezza Riv; Passo Puntato R; Mezza Riv	½;½;½;½
	Ld: Trab L&R; Saffice L (flanking out); Ly do same	½;½;½;½
	Ld: Trab R&L; Saffice R(flanking out); Ly do same	½;½;½;½
	Seg Spez L&R (turning L); Passi Minimi L&R; Saffice L (flanking in)	1;½;½
	Same starting R; Passi Puntati L&R; Riverenza	2;1;1

Italian Balli (16th Century & later)

Ballo del Fiore	(Caroso 1581)
(Lds with Flowers & Lys along edge of floor)	= In 4 =
Open: Lds: Riverenza; 2 doubles turning in place	2;2
V1 Lds 4 doubles to face a partner; Both: 2 continenze, riverenza	4;4
V2 Half moon to face forward, 2 doubles; 2 Scorsi; (facing) 2 con, riverenza	2;2;4
V3 4 doubles in a J, passing partner & turn to face; 2 continenze, riverenza	4;4
V4 4 doubles—zigzag to partner; 2 continenze, riverenza & pass flower	4;4
Repeat verses 1-4 with the Ly seeking a new Ld	

Bella Gioiosa	(Caroso 1581)
(3 people in circle)	= In 4 =
V1: Take hands & Riv; Trab LR LR & drop hands	1;1
Turn single L: Spez L&R; Passi L&R; Cadenza	1;½;½
Face L in wheel: Spez LRLR; Scambiate L&R	2;2
Ch: Leader turn single L: Spez L; Cadenza; Person 2 (to R of Leader) same;	
Person 3 same	½;½ (3x)
V2: Leader Passi L&R; Cadenza; Trab LRLR or Canario LRLRL	½;½;1
(Leader only) Rip L&L, Trab L&R; (turn L in) Spez L; Cadenza	½;½;½;½
Joust all: L side in: Spez L forward; Spez R back; Spez L&R to switch	½;½;1
L side in: Spez L forward; Spez R back; Spez L&R to switch	½;½;1
Repeat Chorus	3
V3: Verse 2 with Person 2 (to R of Leader) as Leader	8
Repeat Chorus with Person 2 leading	3
V4: Verse 2 with Person 3 as Leader	8
Repeat Chorus with Person 3 leading	3
V5: Face Lin wheel: Seg Semidoppio L&R; Rip L&L; Trab L&R	2;½;½
Turn single L: Spez L; Cadenza	½;½
Face R in wheel: Seg Semidoppio R&L; Rip R&R; Trab R&L	2;½;½
Turn single R: Spez R; Cadenza	½;½
Repeat Chorus with original Leader (for rest of dance)	3
V6: Fioretti a pie pari L&R; Passi L&R (back)	½;½
Spez L&R (change places, leader pass between)	1
Fioretti a pie pari R&L; Passi R&L (back)	½;½
Spez R&L (change places, leader pass between)	1
Chain w/ 6 Seg Spez (leader between then L)	3
Passi L&R; Cadenza	½;½
Repeat Chorus	3
V7: 4 Trab LRLR; 4 Seg Batt del Canario LRLR	1;1
Rip L&L; Trab L&R; (turn L in) Spez L; Cadenza	½;½;½;½
4 Trab RLRL; 4 Seg Batt del Canario RLRL	1;1
Rip R&R; Trab R&L; (turn R in) Spez R; Cadenza	½;½;½;½
Repeat Chorus	3

Italian Balli (16th Century & later)

Bizzaria d'Amore		(Negri 1602)
(2 couples in a diamond)		= In 4 =
Verse 1	Lds: Reverance; Contenenza L&R; Lys same	2;2;4
Chorus	Hop; Hop; Rip Min L; Hop; Hop; Rip Min R	1/2;1/2;1(x2)
	Spez L&R backward at 45 deg to R; SegOrd to place	1/2;1/2;1
	Spez R&L backward at 45 deg to L; SegOrd to place	1/2;1/2;1
Verse 2	Lds: Exchange places (pass R shoulders) Spez L&R; SegOrd L	1;1
	Counter circle in Spez R&L; SegOrd R; Lys same, but pass L	1;1;4
Repeat Chorus		8
Verse 3	Circle w/ partner (R hands) in 2 SegOrd; counter circle in 2 SegOrd	2;2
	Circle w/ corner (L hands) in 2 SegOrd; counter circle in 2 SegOrd	2;2
Repeat Chorus		8
Verse 4	Lds: Exchange places (R hands) in SpezL&R; SegOrd L	1;1
	Counter circle in Spez R&L; SegOrd R; Lys same but L hands	1;1;4
Repeat Chorus		8
Verse 5	R hands w/ partner, SegOrd L to switch; L hands, SegOrd R to place	1;1
	Counter circle in SegOrd L&R	2
	L hands w/ corner, SegOrd L to switch; R hands, SegOrd R to place	1;1
	Counter circle in 2 SegOrd	2
Repeat Chorus		8
Verse 6	R hands w/ partner, circle in 2 SegOrd	2
	Grand R&L (L to corner 1 st) in 4 SegOrd; L hands w/ corner, 2 SegOrd	4;2
Repeat Chorus		8
Brando di Cales		(Negri 1602)
(3 couples in a circle)		= In 4 =
P1:	C1 Reverance (grave); Rip L&R;	1;1
	Passi L&R, Seguito grave L turning L; Passi R&L, Seguito grave R turning R	1;1
	C2 do the same; C3 do the same	4;4
P2:	Saltini a pie pari L&R	1
	Take R hands w/partner & circle in 5 Battute (stamps); Galliard turning L	1 1/4; 3/4
	Take L hands w/partner & circle in 5 Battute (stamps); Galliard turning R	1 1/4; 3/4
P3:	Lds: Passi L&R, SegGrave L (fwd); Circle to place Passi R&L, SegGrave R	1;1
	Lys: do the same	2
P4:	C1: Spez L&R, SegOrd L fwd; Spez R&L, SegOrd R back	1;1
	C1: Rev breve to corner, then partner; 2 Saltini a pie pari	1;1
	C1: SegOrd L&R fwd; drop hands, turn L to place in SegOrd R&L	1;1
	C2 do the same; C3 do the same	6;6
P5:	Hands in circle – 4 Rip L; Saltino; 4 Rip R; Saltino	2;1/2; 2;1/2
P6:	Lds: SegOrd to pass partner inside to face on other side, take hands; saltino	1;1/2
	Lds SegOrd inside CCW to face next Ly on other side; saltino; repeat	1;1/2; 1;1/2
P7:	Hands in circle; 4 Rip L; Saltino; 4 Rip R; Saltino	2;1/2; 2;1/2
	Lys: SegOrd to pass partner inside to face on other side, take hands; saltino	1;1/2
	Lys SegOrd inside CW to face next Ld on other side; saltino; repeat	1;1/2; 1;1/2
	Reverance	

Catena d'Amore

(Negri 1602)

(4 couples in a line)

= In 4 =

- V1: Opening Honours "in prospettiva" Rev; Rip L&R; Continenza L&R 2;2;2
V2: Lead up & down the set. 2 Seg Ord up the hall; 2 Seg Ord down the hall 2;2
Rip L&R; 2 Seg Ord down the hall, 2 Seg Ord up the hall, Rip L&R 2;2;2;2
V3: Haye all the way through the set. Pattern of steps: 2 Seg Ord forwards; 2 Seg Ord backwards; Ripresa L&R. First time through, C1, instead of going backwards, converts to face the other couple. The next time, C1 ducks between C2 (who form an arch) as both go forward toward ea. other. Take smaller steps going backwards, to end up back to back. From then on, if approaching another couple, make the arch (duck if going down the hall, go over if going up the hall). If at the end of the set (top or bottom), convert as at the head of the set. Continue until all back in original position. C4 will be last to finish, converting after all others are back to place - other couples simply continue pattern of steps (up & down the hall) once back in position. 2;2;2(11x)
V4: Chicken in the Middle. Pattern of Steps: 2 Seg Ord L; 2 Seg Ord R; Ripresa L&R. C1 take hands with Ld2 in the middle. C1 does pattern of steps. During Ripresa L, Release Ld2 into Ld1's position. During Ripresa R, Capture Ly2. C1 do pattern of steps, releasing Ly2 on Ripresa L, & capturing Ld3 on Ripresa R. C1 continues until reaches bottom of set. After C1 releases Ly3, C2 capture Ld3 (at same time C1 captures Ld4); same pattern of steps with Ld3, Ly3, Ld4, & Ly4. After C2 releases Ly4, C3 capture Ld4; same pattern of steps with Ld4 & Ly4. 2;2;2(10x)

At the end of this verse, the set should be inverted.

- V5: Three person circle. Pattern of Steps: 2 Seg Ord L; 2 Seg Ord R; Ripresa L&R. C1 & Ld2 take hands around L2, doing pattern of steps. On the Ripresa L, release Ly2, on the Ripresa R, C1 & L2 capture Ld2. Repeat pattern of steps. Then C2 & Ld3 capture Ly3 & do pattern of steps, C2 & Ly3 capture Ld3, etc. until pattern has moved up the entire set. 2;2;2(6x)

Change of Music

- V6: Lead off to circle. Pattern of Steps: 11 Seg Ord. Ld1 takes Ly1's hand & leads set off into a line behind them, which comes close to closing a circle. 11
V7: Snail Shell. In 11 Seg Ord, Ld1 leads line to a snail shell spiral & back out. 11
V8: Chain of love. Ld1 takes 11 Seg Ord to weave the chain of love, which then unweaves itself & forms back into a set again in 11 Seg Ord. 11
V9: Lds & Lys to Offsides. Reverance. Then in 9 Seg Ord, Ld1 leads other Lds around the Lys so that they are offside & in the mirror image of their beginning positions. Reverance again, then in 9 Seg Ord, Ly1 leads the other Lys around Lds, to correct side in mirror image of beginning positions. 11
V10: Couples circle & lead through. C1 Reverance & Ripresa L&R, facing each other. Take R hands & pass into each other's place in 2 Seg Ord. Do a counter circle over the L shoulder in 2 Seg Ord. Pass through the set to the opposite end in 3 Seg Ord. C2 same, followed by C3, followed by C4. 11

Italian Balli (16th Century & later)

Contentezza d'Amore		(Caroso 1581)
(Couples)		= in 4 =
V1: Rev; Con L&R; take hands, 4 Rip in circle L, then R		1;1;1;1
drop hands, con L&R; Reverance		1;1
V2: Ly away from ptrnr:Puntate L&R; Single L&R; Double L; Puntate R&L		1;1;1;1
Single R&L; Double R; Ly turn to face, both Puntata L fwd, & R back; Rev		1;1;1;1
V3: Ld join ptrnr: Puntate L&R; Single L&R; Double L;Puntate R&L		1;1;1;1
Single R&L; Double R; Both facing head:Puntata L fwd & R back; Rev		1;1;1;1
V4: Ly pass front of Ld in half circle:Single L&R; Double L; Single R&L; Double R	4	
Ld pass in front of Ly in half circle with same steps		4
Both face head of hall & Puntata L fwd, Puntata R backwards; Reverance		1;1
V5: Take hands & switch: Puntate L&R; 6 Doubles to back of the hall, & face		1;6
Together: Puntata L forward, Puntata R backward; Reverance		1;1
V6: 8 Spezzati in a figure 8; take hands & 8 Riprese in a circle L; then R		4;2;2
Drop hands; 4 Trabuchetti (LRLR); Reverance		1;1

Il Conto Dell'Orco		(Caroso 1581)
(1 couple, facing)		= in 4 =
V1: Rev; 3 SegOrd LRL		2;3
Ch: Trab RLR; Tranghi L&R; Spez L, Cad (turning L)		1;1;1
V2: 5 Seg Ord around in a wheel; repeat Ch		5;3
V3: Ld: Doppio L fwd Passi R&L back; Trab R&L; Rip R&R		2;1;1;1
Ld only repeat Ch		3
V4 Lys do as Lds did in V3		8
V5 Passi L&R, SegOrd L in wheel; Same R to R		2;2
Doppio L twd partner; Passi R&L back; Trab R&L; Rip R&R		2;1;1;1
Repeat Ch		3

Contrapasso in Due		(Caroso 1581)
(Couples)		= in 4 =
V1: Rev; Con L&R; Single L&R, Double L; Single R&L back, Rip R&R		2;2;2;2
Single L&R, Double L; Single R&L back, Rip R&R		2;2
V2: Take R hands w/partner & switch in Single L&R, Double L		2
Take L hands w/partner & switch back in Single R&L, Double R		2
Indiv figure 8: Turn L in Double L&R; Turn R in Double L&R		2;2
V3: Repeat V2, taking R then L arms w/ partner instead of hands		8
V4: Repeat V2, taking 2 hands w/ partner. Lys only do figure 8 as		
Lds Double L&R flanking back, Double L&R flanking fwd		8
V5: Take hands w/ partner & 8 doubles (12 in some versions of the music)		8
V6: Face partner & Rev; Con L&R; All figure 8		8
V7: Lds back Lys up Singles L&R, Double L; Lys back Lds up; All figure 8		8
V8: Lds Rev; Lys Rev; Lys figure 8 as Lds flank back & fwd		8

Italian Balli (16th Century & later)

Dolce Amoroza Fiamma		(Caroso 1581)
(3 couples in a line) (Based on <i>Dolce Amoroza Fuoco</i>)		= In 4 =
V1:	(Face head of hall) Rev; Con L&R; 2 SegOrd; 2 Scorsi - pass R & curl L 2 SegOrd fwd; 2 Scorsi - pass L & curl R; (face prtner); Con L&R; Rev	2;2;2 2;2;2
V2:	Lds: Spez L&R to partner, Trab LRL; Spez R&L to place, Trab RLR All: Con L&R, Rev Lys: same as Lds above; All: Con L&R, Rev	2;2;2 2;2 8;2;2
V3:	C1 begin grand R&L by giving R hands, pass to bottom of set, then back to top of set (1 SegOrd per person), R&L continues until all in original place Lds Rev Lys; Lys Rev Lds; All slow turn to face the Presence & Rev	8 2;2;2

Dolchezza d'Amore		(SCA Choreography)
(couples in a line)		= In 4 =
V1:	Reverance; Continenza L&R; Slow singles L&R; 2 doubles Con L&R; Double L (turning CCW); Con R&L; Double R (turning CW)	2;2;2 1;1;1;1
Ch:	Singles L&R, in chevron pattern, switching places with partner Turn CCW in 1 Double Rip L (L shoulder out); Rip R (R shoulder out) Lds stamp L foot (brush forward, back, stamp); Lys stamp R foot 2 Spez fwd; Lys stamp R foot (as above); Lds stamp R foot Repeat entire chorus	1 1;1;1 1;1 2;1;1 10
V2:	Lds' Solo - 4 Spezati around Ly; Corinto L&R Repeat Chorus	4;4 20
V3:	Lys' Solo - Same as Ld's Solo Repeat Chorus	8 20
V4:	(take R hands) 4 Spezati CW; (take L hands) 4 Spezati CCW (both hands) Corinto L CW; Corinto R CCW (drop hands) Corinto L&R Repeat Chorus, but with the final foot stamp replaced with a reverance	4;4 2;2;4 20

Donna Leggiadra		(Caroso 1600)
(1 couple)		= In 4 =
P1:	Reverance; (circling L) Spez LRLR; Saffice L&R Puntato L fwd & R back Rip L&L, Trab L&R; Double L, Singles R&L	1;2;1 1 1;1
P2:	(circling R) Spez RLRLRL; Saffice R&L Puntato R fwd & R back Rip R&R, Trab R&L; Double R, Singles L&R	3;1 1 1;1
P3:	Lds: Fioretti L&R, Trab L&R; Spez Puntato L (to L), Mezza Rev Fioretti R&L, Trab R&L; Spez Puntato R (to R), Mezza Rev Puntato L fwd & R back; Seg Semidoppio L&R (to L then R)	1;1 1;1 1;2
P4:	Lys: same steps as Lds did in P3	7
P5:	Take R hands & Passi L&R; Seg Semidoppio L (circling CW) Take L hands & Passi R&L; Seg Semidoppio R (circling CCW) Puntato L fwd & R back; Rev grave	1;1 1;1 1;2

Italian Balli (16th Century & later)

Fedelta	(Caroso 1581)
(couples in a circle)	= In 4 =
V1: Rev min; Spez LRLR (CW wheel); Passi presti L&R; Cadenza L	2,4;1;1
V2: Spez LRLRLR (CCW wheel); Passi presti L&R; Cadenza L	6;1;1
Ch: Lds: Ordinario L, turning L & Cadenza R; Lys same	2,2
V3: R hands w/ partner & Seg Semidoppii L&R (circling to place)	4
Face partner & Rip L&L; Trab L&R; Spez L (turning L) & Cadenza	1;1;2
V4: L hands w/ contrary & Seg Semindoppii R&L (circling to place)	4
Face contrary & Rip R&R; Trab R&L; Spez R (turning R) & Cadenza	1;1;2
Repeat Chorus	
V5: Seg Semidoppio L, circling L; Seg Semidoppio R, circling R	2,2
2 Passi Presti, Cad (into circle); 2 Passi Prest, Cad back to place	2,2
V6: Scambiate L&R; Rip L&L; Trab L&R; Spez L (turning L) & Cadenza	4;1;1;2
Repeat Chorus or Alt: Lds Rev; Lys Rev	2,2

Fedelta d'Amore	(Negri 1602)
(Ly between 2 Lds)	= In 4 =
P1: Rev; Rip L&R; Seg L&R turning L; Seg L&R turning R	2,2;2,2
Twd foot of hall: Take hands & Spez L&R; Seg L	1;1
Spez R&L; Seg R & turn to face head of hall	;1;1
8 Spez grave (haye, Ly passes Ld on L until Ld on R in middle)	8
Mid Ld take R hands w/ Ly & circle in 2 galliards; L hands, 2 galliards	2,2
Mid Ld does same w/ Ld on L	4
P2: 4 Seg to head of hall & turn to face foot	4
Sottopiede L&L; Trab L&R; Seguito, turning L	½;½;1
Sottopiede R&R; Trab R&L; Seguito, turning R	½;½;1
8 Spez grave (haye, as before); 8 galliards, as before	8;8
P3: Twd foot of hall: 2 Spez; Seg; 2 Spez; Seg (& face head)	1;1;1;1
Rip L&R; Seg L&R, turning L	2,2
8 Spez grave (haye, as before); 8 galliards, as before (to orig place)	8;8
P4: Seg L&R, Ly fwd, Lds turning L, end facing in triangle; Rip L&R	2,2
Seg L&R circling L; Seg L&R fwd, turn L& to place; same, but turn R	2,2;2
Trab presti L&R; Rip L; Trab presti R&L; Rip R; Seg L&R, circling L	1;1;1;1;2
(in 6) Ly: Passi fwd & back flat, fwd high, Cad; Rip R&L; Galliard turning R	1;1;1
Lds: Saltino onto R, passi grave back, Cad; Zopetti Fwd & back, Cad	1;1
Lds: 3 Passi L, rising on R; Fioretto R & Battute Fwd & back	½;2/3
Lds: Sottopiede L, Battuta R, Passo fwd, Cad L	5/6
P5: Spez L&R, Seg Ly circling L, Lds coming fwd to meet Ly	2
Spez R&L, Seg, to head of hall, all turning L	2
Rip L&R; Seg L&R, turning L; 4 scorsi in haye (Ly to orig place); Rev	2,2;4;2

Italian Balli (16th Century & later)

Furioso		(Caroso 1581)
(three couples)		
P1:	Rev; Con L&R;	2,2
P2:	Mid C. meet SegOrd L&R, MezzaRev; switch w/ 2 Scorsi End C.'s same; Mirror haye (Lds R, Lys L) w/ 1 extra pass in 4 Scorsi	2,2 4;4
P3:	Repeat P2 w/ new Mid C.; Repeat P2 w/ new Mid C.	12;12
P4:	Rev; Con L&R; Lds haye in 8 Spez; Lys haye in 8 Spez	2,2;8
P5:	Rev; 2 Scorsi to form circle; 8 Rip L; Indiv Fig 8's in 4 Spez 8 Rip R; Indiv Fig 8's (as in Contrapasso)	2,2;4;4 4;4
P6:	Lds Rev; Lys Rev; Spez L&R (turning L) 4 Spez to resume start position; Rev	2,2;2 4;2

Gracca Amorosa		(Caroso 1581)
(one couple)		
V1:	Rev; Spez L&R to switch; curl CCW in Spez L&R to face; Trab LRLR Spez sideways L & honor; Spez R; & honor	2,2;2,2 2,2
Ch:	Spez L away from partner; Spez R away; 3 Rip & Trab all to L Spez R away from partner; Spez L away; 3 Rip & Trab all to R	1;1,2 1;1,2
V2:	circle CW with Spez LRLR to place; Trab LRLR curl CCW with Spez L&R to facel Scam L&R; Repeat ch	4;2 2,4;8
V3:	Ld approaches with Spez L&R diagonally fwd; Ld Trab LRLR Ld curl to in Spez L&R; Ld Trab LRLR facing partner Ld Spez L & honor; Ld Spez R & honor; All repeat ch	2,2 2,2 2,2;8
V4:	as v3, with genders reversed; All repeat ch	12;8
V5:	Spez L & honor; Rip R&R, Trab R&L Spez R & honor; Rip L&L, Trab L&R Step fwd & touch R hands; Step R & touch L hands; Repeat ch	2,2 2,2 2,2;8

Griffoné d'Oro (A Lieta Vita)		(SCA Choreography)
(one couple)		
P1:	Rev; Seg Semidoppio L, turn L; Con R&L; Seg Semidoppio R, turn R Ld: Spez L&R (flanking back); Ly: Spez L&R (flanking back) Seg Semidoppio L, turning L; Seg Semidoppio R to place	2,2;2,2 2,2 2,2
P2:	Ld: Spez L&R to partner; Seg Semidoppio L turning to place Spez R&L to partner; Seg Semidoppio R turning to place Spez LRLR back& fwd in diamond; Seg Semidoppio L, turn L; All Rev	2,2 2,2 2,2;2,2
P3:	Ly: Spez L&R to partner; Seg Semidoppio L turning to place Spez R&L to partner; Seg Semidoppio R turning to place Spez L&R flanking back; Spez L&R flank fwd; Seg Semidoppio L, turn L	2,2 2,2 2,2,2
P4:	Ld Spez L&R flanking back; Ly same; Both Seg Semidoppio L, turning L Seg Semidoppio R to place	2,2,2 2
P5:	Take R hands & Spez L&R to switch; Seg Semidoppio L, turning L Take L hands & Spez R&L to switch; Seg Semidoppio R, turning R Spez L&R flanking back; Spez L&R flanking fwd (end w/ L shoulders) Seg Semidoppio L, turning L; Rev	2,2 2,2 2,2 2,2

Italian Balli (16th Century & later)

Spagnoletta Regolata		(Caroso 1600)
(Couples)		= In 4 =
V1:	(face forward) Reverance; 4 Spezzati LRLR; 4 Passi LRLR	2;4;2
	(face partner) 2 Reprise L, Treb L&R; Seg Semidoppio L (CCW circle)	2;2
	2 Reprise R, Treb R&L; Seg Semidoppio R (in CW circle)	2;2
Chorus	Spez L (flank back L), Spez R (flank back R); Seg Semidoppio L to ptrnr	2;2
	Spez R (flankback R), Spez L (flank back L); Seg Semidoppio R to ptrnr	2;2
V2	Repeat Verse 1, replacing Rev w/ 2 Spezzati (6 Spez total)	16
Repeat Chorus		8
V3	(Ld's Solo) (face ptrnr) Spez L&R, Passi L&R (in CCW circle); Saffice L	2;1;1
	Spez R&L, Passi R&L (turning in CW circle); Saffice R	2;1;1
	2 Sotto L, Treb L&R, Corinto L; 2 Sotto R, Treb R&L, Corinto R	2;2;2;2
Repeat Chorus		12
V4	Repeat Verse 3, but as Ly's solo	16
Repeat Chorus		12
V5	(face fwd) Passi L&R; Treb LR Saffice L; Passi RL; Treb RL Saffice R	2;2;2;2
	(face partner) 2 Sottopiede L, Treb L&R; Seg Semidoppio L (CCW circle)	2;2
	2 Sottopiede R, Treb R&L; Seg Semidoppio R (CW circle)	2;2
Final Ch	Saffice L (flank back L); Saffice R (flank back R); Spezi L&R (to ptrnr)	1;1;2
	Saffice R (flank back R); Saffice L (flank back L); Puntati R&L (to ptrnr)	1;1;2
	Reverance	2

Spagnoletto		(Negri 1602)
(2 Couples)		= In 4 =
V1:	Rev w/ jump; Sequito L around circle, Fioretti L& R, Sequito L	2;2;2;2
Cha:	3 Sottopiede L, Cadenza L, Trab R; Sequito L turning L	2;2
	3 Sottopiede R, Cadenza R, Trab L; Sequito R turning R	2;2
Chb:	Passi L&R backward; Sequito L forward to place	2;2
	Passi R&L backward; Sequito R to place	2;2
V2:	Lys: 2 Passi (grave) L&R; Sequito L to other's place (turn to face)	2;2
	Spez R&L; Sequito R back to place	2;2
Cha:	Lys only; Chb: everone	8;8
V3:	Lds: same solo as Lys in V2	8
Cha:	Lds only; Chb: everyone	8;8
V4:	(In wheel L) Spez L&R; Sequito L; Spez R&L; Sequito R	2;2;2;2
Ch:	Everyone does both parts	16
V5:	Lys: Passi L&R; Trab L&R; Sequito L in tight circle	1;1;2
	Passi R&L passing; Trab R&L; Sequito R back to place	1;1;2
Cha:	Lys only; Chb: everone	8;8
V6:	Lds: same solo as Lys in V5	8
Cha:	Lds only; Chb: everyone	8;8
V7:	(R hands w/partner) Spez L&R; Sequito L turning L	2;2
	(L hands w/contrary) Spez R&L; Sequito R turning R	2;2
Ch:	Everyone does both parts	16

Italian Balli (16th Century & later)

Villanella		(Caroso 1581)
(one or more couples)		= In 4 =
P1:	(Facing head of hall, holding usual hands) Rx; Con L&R; 2 Seg forward (L&R); Con L, 2 Rip R 2 Passi (L&R), Seg L; 2 Pas (R&L); Seg R; Con L, 2 Rip R; Rx	2;2;2;2 1;1;1;1;2;2
P2:	Ld trace semi-circle around Ly; Passi L&R; Seg L; Passi R&L; Seg R (Facing partner, taking R hands) Both: Con L, 2 Rip R; Rx Repeat, beginning with Ly trace semi-circle around Ld	1;1;1;1 2;2 8
P3:	Spez L&R to switch w/ R hands; Spez L&R to curl L; Con L, 2 Rip R; Rx Spez L&R to switch w/ L hands; Spez L&R to curl R; Con L, 2 Rip R; Rx	2;2;2;2 2;2;2;2
P3: (alt)	Cast to face foot: Passi L&R; Seg L; Cast to front: Passi R&L Seg R Con L, 2 Rip R; Rx Spez L&R to switch holding R hands; Spez L&R to curl Spez L&R to switch holding L hands; Spez L&R to curl R Con L, 2 Rip R; Rx	1;1;1;1 2;2 1;1 1;1 2;2

Villanico		(Negri 1602)
(2 Lds & 2 Lys in a square)		= In 4 =
V1:	Riverenza; 2 Seguiti Ordinari (L&R) circling in place CCW	4;4
Ch:	kickhop" (L,L,R,R in air) in place (2x) 2 Spezzati (R&L) circling in place CW; Seguito Ordinario R/Cad (same)	2 (2x) 2;2
V2:	4 Seguiti Ordinari L,R,L,R holding hands in wheel CW Repeat chorus	8 8
V3:	(Ld only) 2 Passi (grave) L&R to center; Seguito Ordinario L Puntato R backward turn L hip to center; 2 Continenza (breve) L&R Ripresa R & Cadenza R back to place Repeat chorus	2;2 1;1 2 8
V4:	(Ly only) 2 Passi (grave) L&R to center; Seguito Ordinario L Puntato R backward turn L hip to center; 2 Continenza (breve) L&R Ripresa R & Cadenza R back to place Repeat chorus	2;2 1;1 2 8
V5:	2 Seguiti Ordinari (L&R) taking R hands w/partner, full circle 2 Seguiti Ordinari (L&R) circling in place CCW 2 Riprese (L&R) facing partner; 2 Seg Ord (L&R) circle in place CCW	4 4 4;4
V6:	2 Seg Ord L&R (R hands w/corner, circle); 2 Seg Ord L&R in place CCW Seg Ord (L&R) to corner & back; 2 Seg Ord (L&R) circle in place CCW	4;4 4;4
V7:	2 Passi (grave) L&R; Seguito Ordinario L (traveling in a wheel CW) 2 Passi (grave) R&L; Seguito Ordinario R (traveling in a wheel CCW) 2 Passi (grave) L&R; Seguito Ordinario L (all into center) Puntato R back; 2 Continenza (breve) L&R (L hip to center) Ripresa R & Cadenza R back to place	2;2 2;2 2;2 2 2

English Country

Adson's Saraband

(Playford 1651)

(3 couples in a line)

= In 4 =

- P1: Forward & back a double; Set & turn single; that again 2;2,4
Lds: double away from Lys & back; set & turn; Lys same 2;2,4
- P2: Lds double down set as Lys up; pass & fall into ptrn's place; set & turn 1;1,2
Lds double up set as Lys down; pass & fall into ptrn's place; set & turn 1;1,2
- P3: Half a hey for couples; set & turn; complete Hey; set & turn 2;2,2
- P4: Double L; set & turn; Lds 1&3 meet as Lys 1&3 meet & C2 meet; 1;2,1
C2 turn as Ld1&Ld3 turn & Ly1&Ly3 turn; double to place; turn partner 2;1,2
Switch w/ ptrn; set & turn; C1 lead down through middle & cast to place 1;2,4

All in a Garden Green

(Playford 1651)

(3 couples in a line)

= In 4 =

- V1: Forward & back a double; Set & turn single (2x) 2;2 (2x)
- C1: Ld1 take R hands w/Ly1; L w/ Ly2; R then L w/Ly3; kiss 2x; turn 1;1,1;1;2
Ld1 take R hands w/ Ly3; L w/ Ly2; R then L w/ Ly 1; kiss 2x; turn 1;1,1;1;2
- V2: Partners Side R; Set & turn single; Side L; Set & turn single 2;2,2,2
- C2: The same as Chorus 1, except first Ly dances with the Lds 12
- V3: Partners Arm R; Set & turn single; Arm L; Set & turn single 2;2,2,2
- C3: The same as Chorus 1 12

Argeers

(Playford 1651)

(2 couples facing)

= In 4 =

- V1: Corners join hands, slip out & back; Turn corner 1/2; Turn partner 1 1/2 1;1,2
Forward a double; Turn corner 1/2; Turn partner 1 1/2 1;1,2
- C1: Lds switch; Lys switch; Set & turn; Lys switch; Lds switch; Set & turn 1;1,2;1,1,2
- V2: Double out & back w/corner; Turn ptrn; Double back & fwd; Set & turn 2;2,2,2
- C2: Lds slip R, Lys slip L (Lds inside); Slip back (Lys inside); Turn corner 1;1,2
Lys forward & back a double; Lds do 8 ct single hey 2,2
- V3: Lds push corner back; Slip to Ld's R; Fall back; Set & turn 1/2,1;1/2,2
Lds slip L, Lys R (Lds inside); Lds push Lys back & fall back; Set & turn 1;1,2
- C3: Ld1 & Ly2 cast off & lead into partner's place; Cast again back to place 2,2
Lds begin a single hey for 4, do half the hey; ladies join in 1;1
Turn your partner; Fall back into line of 4 & reverence to presence 2

Beggar Boy

(Playford)

(3 couples in a line)

= In 4 =

- V1: Forward a double; back a double (2x) 1;1 (2x)
- C1: C1 & C3 double away from ptrn & to place, as C2 double to meet ptrn & back 2
Lds take hands in a circle, Lys same & turn 1/2 to reverse order of line; repeat 2,4
- V2: Partners side R; side L 2,2
- C2: Lds 1&3 switch as Lys 1&3 switch as C2 double back from ptrn & to place 2
The first 4 full circle around while C in last place set & turn; repeat 2,4
- V3: Partners arm R; arm L 2,2
- C3: Double back from ptrn & to place; Lds half hey as Lys half hey; repeat 2;2,4

English Country

Black Nag

(Playford 1665)

(3 couples in a line)

= In 4 =

- V1: Forward & back a double (2x) 2(2x)
C1: Slip up the line (C1; C2; then C3); turn single; Slip down; turn single 1;1;1;1;3;1
V2: Side R with your partner; Side L with your partner 2;2
C2: Ld1 & Ly3 switch; then Ld3 & Ly1; then Ld2 & Ly2; All turn single 1;1;1;1
Ld1 & Ly3 return; then Ld3 & Ly1; then Ld2 & Ly2; All turn single 1;1;1;1
V3: Arm R with your partner; Arm L with your partner 2;2
C3: Lds' Hey; Lds turn single; Lys' Hey; Lys turn single 1;1;1;1

Boate man

(Playford 1651)

(3 couples in a line)

= In 4 =

- V1: Forward & back a double; set & turn; repeat 2;2;4
C1: Ld2 & C1 ½ triangle hey, while Ly2 & C3 the same; turn your partner 1;2
Ld2 & C3 ½ triangle hey while Ly2 & C1 the same; turn your partner 1;2
V2: Side R w/ partner; set & turn; side L w/ partner; set & turn 2;2;2;2
C2: Ld2 & C1 ½ circle, while Ly2 & C3 the same; (C2 meet &) turn partner 1;2
Ld2 & C3 ½ circle, while Ly2 & C1 the same; (C2 meet &) turn partner 1;2
V3: Arm R w/ partner; set & turn; Arm L w/ partner; set & turn 2;2;2;2
C3: Ld1, Ly2, & Ld3 hands around Ld2; turn your partner 1;2
Ly1, Ld2 & Ly3 hands around Ly2; turn your partner 1;2

Bonny Bonny Broom

(Playford 1651)

(4 couples in a line)

= In 4 =

- V1: Double fwd & back; C1&2 cast to place as C3&4 same; face down & repeat 2;2;4
C1: C1&3 meet & back; circle to place; C2&4 same 2;2;4
V2: Side R; Set & turn; Side L; Set & turn 2;2;2;2
C2: C1 & C2 switch(Ld w/Ld); C3&C4 switch; set & turn; repeat 1;1;2;4
V3: Arm R; Set & turn; Arm L; Set & turn 2;2;2;2
C3: C1 fwd & back as Lds2&3 & Lys 2&3 away & back as C4 down & back 2
Circle half around; repeat 2;4

Burley Mariners

(SCA choreography)

(3 couples in a line)

= In 4 =

- V1: Double fwd & back;; set & turn; repeat; Hey for couples; repeat 2;2;4;4;4
C1: Ld1 zig zag to bottom of set, as follows:
Switch by R hand w/Ly1; by L w/Ld 2; by R w/Ly2; by L w/Ld3 1;1;1;1
Ld1 honor Ly3; Ly3 honor Ld1; 2 hand switch; all back to back ½;½;1;2
Ly1 zig zag to bottom of set, as Ld1 did (incl honors, switch, & back to back) 8
V2: Side R with partner; set & turn L; Side L with partner; set & turn L 2;2;2;2
Hey for Couples (twice through) – as in V1b above 4(2x)
C2: Current Ld1 zig zags to bottom of set; current Ly1 same 8;8
V3: Arm R with partner; set & turn L; Arm L with partner; set & turn L 2;2;2;2
Hey for Couples (twice through) – as in V1b above 4(2x)
C3: Current Ld1 zig zags to bottom of set; current Ly1 same 8;8

English Country

Chestnut		(Playford 1651)
(3 couples in a line)		== In 4 ==
V1:	Forward a double; back a double (2x)	1;1 (2x)
C1:	Ld & Ly back away in a double; Switch places with your partner	1;1
	Ld join hands, Ly join hands & ea group full circle; repeat (to place)	2;4
V2:	Arm R with your partner; Arm L with your partner	2;2
C2:	Ld & Ly back away in a double; Switch places with your partner	1;1
	Ld do half a hey, reversing the order, as Ly do same; repeat (to place)	2;4
V3:	Side R with your partner; Side L with your partner	2;2
C3:	Ld & Ly back away in a double; Switch places with your partner	1;1
	C1 lead down betw other couples, who follow, reversing the line	2
	This back again, but C1 (in C3 place) cast off (not lead between)	4

Cuckolds All A Row		(Playford 1651)
(2 couples facing)		== In 4 ==
V1:	Forward & back a double (2x)	2 (2x)
C1:	Back-to-back corner; Gypsy corner; Backto-back partner; Gypsy partner	2;2;2;2
V2:	Side R with your partner; Side L with your corner	2;2
C2:	Lds switch places; Lys switch places; All join hands & circle L	1;1;2
	Lys switch places; Ldsswitch places; All join hands & circle R	1;1;2
V3:	Arm R with your partner; Arm L with your corner	2;2
C3:	Lds push corner back a double & back to opp place (Lys to own place)	2
	Lds cast R & back to opp. place, partners following	2
	Lds push corner back a double & back to own place (Lys to own place)	2
	Lds cast L & back to own place, partners following, all to orig place	2

Dargason		(Playford 1651)
(single line - Ldsfacing equal number of Lys)		== In 4 ==
C1	side R; set & tum moving into each others place	2;2
	Continue with new partners; progress until reach original place or other spot	2;2 (mult x)
C1	arm R; set & tum into each others place	2;2
	Continue with new partners, & progress as before	2;2 (mult x)
	Hey through entire set (grand R&L)	
	Variation: 2 equal lines in a cross formation. Remain in original line; curve L when sw itching places in the middle. On Hey, do half a star to switch sides in the middle.	

Dougal's Wheel		(SCA Choreography)
(couples in a circle)		== In 4 ==
V1	Double in & out (2x); set & tum (facing partner)	2(2x);2
Chorus	2 hand turn CW; 2 hand 1½ turn CCW to new partner	2;2
V2	Side R&L; set & tum; Repeat Chorus	2;2;2;4
V3	Arm R&L; set & tum; Repeat Chorus	2;2;2;4
V4	Ldsdouble in & out; Lys double in & out; set & tum; Repeat Chorus	2;2;2;4

English Country

Drive the Cold Winter Away	(Playford 1651)
(4-5 couples in a line)	= In 4 =
V1: Double fwd & back (2x)	2 (2x)
Ch: Face ptrnr: Ld1 double back & fwd to 2 nd to last Ly, turn her then last Ly as Ld2 leads other Lds betw Lys2&3, turn L & back down the set;	4
Same Ld 1 double back & fwd to Ly2, turn her then Ly1 as Ld2 leads other Lds betw last & 2 nd to last Ly, turn R & back up the set	4
V2: Side R&L w/ partner; Repeat Chorus switching Lds & Lys roles	4;8
V3: Arm R&L w/ partner; Repeat orig Chorus	4;8

Dull Sir John	(Playford 1651)
(4 couples in a square)	= In 4 =
P1: Heads Double in, cast off w/ opp & return to place; Sides same	2;2
P2: Head Lds switch; Head Lys switch; Circle to place; Sides same	1;1;2;4
P3: (Side Lds behind Lys) C1 split betw comers to C3 as C3 Double to C1's place Repeat w/ C3 going through comers; Head Lds fall behind Lys; Sides same	1;2
P4: Heads (Lds still behind Lys) hey to place, end side by side; Sides same	2;2
P5: Lds cast behind partnr & advance 1 place R; Lys same; Repeat	1;1;2
P6: Heads back to back; R hands to opp & switch: L to partner; Sides same	2;1;1;4

Epping Forest	(Playford 1651)
(3 couples in a circle)	= In 4 =
V1: 2 Doubles L; Set & turn single; 2 Doubles R; Set & turn single	2;2;2;2
Ch: Honor partnr & kiss or slow set L&R; Same to contrary	1;1
Turn contrary full circle; turn partnr full circle	2;2
V2: Side R; Set & turn single; Side L; Set & turn single; Repeat Ch	2;2;2;2;6
V3: Arm R; Set & turn single; Arm L; Set & turn single; Repeat Ch	2;2;2;2;6

Faine I would if I could	(Playford 1651)
(4 couples in a square)	= In 4 =
V1a: Double away from the set; turn & double back to place	1;1
V1b: 2 hand switch w/corner; 2 hand switch across set (heads w/ partner)	1;1
V1c: Repeat V1a w/ new partner; Repeat V1b, end in orig square	1;1;1;1
C1a: Heads double fwd, 'pick up' Sides & double back	2
C1b: Meet & take R hands with person facing, sides (go wide) & do a quick full turn & break - heads do a tight full turn in the middle; fall into corner's orig. position	2
C1c: C1a, with side couples leading; C1b, falling into original square	2;2
V2: Side R with partner; V1b above; Side L w/new partner; V1b above	2;2;2;2
C2a: 'Cloverleaf' - heads cast away from partner & walk small circle through nearest corner position & back to place, each corner following nearest leader	2
C2b: Each head couple & their comers take "4 hands round to your places"	2
C2c: C2a, but the sides lead; C2b, but w/ each side couple & their comers	2;2
V3: Arm R with partner; V1b above; Arm L w/new partner; V1b above	2;2;2;2
C3a: Heads double in & turn back-to-back; Sides hands & circle R	2;2
C3b: C3a, but sides back-to-back while heads circle R & fall back in original square	4

English Country

Fine Companion

(Playford 1651)

(4 couples in a circle)

= In 4 =

V1:	Forward & back a double; Set & turn single (2x)	2;2 (2x)
C1:	Ld double in & out; Ly in as Ld out; Ly double out as Ld in & circle	2;2
	Ly double in & out; Ld in as Ly out; Ld double out as Ly in & circle	2;2
V2:	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
C2:	Heads in & out; Sides in (as heads out) & out as Head in & circle	2;2
	Sides in & out; Heads in (as sides out) & out as Sides in & circle	2;2
V3:	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
C3:	Ld into center & face out; Ly circle M; Ld back to place	½;3;½
	Repeat putting Lys into center & Lds circling	4

Gathering Peascods

(Playford 1651)

(4 - 7 couples in a circle)

= In 4 =

V1:	Slide L; Turn single; Slide R; Turn single	2;1;2;1
C1:	Lds Double in & circle; Lys do same	3;3
	Lds in & clap; Lys in & clap (as Lds out);	1;1
	Lds in & don't clap (Lys out) & turn to place	2
	Lys in & clap; Lds in & clap (as Lys out);	1;1
	Lys in & don't clap (as Lds out) & turn to place	2
V2:	Side R with partner; Turn single; Side L with partner; Turn single	2;1;2;1
C2:	Same as chorus 1, except Lys do everything first	14
V3:	Arm R with partner; Turn single; Arm L with partner; Turn single	2;1;2;1
C3:	Same as chorus 1	14

Glory of the West

(Playford 1651)

(2 couples facing)

= In 4 =

V1	Forward & back a double ; back & forward a double	2;2
Ch1	Lds double back as Lys turn single; Lys double back as Lds turn	1;1
	Lds switch places; Lys switch places	1;1
	Join hands & circle halfway (back to original places); repeat entire chorus	1;5
V2	Side R with your corner; Side L with your partner	2;2
Ch2	Lds back-to-back with stationary Lys; then Lys w/ stationary Lds	2;2
	All turn single; Hey for 4; R hand star	1;2;2
V3	Arm R with your corner; Arm L with your partner	2;2
Ch3	Lds meet; Lys meet & make arch with R hands	1;1
	Lds go through arch back to place & make arch with R hands	2
	Lys go through arch back to place	2
	Take R hands with corner & switch places	2
	Take L hands with partner & switch places	2
	Join hands & circle halfway; Fall into line & reverence the presence	1;1

English Country

Goddesses

(Playford 1651)

(4 couples in a line)

= In 4 =

- V1 Forward & back a double (2x) 2 (2x)
Ch C1 cast to foot of set as others follow; Cast from foot of set to place 2,2
V2 Lds take hands & Lys same: Ld1 lead Lds around, end behind Ly3 position as
Ly 1 leads Lys around ending in front of Ld3 position (½ circle w/ Lys on inside);
Ld3 & Ly 3 lead lines back to original place; Repeat Chorus 2,2;4
V3: Lds hands, as Lys same & circle L; then R; Repeat Chorus 2,2;4
V4: Take hands in 1 circle of 8 & circle L; then circle R; Repeat Chorus 2,2;4
V5: Lds Hey for 4 as Lys same; Repeat Chorus 4;4
V6: Dble Hey (through set); Repeat Chorus 4;4

(Note: if your music has more verses, V1: same, V2: Ld going behind the Ly & back; V3:
Ly going behind the Ld & back; V4: Ld circling W; V5: Lly circling M; V 6: Ld circle; V 7:
Ly circle; V 8: all circle, V9: Ld hey; V 10: Ly hey; V11: hey for all)

Grimstock

(Playford 1651)

(3 couples in a line)

= In 4 =

- Verse 1 Forward & back a double; Set & turn single (2x) 2;2 (2x)
Chorus 1 Switching - 4
C1 goes in between C2 & outside of C3
C2 goes in & out; C3 goes in & out (back to place)
Verse 2 Side R; Set & turn single; Side L; Set & turn single 2,2;2;2
Chorus 2 Arches - 4
C1 goes under C2's arch & arches over C3
C2 goes under & over; C3 goes under & over (back to place)
Verse 3 Arm R w/ partner; Set & turn single; Arm L; Set & turn single 2,2;2;2
Chorus 3 Crossover Hey - 4
C1 cross over & Hey down the set (on partner's side)
C1 crosses back at bottom of set & Hey up the set (on own side)

Half Hannigan

(Playford 1651)

(Circle of couples)

= In 4 =

- Forward & back a double (2x); Partners side R & L 2 (2x); 4
Partners arm R once around; arm L 1 ½ times to pass on to new partner 2,2

Heart's Ease

(Playford 1651)

(2 couples facing)

= In 4 =

- Verse 1 Forward & back a double (2x) 2 (2x)
Chorus (facing partner) Double away from & toward partner; Turn corner 2,2
(facing corner) double away from & toward corner; Turn partner 2,2
Verse 2 Side R with your partner; Side L with your corner 2,2
Repeat Chorus 8
Verse 3 Arm R with your partner; Arm L with your corner 2,2
Repeat Chorus 8

English Country

Heralds in Love

(SCA Choreography)

(4 couples in a line)

= In 4 =

Verse 1	Forward & back a double; set & turn single (2x)	2;2(2x)
Chorus 1	Ld1 & Ly2 switch w/ R hands, as Ld3 & Ly4 do same (In improper sets, this chorus is all Lds); Ld1 & Ly4 switch w/ L hands; Ly2 & 4 switch w/ R hands as Ld1 & 3 do same; Continue until all are back in their original places	1;1;1;5 2;2;2;2
Verse 2	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
Chorus 2	(In improper sets, this chorus is all Lys) Ld2 & Ly3 switch w/ R hands; Ld2 & 4 switch w/ L hands as Ly3 & 1 do same; Ly1 & Ld4 switch w/ R hands; continue until all are back to place	1;1;1;5 2;2;2;2
Verse 3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
Chorus 3	Do chorus 1 & chorus 2 together; In improper sets, Lds will always Be exchanging places with Lds, & Lys with Lys	8

Hide Park

(Playford 1651)

(4 Couples in a square)

= In 4 =

Verse 1	Forward & back a double (2x)	2 (2x)
Chorus 1	C1 & C3 slip into center to meet other C; slip out w/ corner through Nearest Inactive C; cast to place C2 & C4 slip into center to meet other C; slip out w/ corner through nearest inactive C; cast to place	1;1;2 1;1;2
Verse 2	Forward & back a double (2x)	2 (2x)
Chorus 2	C2 & C4 change places w/ partner & make arch while C1 & C3 pass partner by R & continue around set to meet corner outside of arch; C1 & C3 go through arches to meet partner; fall back to place C1 & C3 change places with partner & make arch while C2 & C4 pass partner by R & continue around set to meet corner outside of arch; C2 & C4 go through arches to meet partner; fall back to place	2;1;1 2;1;1
Verse 3	Forward & back a double (2x)	2 (2x)
Chorus 3	All Ldspass partner by the inside shoulder & continue around set, Going around the Lys by alternating shoulders All Lys pass partner by the inside shoulder do same around Lds	4 4

If All the World were Paper

(Playford 1651)

(4 couples in a square)

= In 4 =

Double forward & back; Set & turn (2x)	2;2 (2x)
Heads: Ldsswitch places, then Lys; Rs & Ls to place (1 st w/ partner)	2;2
Sides do the same	2;2
Side L; Set & turn; Side R; Set & turn	1;1;1;1
Heads: double in; take corner between side C; cast to place; 2 hand turn	1;1;2
Sides do the same	1;1;2
Arm L; Set & turn; Arm R; Set & turn	1;1;1;1
Heads: Exten R hand to opposite & change places, continue L&R to place	4
Sides do the same	4

English Country

The Irish Gypsy (or Sionnain's Shamrock)		(SCA Choreography)
(4 couples in a square)		= In 4 =
V1:	Heads double fwd & back; Heads double fwd & cast to place; sides same	2;2;4
Ch1:	Heads slip in; set LR; Slip w/ opp betw sides & cast to place; sides same	1;1;2;4
	½ hey begin by passing partner by R; gypsy w/ partner; repeat	2;2;4
V2:	Side R w/partner; Set & turn (end facing corner);	2;2
	Side L w/corner; Set & turn (end facing center)	2;2
Ch2:	Pass & post; Heads walk through the set (Ldys pass on inside); give near arm to nearest inactive person & post to face into set; repeat 3x	1;1;6
	Sides pass & post as heads did	8
V3:	Arm R w/ partner; set & turn; Arm L w/ corner; set & turn	2;2;2;2
Ch3:	Lds form for L hand star & pass in front of partner to next Ldy;	1
	Take Ldy by R hand & circle 1x, ending back in the L hand star; repeat 3x	1;6
	Lys form for R hand star & do as Lds did	8

Jenny Pluck Pears		(Playford 1651)
(3 couples in a circle)		= In 4 =
Verse 1	Slide L; Set & turn single; Slide R; Set & turn single	2;2;2;2
Chorus 1	First Ld turns Ly into center; Second Ld does same	1;1
	Third Ld does same; All reverance	1;1
	Lds skip around L; then R	4;4
	First Ld turns Ly back to place; Second Ld does same	1;1
	Third Ld does same; All reverance	1;1
Verse 2	Side R; Set & turn turn single; Side L; Set & turn turn single	2;2;2;2
Chorus 2	Same as chorus 1, except Ly turn Ld in & skip around	16
Verse 3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
Chorus 3	Same as chorus 1	16

Kelsterne Gardens		(Playford 1726)
(3 couples in a line)		= In 4 =
	Hey for couples; C1 figure 8 crossing through C2, as C2 follows (start outside)	2;2
	C1 & C2 circle; C1 cast down 1 place; C1 & C3 circle; C1 cast to bottom of set	2;1;2;1

Lord of Carnavan's Jegg		(Playford 1651)
(4 couples in a line)		= In 4 =
Part 1	Forward & back a double (2x); Do-Si-Do with partner (2x)	2(2x);2(2x)
Part 2	C1 cross over & go behind C2 into their place (on partner's side)	1
	C1 cross over & go behind C3 into their place (on own side)	1
	C1 go between C 4, cast off & lead line around; Arm R	2;2
	(order from top to bottom is now C1, C4, C3, C2)	
	Repeat with C2 leading in other direction (order ends C3, C4, C1, C2)	14
	Repeat with C3 leading in first direction (order ends C3, C2, C1, C4)	14
	Repeat with C4 leading in other direction (order ends C1, C2, C3, C4)	14

English Country

Lord Sun & Lady Moon

(SCA Choreography)

(3 couples in a line, the middle couple improper)

= In 4 =

I:	C1 & C2 take R hands across; Rotate CW halfway around	1
	C1 & C3 take L hands across; Rotate CCW halfway around	1
	C2 & C3 take R hands across; Rotate CW halfway around; all honor ptrnr	1;1
II:	C1 & C2 take L hands across; Rotate CCW halfway around	1
	C1 & C3 take R hands across; Rotate CW halfway around	1
	C2 & C3 take L hands across; Rotate CCW halfway around; all honor ptrnr	1;1
III:	Lys walk in a CW circle (no hands) around Ld2 & back to place	2
IV:	Lds walk in a CW circle (no hands) around Ly2 & back to place	2
V:	C1 & C2 take hands in a circle of four & circle CW halfway around;	1
	C2 drops hands while Ld1 turns Ly1	1
VI:	C1 & C3 take hands in a circle of four & circle CW halfway; All honor ptrnr	1;1

(Order of couples is C2 , C3 (improper) C1, becoming C1, C2 & C3 for next repeat)

Maid Peeped Out the Window

(Playford 1651)

(4 couples in a line)

= In 4 =

V1:	Forward & back a double (2x)	2(2x)
C1:	C1 cast & lead to bottom; Set & turn; C1 cast & lead to top; Set & turn	2;2;2;2
V2:	Side R with your partner; Side L with your partner	2;2
C2:	All slide across at L diagonal; Double into partners place; Set & turn	1;1;2
	All slide back at L diagonal; Double into own place; Set & turn single	1;1;2
V3:	Arm R with your partner; Arm L with your partner	2;2
C3:	Lds 1 & 3 push Lys 2 & 4 out, around, & across into Lds' place	1
	Lds 2 & 4 push Lys 1 & 3 into men's place; Set & turn single	1;2
	Repeat above, pushing Lys back into own place; Set & turn single	2;2

Mirror Hall

(SCA Choreography)

(2 couples facing)

= In 4 =

Ch:	Double fwdw/ ptrnr; Double back w/ corner; Double fwd w/ corner	1;1;1
	Back into circle; grapevine L & R; double in & back w/ ptrnr to place	1;4;2
	Rev to ptrnr; Rev to corner	1;1
V1:	Double to ptrnrR shoulder; turn; double back to ptrnr's place	1;1;1
	Double to ptrnr L shoulder; turn; double back to orig place	1;1;1
	Ptnrs R hands & switch; Set L&R (holding hands); turn single	1;1;1
	Ptnrs L hands & switch; Set L&R (holding hands); turn single	1;1;1
Repeat Chorus		12
V2:	Arm R (hands down) halfway; take L hands & turn CW ; back to place	1;1;1
	Arm L (hands down) halfway; take R hands & turn CCW; back to place	1;1;1
	Ptnrs switch w/ R hands; Set L&R (w/ hands) & turn; repeat w/L hands	1;1;1;3
Repeat Chorus		12
V3:	Lys R hands & switch; All switch w/ corner; all switch w/ptrnr	1;1;1
	Lds L hands & switch; Corners R hands & full turn	1;2
	Lds R hands & switch; All switch w/ corner; All switch w/ ptrnr	1;1;1
	Lys L hands & switch; Ptrnr R hands & full turn	1;2

English Country

Newcastle

(Playford 1651)

(4 couples in a square)

= In 4 =

- V1: Double in & out; Set to partner, beyond, & to place (2x) 2;2 (2x)
C1: Arm R with partner; Lds into center star as Lys circle 1;3
Arm R with partner; Lys into center star as Lds circle 1;3
V2: Side R & L; Pass by instead of return to place; repeat w/ next 3;1;4
C2: Heads double fwd & back, make arch 2
Sides cast behind, through arch & to place 2
Sides double fwd & back, make arch 2
Heads cast behind, through arch, & to place 2
V3: Arm R & L; Pass by in extra ½ turn; repeat w/ next 3;1;4
C3: Double back in line (heads split to join sides); double fwd; turn 1½ w/ opp 1;1;2
Double back in line (sides split to join heads); double fwd; turn 1½ w/ opp 1;1;2

The Night Peece

(Playford 1651)

(3 couples in a line)

= In 4 =

- V1: Forward & Back a double (2x) 2 (2x)
C1: C2 fall back & slip up while C1&3 switch(3X) 2 (3x)
V2: Side R&L with your partner 4
C2: C1 cross & cast to C2 place as C2 slides up; Same w/C3; Repeat 2x 1;1;2;2
V3: Arm R&L with your partner 4
C3: Ld 1 & Ly 2 switch; Ly 1 & Ld 2 switch as C3 switches 1;1
Ld 1 & Ly 3 switch; Ly 1 & Ld 3 switch as C2 switches; Set & turn 1;1;2

Nonesuch

(Playford 1651)

(4 couples in a line)

= In 4 =

- V1 Forward & back a double (2x); Set & turn single (2x) 4;4
C1 C1 through and below couple 2 using 4 sideways steps; C1 push C2 out 2;1
Turn C2 in & push in; Turn C2 out to C1 place; C1 repeat w/ C3 and C4 2;1;12
V2 Side R; Side L; Set & turn single (2x) 2;2;4
C2 Form a line (1 at a time) w/ double to center - Ld1 1st face up, Ly1 next, etc. 8
V3 Arm R & L; 3 slips L, clap & back, clap; 3 slips R, clap & back, clap 4;2;2
C3 Break the line with a double back to own side (one at a time as before) 8
Gr& R&L, starting with top C 8

The Old Mole

(Playford 1651)

(3 couples in a line)

= In 4 =

- V1 Double forward & back; set & turn; repeat 2;2;4
Double L & back; set & turn; R & back; set & turn 2;2;2;2
V2 Ld1 & Ly3 switch (Dble fwd & back, then past); Ly1 & Ld 2 same; C2 same 2;2;2
Lys1& 2 & Lds2&3 arches: (Dble fwd&back then through) 4x to place 2;2;2;2
Ld1 & Ly3 switch as before; Ly1 & Ld 3 switch; Ld2 & Ly2 switch 2;2;2
V3 Lds hands, & Lys hands - double forward ; C1&C3 Double back 1;1
C2 turn as Lys1&3 & Lds1&3 turn, then Side R; turn your own 1;2;1
V4: Lds single hey; Lys single hey; Double hey 2x; Cast from front & back 2;2;4;4

English Country

On the Banks of the Helicon

(SCA Choreography)

(3 couples in a line)

= In 4 =

Verse 1	Double forward; Turn simple (away from ptrnr); Double back (2x)	1;1;1(2x)
Chrous	Half-s-hey: Ld2 w/ C1, Ly2 w/ C3 (C2 ends in ptrnr's place)	2
	Half-s-hey: Ld2 w/C3, Ly2 w/C1 (C2 ens in own place)	2
	C1 progress to bottom of set by C1 R hands & switch; L hands to next & switch; R hands to next & switch; C1 L hands & switch	1;1;1;1
Verse 2	Double forward (toward partner) to meet R shoulders,	1
	Turn simple (away from partner); then fall back a double to place	1;1
	Do all that again, this time meeting L shoulders instead of R	3
Repeat Chorus		8
Verse 3	Give R arm to partner & turn half-way; turn simple L	1;1
	Take R arms w/partner again & turn half-way to place	1
	Do same w/ L arm (w/ simple turn R)	3
Repeat Chorus		8

Oranges & Lemons

(Playford 1665)

(4 couples in a square)

= In 4 =

V1:	Forward & Back a double (2x)	2(2x)
C1:	Lds rev to ptrnr; rev to corner; Join hands & circle half around	½;½;2
	Lys:rev to ptrnr; rev to corner; Join hands & circle half around; repeat	½;½;2;6
V2:	Partners side R & L	4
C2:	Partners R hands & step R; L hands & step L	½;½
	Gr& R & L, starting with R to partner; repeat until back to place	2;3(3x)
V3:	Partners arm R & L (C1 moves to face C2; C3 moves to face C4)	4
C3:	Rev to other C; rev to ptrnr; Each pair of Cs circle halfway to the L	½;½;1
	C2 back into 3rd place, C1 following as C4 backs into 1 st place, C3 following	1
	Repeat this pattern until everyone returns to their places	3(3x)

Parson's Farewell

(Playford 1651)

(2 couples facing)

= In 4 =

V1	Forward a double; 4 slips L; back a double; 4 slips R	1;1;1;1
C1	Lds rise; Lys rise; all rise 4x; 2 hand turn w/ corner; repeat Lys start	½;½;1;2;4
V2	Forward a double; out w/ corner & return; double back to place w/ ptrnr	1;2;1
C2	Lds meet, cross R hands then L, turn & switch places	1
	Turn corner w/ R hand; cross back & turn partner w/ L hand	1;2
	Repeat w/ Lys starting & crossing L hands then R	3
V3	Take hands w/ parter do 4 slips into set; take corner & slip out;	1;1
	Slip back in w/ corner & out to place w/ partner	1;1
C3	Turn partner by R hand; Half hey across formation: : Lds pass L shoulders curving into corner's place as Lys ½ turn R to ptrnr's orig place, Lys pass L & curve to other Ly's orig place as Lds ½ turn R to other Lds orig place	2
	Turn ptrnr by R hand; then by L hand	1;1
	Complete the hey w/ Lys starting (passing R to ptrnr's orig place)	2
	Turn partner by L hand (Hey may be done as Grand R&L w/o hands)	1

English Country

Pennywren Road

(SCA Choreography)

(3 couples in a line)

= In 4 =

- P1: Long lines fwd & back; C2 cast to R to partner's place as end C's
turn a square half way round L & form new long lines; Repeat
2;2;4
- P2: C2 switch w/ R hands & then L to R-hand corner & R to
that person's partner who puts them home; honour all. 1½;½
C2 same w/ L hands & R to L-hand corner til home; C1 & C2 cast
down one place while C3 slips up to the head of the set. 1½;½

Picking of Sticks

(Playford 1651)

(3 couples in a line)

= In 4 =

- V1 Forward & back a double (2x) 2;2
- C1 Top L switch back to back with 2nd R, then 3rd L; All fwd & back a double 2;2
Top R switch back to back with 2nd L, then 3rd R; All fwd & back a double 2;2
Repeat above until back to place 2;2(4x)
- V2 Side R with your partner; Side L with your partner 2;2
- C2 C1 slip betw C2 as they move up, then C2 slip betw C1 (2x) as
C3 cross & skip around set; Repeat w/ C2&3 slipping & C1 around set 4;4
- V3 Arm R with your partner; Arm L with your partner 2;2
- C3 Sheepskin Hey - Lds weave through Lys; as last Ld passes
second Ly, he cuts around to take the lead; Each Ld cuts once,
& then pass behind the Lys & back to place 8
Repeat above with Lys weaving between Lds 8

Prince William's Hey

(3 couples in a line)

= In 4 =

- P1: C1 cross over hey between person 2 & 3 on the other side 4
All continue the hey on each side, until C1 is back in the 1st place
C1 cross back between person 2 & 3 on their own side 4
All continue the hey on each side, until C1 is back in the 1st place
- P2: C1 take R hands & switch; Cast to C2 place as C2 slips to 1st place 1;1
C1 turn 2 hands, 1½ times around; C2 take R hands, switch places 2;1
C2 cast to 2nd place, as C1 slip to 1st; C2 turn 2 hands, 1½ times around 1;2
- P3: Ld1 to Ly3, while Ly1 to Ld2; Those 4 arm R; C1 arm L 2;2
Ld1 to Ly2, while Ly1 to Ld3; Those 4 arm R; C1 arm L 2;2
- P4: C1 casts out between Ly 2 & 3 2
(holding L hands, so the Ly's arm is across her body)
C1 returns to the center from the top & bottom of the set, & arm R 2
C1 casts out between Ld2 & 3 2
(holding R hands, so the Ld's arm is across his body)
C1 turn two hands 1½ times, moving to the bottom of the set 2
- Repeat the dance (with the couple at the head of the set now being C1, etc.)
Note: Heys in this dance are done with the person coming from either end always
passing to the inside of the set

English Country

Puzzle Box (Revised)

(SCA choreography)

(4 couples in a square)

== In 4 ==

- V1: Heads double forward; 2 hands w/ opposite & switch 1;1
Heads fall back a double while sides double forward to meet 1
Sides 2 hands w/ opposite & switch 1
- Ch1: *Face across the short dimension of the set*
Lds honor Lys; Lys honor Lds; 1/2;1/2
Sides fall back a double & form arches while heads double forward 1
Heads lead your opposite out through the arches, then cast back to place. Sides wait until heads have passed through, then use last 4 counts to trade place 2
Face across the short dimension of the set
Lys honor Lds; Lds honor Lys 1/2;1/2
Heads fall back a double & form arches while sides double forward 1
Sides lead your opposite out through the arches, then cast back to place; Heads wait until heads have passed through, then use last 4 counts to trade place 2
- V2: Sides fall back a double while heads double forward to meet 1
Heads take hands in a circle of four & do 4 slips to the L, trading places 1
Heads fall back a double while sides double forward to meet 1
Sides take hands in a circle of four & do 4 slips to the L, trading places 1
- Ch2: *Face across the short dimension of the set*
Lds honor Lys; Lys honor Lds 1/2;1/2
Sides fall back a double while heads double forward 1
Heads cast to the four outermost positions, then continue on back to place while sides follow the nearest head person around & back to place 2
Face across the short dimension of the set
Lys honor Lds; Lds honor Lys 1/2;1/2
Heads fall back a double while sides double forward 1
Sides cast to the four outermost positions, then continue on back to place while heads follow the nearest side person around & back to place 2
- V3: Take hands all around & circle with 8 slips to the L; 8 slips to the R 2;2
While circling expand the set from its "collapsed" form back into asquare
- Ch3: (Death Spiral) Lds honor the set; Lys honor the set 1/2;1/2
Lds double forward to form a small square in the center 1
Lds rotate the square CW & fall back to place 2
Lys honor the set; Lds honor the set 1/2;1/2
Lys do death spiral as Lds did 3
- (original 1st chorus, for those who preferred my original version:)
- Ch1: *Face across the short dimension of the set*
Lds honor Lys; Lys honor Lds 1/2;1/2
Sides fall back a double while heads double forward 1
Heads R star & circle, while Sides arm R w/ partner 1 1/2 times 2
Face across the short dimension of the set
Lys honor Lds; Lds honor Lys 1/2;1/2
Heads fall back a double while sides double forward 1

English Country**The Return of Spring** (SCA Choreography)
(3 couples in a line) = In 4 =

Verse 1	Forward & back a double, set & turn ; repeat	2;2;2;2
Chorus:	C1 R hands & switch; Ly1 & Ld2 switch w/ L hands as Ld1 & Ly2 switch; C1 turn as C2 switch	1;1;2
	C1 take R hands & switch; Ly1 & Ly3 switch w/ L hands while Ld1 & Ld3 switch, C1 turn as C3 switch	1;1;2
Verse 2	Side R, Set & turn, Side L; Set & turn	2;2;2;2
	Repeat Chorus	8
Verse 3	Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
	Repeat Chorus	8

Road to Lisdoonvarna (SCA Choreography)
(3 Couples Longways) = In 4 =

V1:	Forward & back a double (2x); Set & turn single (2x)	2(2x); 2(2x)
Ch1:	(Lace the Bodice) All dancers face each other while changing places Slip past ea other on diagonal, leading with clos est shoulder Ld1 & Ly2 switch w/ R shoulder; Ly1 & Ld2 switch w/ L shoulder½;½ Ld1 & Ld3 change places; Ly1 & Ly3 change places Ly2 & Ld3 change places; Ld2 & Ly3 change places C1 then casts out & up to original place, with C2&3 following	½;½ ½;½ 1
V2	Sides all; That again; Set & turn single; That again	2;2;2;2
Ch2	(Celtic Horses) C1 faces up the hall, C3 faces down the hall C2 take R hands & pass by R shoulders Ly2 continues up the hall, while Ld 2 continues down Ly2 takes hands with C1 & circles L as Ld2 does same with C3 Ld2 & Ly2 continue back to the middle of the set Take L hands, & pass by L shoulders Ld2 continues up the hall, while Ly2 continues down Ld2 takes hands with C1 & circles R while Ly2 does same with C3	2 2
V3:	Arms all; That again; Set & turn single; That again	2;2;2;2
Ch3:	(Whipsaw Hey) Lds take hands down the line; Ld2 pulls Ld1 into set & between Lds2&3, while Ld2 moves up into Ld1's position Hey continues as usual until all are back in place; Lys then do the same	2;2

Ruffy Tufty (Playford 1651)
(2 couples facing) = In 4 =

Verse 1	Forward & back a double (2x)	4
Chorus	(facing partner) Set & turn single (2x) Lead partner out a Double & back; Turn single Lead comer out a Double & back; Turn single	4 2;1 2;1
Verse 2	Side R with your partner; Side L with your partner	2;2
Repeat Chorus		10
Verse 3	Arm R with your partner; Arm L with your partner	2;2

St. Joan (SCA Choreography (late 17th C style))
(4 couples in a Square) = In 4 =

- P1: Heads double in; take corner between side C; cast to place 1;1;2
 Heads lead the grand square; reverse it home 4;4
 Sides double in; take corner between side C; cast to place 1;1;2
 Sides lead the grand square; reverse it home 4;4
- P2: Lys set to the middle; R hand star; fall back to place 1;2;1
 Heads lead the grand square; reverse it home 4;4
 Lds set to the middle; R hand star; fall back to place 1;2;1
 Sides lead the grand square; reverse it home 4;4
- P3: Heads split & pass between near side C to opposite place; 2
 Meet corner in middle, ½ R hand turn back to place 2
 Heads lead the grand square; reverse it home 4;4
 Sides the same; Sides lead grand square; reverse it 4;4;4
- P4: Half a grand right & left; Heads lead the grand square; reverse it 4;4;4
 Repeat, with sides leading the grand square 12
- Note: Grand Square: Heads double in as sides double back away from partner;
 Heads double away from partner (w/corner), as sides double to meet corner;
 Heads double away from corner as sides double in w/ corner;
 Heads double to meet partner as sides fall out to place w/ partner

Scotch Cap (Playford 1651)
(3 couples in a line) = In 4 =

- Verse 1 Double fwd & back (2x) 2(2x)
 Chorus 1 Lys 1&2 back up; Lds 2&3 back up; those 4 switch; other 2 switch 1;1;1;1
 Same Lds back up; Same Lys same; the 4 switch; other 2 switch 1;1;1;1
- Verse 2 Side R with your partner; Side L with your partner 2;2
 Chorus 2 Sides Double back & fwd; Arm R (Lys 1&3, C 2, Lds 1&3) 2;2
 Ends (Ly2 w/ C3, Ld2 w/ C1) Double back & fwd; Arm L (w/ partner) 2;2
- Verse 3 Arm R with your partner; Arm L with your partner 2;2
 Chorus 3 Lds slip up hall as Lys slip down; Give R & L hands back to place 2;2
 Lys slip up hall as Lds slip down; Give L & R hands back to place 2;2

Sellinger's Round (Playford 1670)
(Couples in a circle) = In 4 =

- V1: Slide L; slide R 2;2
 Ch: Lds Double back as Lys Double fwd & clap; return to place 1;1
 (face partner) Set & turn single 2
 Lys Double back as Lds Double fwd & clap; return; set & turn 1;1;2
- V2: Beerhall Run: Take hands, Doublein (whooping) & out (2x) 2(2x)
 Repeat Chorus 8
- V3: Side R with your partner; Side L with your partner 2;2
 Repeat Chorus 8
- V4: Arm R with your partner; Arm L with your partner 2;2

English Country**Tracks of the Wolf (SCA Choreography)****(Longways & circle for 4 couples) ==In 4==**

- P1: Start with line of couples facing partner; 4-count reverence 1
 Double forward, passing partner by R shoulders; Single forward 1;½
 Turn to face partner; Double forward, passing by L shoulders ½;1
 4-count turn to face partner, take R hands; Reverence 1;2
- P2: C1 (top of line): 4 counts to turn & face down line 1
 C2: 4 counts to move to women's side & face line 1
 C3: 4 counts to move to men's side & face line 1
 C4: 4 counts to move forward, completing a square of couples 1
- P3: Side R&L w/ partner; Set & turn, end facing corner 4;2
 Side R&L w/ corner; Set & turn, end by partner facing center 4;2
- P4: C1 & C4 to center; Turn Ly under into Ld place & turn to face out 1;1
 Move back to place; Turn Ly into orig place & turn to face in 1;1
 As C2 & C3: Turn Ly under into Ld place; move away from center 1;1
 Turn Ly under & into orig place; Move back to orig place 1;1
- P5: Repeat Part 3 using arming 12
- P6: Repeat Part 4 switching couple directions 4
- P7: Ly form R hand star, move halfway around circle to opposite 1
 Ly extend L hand to opposite's L, turn under Ld arm & walk behind 1
 Ly form R hand star, move halfway around circle to partner 1
 Ly extend L hand to prtnr's L, Ld drop to knee, Ly walk around Ld 1
 Reverence or end with Lys on partner's knee

Trenchmore (Playford 1722)**(Couples in a line) == in 4 ==**

- Doubles Double forward & back (2x) 2(2x)
- Casting C1 takes three steps forward, casts off, leading other couples to the bottom of the hall; C1 joins hands & leads couples back to place 4
- Arching C1 faces down the hall & ducks under the arched hands of C2,
 C1 arches over the next couple & so on until all back to place 1(Nx)
- Arming C1 arm R 1½; C1 arm L w/ C2; C1 arm R & so on to end of line 8(Nx)
- Repeat the dance with the new C1

Two Fat Ladies (SCA Choreography, 18th C style)**(4 Couples in a line) == In 4 ==**

- P1: Ends pull past partner by R hand & face center, as Centers ½ R hand star 1
 & turn to face nearest End couple dancer; pull past that person by R hand 1
 That again (switching End & Center roles) 3x 2(3x)
- P2: Lines double to meet; Centers fall back double as Ends bend in the line 1;1
 Lds Star R & Lys Star L, crossing over as they go down the middle & leading
 out of the star on the other side to form longways set; honor your own 2;1
 Lds Star L & Lys Star R, again crossing over & forming longways set 2
 Progress: Ends take hands down the middle to take Center position

English Country**Upon a Summer's Day (Playford 1651)**
(3 couples in a line) == In 4 ==

Verse 1	Forward & back a double; set & turn single (2x)	2;2 (2x)
Chorus	Sides forward & back a double (Lds & Lys side holding hands) 2 C1 go down the middle, split & under arch made by each side Behind 3rd person & stops at bottom while sides slide up	2 2
	Repeat until all are back to place	
Verse 2	Side R; set & turn single; Side L; set & turn single	2;2;2;2
Repeat Chorus		12
Verse 3	Arm R; set & turn single; Arm L; set & turn single	2;2;2;2
Repeat Chorus		12

Wandering Eye (SCA Choreography)
(4 couples in a square) ==In 4==

V1:	Cs 1 & 3 - Forward & back double; 2 & 4 same	1;1;2
	Ld1/Ly2 & Ld3/Ly4 same; Ld2/Ly3 & Ld4/Ly1 same	2;2
Ch1:	Lds Clap 2x; Step L&R ; Turn half around; Lys same	1;1;1;3
	Rotate around circle - R&L (4 cnts/person)	4
V2:	Side R&L w/ partner; Side R&L w/ corner	4;4
Ch2:	Same as Chorus 1 except Lys start	10
V3:	Arm R&L w/ partner; Arm R&L w/ corner	4;4
Ch3:	Repeat Chorus 1	10
V4:	Lys R hand star - Last 4 cnts take ptr's R hand & switch ;Lds L hand star	4;4
Ch4:	Repeat Chorus 2	10

Whirlygig (Playford 1651)
(3 couples in a line) ==In 4==

Verse 1	Forward & back a double (2x)	2(2x)
Chorus 1A	Mushrooms – C2 pass up between C1 & cast to place; C2 cross over & go around C1 to place; Face down & do same between C 3	2;2;4
Chorus 1B	C1 cast to bottom & make arch; C2 & C3 follow & go through to new place (Order of set is C2, C3, C1); Repeat entire chorus (2x)	2;2;12;12
Verse 2	Side R with your partner; Side L with your partner	2;2
Chorus 2A	Triangle-Heys - Ld2 pass through C1 passing Ly1 by R shoulders & Hey for 3 w/ C1 as Ly1 does the same w/ C3	4
	Ld2 pass through C3 passing Ly3 by L shoulders & Hey for 3 w/ C3 as Ly2 does the same w/ C1	4
Chorus 2B	Same as Chorus 1B	4
	Repeat chorus (2x) until all are back to original place	12;12
Verse 3	Arm R with your partner; Arm L with your partner	2;2
Chorus 3A	½ Cast to Star – C1 & C2 ½ cast down & to place; R hand Star, At the same time, C3 set & turn single (2x)	2;2
	Repeat w/ C2 & C3 casting up in L hand star as C1 sets & turns twice	4
Chorus 3B	Same as Chorus 1B	4

Progression Dances

Female Sailor	(Recueil de Contradances 1706)	
(Couples in a line)		=In 4=
(A) Up through line, around outside, & back to place		2
(A) Down through line, around outside, & back to place		2
(A) Cross over & down through line, around outside into ptrn's place; 2 hand turn		2;2
(A with I) (A face down set, I up) Back to back; Two hand turn		2;2
All with partner Back to back		2
(A) 1/2 two hand turn, cast off & move down the set as		
(I) full two hand turn, moving up the set		2
Hole in the Wall	(Playford 1696)	
(Couples in a line)		= In 6 =
(A) Reverance; Cast around & through IC & back to place; Reverance		2
(I) Reverance; Cast off around & through AC & back to place; Reverance		2
(A Ld, I Ly) Reverance, switch place almost touching palms; Reverance		1
(I Ld, A Ly) Reverance, switch place almost touching palms; Reverance		1
All take hands & circle halfway around		1
(A) break off & move down the set while (I) pass up the set between them		1
Jack's Maggot(Playford		1703)
(Couples in a line)		= In 4 =
(A Ld) Single hey with both Lys; (A Ly) Single hey with both Lds		4;4
All arm R with partner; arm L with partner		2;2
(A Ly, I Ld) Switch place with R hands; (I Ly, A Ld) Switch place with L hands		1;1
All take hands & circle halfway around		2
(A) break off & move down the set while (I) pass up the set between them		2
Juice of Barley	(Playford 1689)	
(couples in a line)		= In 4 =
All back to back with partner; All two hand turn with partner		2;2
Lds cross over between Lys, around outside & into other Ld 's place		2
Clap (on down beat), Circle hands four, once around		2
Lys cross over between Lds, around outside & into other Ly's place		2
Clap (on down beat), Circle hands four, once around		2
Mad Robin	(Playford 1695)	
(couples in a line)		= In 4 =
(A Ld , I Ly) Arm R		2
(A Ld , A Ly) Arm L, A Ld cast off & switch places with I Ld		2
(A Ly, A Ld) Arm L		2
(A Ly, I Ld) Arm R, A Ly cast off & switch places with I Ly		2
A Ld walk in a CW circle around I Ld, as A Ly walks in a CW circle around I Ly		2
(A) Turn partner two hands around		2
I Ld walk in a CW circle around A Ld, as I Ly walks in a CW circle around A Ly		2

Progression Dances**Mr. Isaac's Maggot** (Playford 1695)
(couples in a line) = In 6 =

Ld1 & Ly2 circle 1 ½ R hands, Ld1 circle around Ld2 back to place	2
Ly1 & Ld2 circle 1 ½ L hands, Ly1 circle around Ly2 back to place	2
Grab hand with side (Ld1 w//Ld2, Ly1 w/ Ly2)	
Back up 2 sets of 3; Forward 1 set of 3; Turn forward to place	2;1;1
Circular Hey (Rt side then L starting with partner) (3x no hands)	2½
C1 forward between C2 (into line of 4 people); Double fwd & back	½;1
Outside people (C2) turn inside couple into place (Ld2 turn Ld1, Ly2 turn Ly1)	1

My Lady Cullen (Playford 1651)
(couples in a line) = In 4 =

V1: Forward & back a double (2x)	2(2x)
Ch1: Set & turn single (2x)	2(2x)
V2: (A) Cross by R shoulders & go behind the (I); Cross by R again & to outside of (I); take hands 4 abreast & fwd & back a double to orig place	1;1;2
Ch2: R hand star; L hand star	2;2
V3: (A) cast out & below (I) & slip up between	2
(I) cast out & above (A) & slip down between them	2
Ch3: Arches: (A) slip under (I) as (I) slip up; (I) under as (A) up; set & turn	2;2
V4: (A) Cross by R shoulders & go behind the (I); Cross by R again & to outside of (I); take hands 4 abreast & fwd & back a double to orig place	1;1;2
Ch4: (A) Ly & (I) Ly arm 1½ times as Lds do same; arm w/ partner	2;2

Rosina (SCA Choreography)
(couples, inactives improper) = In 4 =

Hands around for 4 & turn halfway; back to back w/ prtnr 1½ times (2x)	1; 3(2x)
(A) cast down n & around 2 nd (I); cross up & through 2 nd (I) & around own (I) to place	2;2
(A) half figure 8	2

Well Hall (Playford 1686)
(couples in a line) = In 6 =

(A) Turn R hands 1 ½ times around; cast down to (I) place while (I) move up	2;1
(A) Step L&R, in chevron pattern, switching places with partner	1
(I) Turn R hands 1 ½ times around; Cast down to (A) place while (A) move up	2;1
(I) Step L&R, in chevron pattern, switching places with partner	1
(A Ld & I Ly) Switch places; (I Ld & A Ly) Switch places	1;1
Take hands four & circle halfway around	1
All turn single toward hand that is holding partner	1
(I Ld & A Ly) Switch places; (A Ld & I Ly) Switch places	1
Take hands four & circle halfway around	1
(A) break off & cast down the set while (I) pass up the set between them	1

Note: Active couples (A) progress down the set, Inactive couples (I), progress up the set. At end of set, couple sits out 1 repeat of the dance, then starts again as other type of

couple

Germanic/Austrian Dances

Die Familien Waltzer [from Die Hochzeitbuch of Eliezelbeta von Els, (couples in a circle, Ly on partner's L) Grafina von Graz 1589-1650]

Step & close, honoring partner; step & close honoring corner (2x) 1;1 (2x)
Ld take partner in waltz hold & waltz in circle, ending with Ly on other side 4
Repeat dance with new partner

Die Rheinlander [from Peiter Breugers "A Wedding Dance" & Die Hochzeitbuch of Eliezelbeta, Grafina von Graz – 16th century] (couples in a line) = In 4 =

Holding partner's hand, make four in & out steps beginning with the L foot
Toward the head of the hall, following the other couples 2
Make four hops starting on the L foot & ending on the R foot; Repeat 1;3

Ländler (Austrian Folk Dance) (Couples) = In 6 =

Turn out, in, out, & turn under joined arms; Repeat (2x) 2;2(2x)
Ly turns under Ld's arm 3 times 2;2
(w/ Ld facing fwd, taking hands)Ld moves fwd & Ly back, swinging arms out & in 4
Ly turns under outside arm & waltz around 4
Ly turns back to face & under other arm & waltz around 4
Drop hands into country waltz hold & free waltz 4
Ländler Polka (step, close, step, hop) (4x), change direction each time 1(4x)
(join hands R to R, L to L, R on top) Ly goes behind to Ld's R side, lead around 4
Ly moves to Ld's L side, lead around 4
Turn into R little window & waltz around; Turn into L little window; & waltz around 8;8
Turn into R big window & waltz around; Turn into L big window & waltz around 4;4
Drop hands into country waltz hold & free waltz 4
Ländler Polka (step, close, step, hop) (4x), change direction each time 1(4x)

Russian Dances

Karapyet (Couples) = In 4 =

(in tango hold) With outside foot, point toe forward, slide back to outside of
other foot, point toe forward again, slide back to inside of other foot 1
Step 1, 2, 3, & turn to face other direction (reversing tango hold) 1
Repeat, end facing forward, inside hands together 2
Step out, 2, 3; Step in, 2, 3; Step out, 2, 3; Turn under joined hands (2x) ½;½;1 (2x)
(Hold inside hands) Step fwd, 2, 3, kick (inside foot); turn & step back, 2, 3, kick 1;1
Step out 2, 3; Step in, 2, 3, as previously ½;½
Return to tango hold & full turn CCW 1

Note: the actual steps for the middle section ((Holding inside hands. . .)) are as follows.
Face partner & place back hand (R for men, L for Lys) on own waist, other arm in air.
Hop 3x on back foot progressing twd head of hall (original direction of dance). On each

hop, kick front foot out in direction of movement & close w/ the rear foot as you land.

Russian Dances

Kohanoshka

(Couples)

= In 4 =

Step out, 2, 3; Step in, 2, 3; Step out, 2, 3; Turn under joined hands (2x) $\frac{1}{2}; \frac{1}{2}; 1$ (2x)
[2x] - Step forward, 2, 3; back, 2, 3; fwd 2, 3; fwd, 2, 3 $\frac{1}{2}; \frac{1}{2}; \frac{1}{2}; \frac{1}{2}; (2x)$
(fncg ptrnr) Slap own hands (2x); Step back, 2, 3 (2x); Leap back, stomp (3x) $\frac{1}{2}; 1; \frac{1}{2}$
Slap hands (2x); Step fwd, 2, 3(2x); Leap fwd, stomp (3x) (adv past partner) $\frac{1}{2}; 1; \frac{1}{2}$
Slap own hands (2x); Step back, 2, 3; Step back, 2, 3;
Leap back, stomp (3x) $\frac{1}{2}; \frac{1}{2}; \frac{1}{2}; \frac{1}{2}$
Slap hands (2x); Step forward, 2, 3; Step forward, 2, 3 $\frac{1}{2}; \frac{1}{2}$
Ly swings at Ld & spins around as Ld ducks with a squat &
Rises to catch her & start the dance over $\frac{1}{2}$

Korobushka

(Couples facing CCW around a circle)

= In 4 =

Step R, R; Step L, L; Step R, L; Turn to face partner $1; 1; 1; 1$
Spin away & clap; Spin back & clap (take hands) $1; 1$
Come together & apart; switch sides $1; 1$
Spin away & clap; Spin back & clap (take hands) $1; 1$
Come together & apart, & back into original position $1; 1$

Moonshine

(Couples)

= In 4 =

(L hands joined) move R hand out, in, out, in 1
Spin away (3 counts) & clap; Spin back (3 counts) & clap $\frac{1}{2}; \frac{1}{2}$
(Hook R arms behind back) Circle forward 2
(L hands joined) move R hand out, in, out, in 1
Spin away (3 counts) & clap; Spin back (3 counts) & clap $\frac{1}{2}; \frac{1}{2}$
Hook R arms & circle fwd; R arm on partner's waist & circle forward $2; 2$
Circle backward, kicking L foot 2

Pletyoka (Russian Braid Dance)

(Louis Chalif, 1926)

(Circle of couples facing, Lds outside, Lys inside)

= In 4 =

Toe/Heel L&R (2x) $1(2x)$
Elbow hook – hook R elbows w/ partner, turn $1\frac{1}{2}$ CW in 8 running steps 2
Braid – Lds facing out nad Lys in, w/ R elbows hooked, Hook L elbows w/
Neighbor, dance CW around circle in 12 running steps looking at enighbor 3
Release R elbows & turn L elbows w/ new partem CCW back to starting position 1
Repeat

Troika

(3 people in a line)

= In 4 =

Run in place; Run forward; Circle R person under; Circle L person under $2; 2; 2; 2$
(join hands 3) Circle L; Circle R (variation, circle 12 counts, stomp 3x & yell "Hey!") $4; 4$

Irish Dances

Cumberland Reel

(Couples in a line)

Top 2 couples star R&L; C1 joins hands & slips down & up the set	2;2;4
C1 cast to outside of set, lead down & back to place, other Cs following	2
Other Cs form arches, & C1 slips through to foot of set	2
Repeat dance (nx)	12(nx)

Haymaker's Jig

(Couples in a line, facing)

Advance & retire (2x), holding hands in gender lines; In place, 2 jig steps	4(2x); 8
Advance & retire, holding hands in gender lines	4
Ld 1 & Ly 3 meet, turn w/ R hands & return to place; Ly 1 & Ld 3 same	4;4
Ld 1 & Ly 3 meet, turn w/ L hands & return to place; Ly 1 & Ld 3 same	4;4
Ld 1 & Ly 3 meet, caeli hold & spin, return to place; Ly 1 & Ld 3 same	4;4
C1 turn w/ R hands 1½	2
Ld1&Ly2 L hnd turn as Ly1& Ld 2 same; C1 R hnd turn; repeat to end	2;2;2;(Nx)
C1 caeli hold & spin to front of line; C1 casts to back of line w/ rest of line following	2;2
C1 form arch & other couples pass through to place	2
Repeat as many times as will	

Six Hand Reel

(Sets of 1 Ld , 2 Lys facing another set around a circle, Ld in center)

Advance & retire 2x, & join hands in circle; 7's R&L & fall back to place	4(2x);4
Advance & retire 2x, & join hands in circle; 7's L&R & fall back to place	4(2x);4
Ld turn to Ly on R, 7's inside & back as other Ly 7's to vacated spot & back	4
Ld turn to Ly on L, 7's inside & back as other Ly 7's to vacated spot & back	4
Lds meet in middle touching R hands; Dance a four-count star CW	1
Lds turn & touch L hands; Dance a four-count star CCW	1
Ld chains with Ly on L, Ly on R, Ly on L	2;2;2
Doing 7's, Lds move to the R forming a diamond:	
1Ld – between 1Ly & 3Ly, 2Ld's spot, between 4Ly & 2Ly, back to original spot	
2Ld – between 4Ly & 2Ly, 1Ld's spot, between 1Ly & 3Ly, back to original spot	
While Lys dance 7's to the R, ending at original spot	8
Each side takes hands & do arches:	
1Ly under 2Ly & 1Ld, 2Ly under 1Ld & 1Ly, 1Ly under 2Ly & 1Ld	
4Ly under 3Ly & 2Ld, 3Ly under 2Ld & 4Ly, 4Ly under 3Ly & 2Ld	6
Still holding hands, advance & retire once; Advance & pass through	4;4

Scottish Dances

Angus Reel

(Couples facing CCW around a circle)

Walk forward (8 counts); (facing partner) Back away a double	2;1
Stomp (3x); Clap (3x)	½;½

Scottish Dances

Corwyn's Folly (Couples)	(SCA Choreography) = In 4 =
Set & turn (2x); Arm L&R; Set & turn (2x) ;Back to back L&R2 (2x);4;2 (2x);4	
Set & turn (2x); Waist turn R&L, end facing presence, improper	2(2x);4
(Waist turn R = R arm on partner's waist, L on partner's R, turn CW)	
Set & turn (2x); Cast down the hall, Cast up the hall, end backto back	2 (2x);2;2
Set & box step (2x); Cast down the hall & turn to face presence	2 (2x);2
(Take inside hands) Double fwd & kick; Double back	2;2
(facing front) Set & turn (Ld CW, L CCW); Repeat, end facing partner w/o hands	2;2
Side R&L; take hands & set to rear & front; turn under rear hands & face front	2
Set L&R; Allem&e (turn, Ld kneels, Ly ends on Ld's knee)	1;1

Country Waltz (Couples facing other couples around a circle)	(1827) = In 3 =
A: (facing corner) Forward; back; forward, pass through (Lys inside)	1;1;2
(facing partner) Forward; back; forward, pass through (Lys inside)	1;1;2
Repeat	6
B: All In; All out, Ld turns Ly on L under his arm to the R (x4)	1;1;2
C: Waltz around to new couple (move in direction couple was originally facing)	8

Dashing White Sergeant (Sets of 3 people facing another set around a circle)	(Oral Tradition) = In 4 =
All 6 take hands; Slide L; Slide R; (drop back to sets of 3)	2;2
Center person faces person on R; Set R&L; (taking both hands) Turn full circle	1;1
Center person faces person on L; Set R&L; (taking both hands) Turn full circle	1;1
Reel for 3 - center person pass R shoulders w/ person on R& weave to place	4
(taking hands & facing other set) Double forward & back	2
Double forward (x2), passing through other set	2

Equos Fair (Couples)	(SCA Choreography) = In 4 =
Set & turn; Arm R&L; Set & turn; Reverance	2;4;2;2
Set & turn; Back to back R&L; Set & turn; Reverance	2;4;2;2
High arm R; Ld tum single; Ly tum Single; Reverance	2;1;1;1
High arm L; Ld tum single; Ly tum Single; Reverance	2;1;1;2
Set & turn; Waist turn R&L; Set & turn; Reverance	2;4;2;2
Take 2 hands & side R&L; R hand star; L hand star	4;4;4
Take 2 hands & slide CW; slide CCW	2;2
(keephands) Set (Ly's L); Arch turn (Ly's R); Arch turn (Ly's L); Turn Ly; Rev	1;1;1;1;1
Set (Ly's R); Arch turn (Ly's L); Arch turn (Ly's R); Turn Ly; Rev	1;1;1;1;1
Slide L & clap; Slide R & clap; Slide R & tum single	1;1;2
Slide L & clap; Slide L & clap; Slide R & clap; Switch CW	1;1;1;1
Repeat, but end back to back	8
Set & box turn (2X); Set & turn; Side R&L; Set & turn	2(2x); 2;4;2

Scottish Dances**Gay Gordon****(Couples)****= In 4 =**

Step LRL, hop & turn; Back RLR & hop; repeat	1;1
Step in in a double; Step out; Switch places with Ld turning Ly in front	1;1;1
Step in, in a double; Step out	1/2;1/2
Switch places with Ld turning Ly under arm, & progress on to next person	1

Lamb Skinet**(Thompson 1751)****(4 couples in a line)****= In 4 =**

C1 set & cast down below C2 (C2 move up); 1/2 figure 8 around C2	2;2
C1 set & cast down below C3 (C3 move up); 1/2 figure 8 around C3	2;2
C1 move up the middle to the top of the set (C2 & C3 move down)	2
C1 set & cast down below C2 (C2 move up); C1 & C2 grand R&L	2;2

Mairi's Wedding**(Oral Tradition)****(4 couples in a line)****= In 4 =**

C1 full turn with R hands & cast down (second couple move up)	2
C1 full turn with L hands	2
C1 half reel of 4 with first corners (Ld2 & Ly3) (corners change places)	2
C1 half reel of 4 with second corners (Ld3 & Ly2) (corners change places)	2
C1 half reel of 4 with first corners (Ld2 & Ly3) (corners back to original place)	2
C1 half reel of 4 with second corners (Ld3 & Ly2) (corners back to original place)	2
Reel of 3 - Ly 1 with C 2 (up the set), Ld 1 with C 3 (down the set)	4
First three couples join hands - Circle L (8 counts); Circle R (8 counts)	2;2
C1 repeats above with third & fourth couples	20

Monymusk**(Preston 1786)****(4 couples in a line)****= In 4 =**

C1 full turn w/ R hands & cast down (C2 move up)	2
C1 1 1/4 turn w/ L hands to end in 2 lines across the set (Ld1 betw C3; Ly1 betw C2)	2
All Set 2x & end in 2 lines along set (Ld1 betw Lys 2&3, Ly1 betw Lds 2&3)	2
All Set 2x; Join hands & circle L&R; Reel for 3 (C1 begin by giving R shoulder to person on R) C1 cross over to own side as reel ends, 1 place down from orig	1;4;2

Posten's Jig**(4 couples in a line)****= In 4 =**

Outside Couples are active	
Intro: Set out; Set in (Or point out, front, out, back), inside couples move out	1/2;1/2
Lys cross in front of Ld through inactive couple to improper side	3
P1: Cross (Lds hold hands high, Lys hold hands low)	1
Post (Turn around inactive person at corner)	1
Cross (Couple going to head of hall hold hands high, other couple low)	1
Post (Turn around inactive person at corner); Repeat Part 1	1;4
P2: R hand to partner & cross; L hand to other active (Ld to Ld, Ly to Ly) & cross	1;1

Scottish Dances

Road to the Isles (Couples)	(SCA Choreography) = in 4 =
Point L foot, Step behind L, to the side R, cross forward L, Point R foot	2
Step behind R, to the side L, cross forward R, Point L foot, Step back L	2
Step LRL hop; Step RLR hop & turn; Step LRL hop & turn; Back RLR hop	1;1;1;1
Step LRL hop & turn; Back RLR hop; Step LRL hop & turn; Back RLR hop	1;1;1;1
Ld walks forward with Ly turning under R arm	4
Come together, apart, & move back into original position	2

Other Dances

Bard Dance (2 couples in a square)	(SCA Choreography) = in 4 =
V1: Double forward & back; back to back R w/ partner	2;2
Side R w/ partner, turn halfway while shoulder to shoulder & continue back	2
Take hands & turn CW 1¼ times, end w/ Lys back to back in middle	2
Ch: Insides turn single; Partners R hands, step together & back	1;1
Inside dancers switch L; R hands w/ new prtnr, step together & back	1;1
Inside dancers move to stand next to new partner	1
V2: Repeat V1, but turn CCW 1¼ times & end w/ Lds back to back in middle	8
Repeat Chorus	5
V3: Double forward & back; back to back R w/ partner; reverance	8

Bare Necessities (Circle of 4-6 couples)	(Shaw 20^h C) = in 4 =
(holding hands with partner) Step out, 2, 3,kick; Step in, 2, 3, kick (x2)	1;1(2x)
Lds R hand star; Lys L hand star; Turn partner with R hand	2;2;2
Lys cast off & go around Ld behind & back to partner	2
Meet with R hands & pass; Meet next person with L hands & pass	1;1
Meet next person with R hands & pass	1
Meet next person with L hands; Ld turns Ly under arm	1

Fickle Ladies (Circle of 6 or more couples)	(SCA Choreography) = in 4 =
V1: Lys double into the circle & back	2
Lds same as Lys small steps L to move 1 place; Repeat the verse	2;4
Ch: Slide L; Turn w/ current prtnr, R palms almost touching & stomp 3x	2;2
Switch with palms almost touching, starting with partner, LR LR	4
Turn w/ new partner, L palms almost touching & stomp 3x	2
V2: Lys circle around partner CW ;Lds slip R 1 place; All slide L; repeat	2;1;1;4
Repeat Chorus	10
V3: Turn w/ partner, R palms almost touching; Turn 1½ times, L palms; Repeat	2;2
Repeat Chorus	

Other Dances

John Tallow's Canon (Adaptation of Shaw 20th C) (2 couples in square, partner opposite) = In 4 =

First couple starts dance; second couple repeats all steps 4 counts later	
Forward & back a double	2
Forward & curve around switching places (? pattern)	2
Repeat doubles & ? pattern	4
Take R hands & circle CW back to place; Step L&R, & turn single	2;2
Take L hands & circle CCW back to place; Step L&R, & turn single	2;2

King's Courtship (SCA Choreography) (4 couples in a Line) = In 4 =

Ch: Arm R&L (hands down)	2
V1: C1 & C2 pivot L to form line facing L side of hall as C3 & C4 pivot R	1
Each line hay (start facing ptrn & pass R shoulder); Repeat Chorus	3;2
V2: C1 & C3 pivot back to face down hall as C2 & C4 pivot back to face up	1
Lds R hands & turn 1 1/2 times; Hands around halfway for 4	1;1
Lys R hands & turn 1 1/2 times; repeat chorus	1;2
V3: C2 & C3 form arch; others through arch, split & to place	1
C1 & C4 form arch; others through arch, go R & come out into circle for 8	1
Grapevine L&R; Lys L hand star; Lys turn Lds into I hand star; chorus	2;2;2;2
V4: C1 cross, go around couples on their sides & back to place;	1
C2 same; C3 same; C 4 same; chorus	1;1;1;2
V5: C1 & C2 form line facing down hall as C3 & C4 form line facing up	1
Top line pivot back around Ld2 as bottom line pivot back around Ld3	1
Lds 1&2 pivot as Lys3&4 pivot (into original start position)	1
Arm R&L (hands down); Reverance	2;1

Lazy Robin (Circle) = In 4 =

6 steps L & Twist hips L&R; Turn single; Stamp in time to music (LRLR,LR,L)	2;1;1
Kick L (toward R) & R (toward L) (x2); Stamp in time to music (RLRL,RL,R)	1(2x);1

Ma Navu (Israeli Folkance 20th C) (As many as will in line, circle or individually) = In 4 =

P1: Point R foot fwd; Point to R Side; Step Back on R	1/2;1/2;1/2
Bring L foot back[put weight on L, Step fwd w/ R & bring L knee up]	1/2
Step Back on L & bring R Foot together;	1/2
Step Fwd w/R & Bring L Knee Up; Step back on L & close w/R	1/2;1/2
Switch weight to other foot	1/2
Repeat Part 1 starting L	4
P2: Side Step R, Step L&R [to L]; Pivot on R to face R	1
Step L, Cut R Foot under L, Step L, Pause or face fwd	1
Repeat Part 2 3 more times	6

Other Dances

Michaela's Mayhem (SCA choreography)

(3 people in a line Ly-Ld-Ly)

= in 4 =

Ch:	Ly 1 (on L) turns single; Ly 2 turns single	1;1
	Ly 1 goes through arch of Ld & Ly 2; Ly 2 goes through arch of Ld & Ly 1	1;1
	Ld does a figure 8 around Lys, beginning by going in front of Ly 1	2
V1:	Holding hands, 4 piva forward	2
	Ly1 doubles L while Ly 2 doubles R & Ld doubles back; double to place	2
B	Ly 1 do 4 singles & turn; Ld same; Ly 2 same (reversing roles of Lys 1 & 2)	1;1;1
	Repeat Chorus (with new Ly 1)	6
V2:	Ld sides R with Ly 2; Ld sides L with Ly 1	1;1
	Repeat Pt B and Chorus	9
V3:	Ld arms R with Ly 2; Ld arms L with Ly 1	1;1
	Repeat B; Final Ch: Omit figure 8 – Ld Single fwd & turns to face Lys; Rev	3;1

Miserlou (Greek folkdance)

(Circle or broken circle, no partner)

= in 4 =

	Step R, point L & pause, Rondejambé L, Grapevine	3
	Pivot on L foot, 2 step forward; 2 step backward; Repeat	1;1;1;1
	Rondejambé - trace a ½ circle on the ground with the foot 2 step (i.e., step-together-step)	1
	Grapevine - cross L behind R, step R side, cross L front)	1

Nika Nika (SCA choreography)

(circle of people)

= in 4 =

	Bransle double lL; single R (4x)	1;1/2 (4x)
	Double in & out of circle; step touch in & out (2x)	2;1 (2x)
	Dance Repeats	

Novelle Amor (SCA choreography)

(circle)

= in 4 =

P1:	Double L (facing L) & R (2x)	2
	Double L to center, Double R out; Single LR; turn single L	2;1;1
P2:	Same, but replace 1 st Double R w/2 steps & 3 stamps R	6
P3:	Same, but replace 1 st Double R w/2 steps & 3 jumps R	6
P4:	Same, but replace 1 st Double R w/2 steps & 3 kicks LRL	6
P5:	Same, but replace 1 st Double R w/2 steps & 3 claps (close feet)	6

Quen Quer Que (SCA choreography)

(circle)

= in 4 =

V:	Double L&R; Single L&R; Double L; Single R	2;1;1;½
	Same, but spin on 1 st Double L; Same but spin on 2 nd Double L	4½;4½
	Same but spin on both Doubles L	4½
Ch:	Same pattern of steps, but go in & out (moving L) on Double L&R (2x)	4½(2x)
	Repeat many times (music begins w/Ch; Ch repeats 2x at end of dance)	

Other Dances

Saltarello la Regina (SCA choreography) **(Couples)**

V1:	Inside single; Outside single	1/2;1/2
Ch:	Inside double; Outside single away from your partner	1;1/2
	Inside single toward your partner; Outside double backward	1/2;1
V2:	Repeat V1; Chorus	1;3
V3	Ld turn under Ly's arm in 2 inside singles; Ly same under Ld's arm	1;1
Chorus		3
V4	Repeat V3, Ly turning first; Chorus	2;3
V5:	Ld circles around Ly in 4 singles; Chorus	2;3
V6:	Repeat V5, Ly circling; Chorus	2;3
V7:	The couple joins both hands & turns in a CW circle in 6 singles	3
Chorus		3
V8:	Repeat V7, circling in the opposite direction; Chorus	3;3

Saltarello II (Prendente in Gyro) (SCA choreography) **(Circle of 3 or more couples)** = In 4 =

A:	Beginning L, double in; double out	1;1
	Palm R with partner & switch in a double	1
	Palm L with partner & switch back in a double	1
	Palm R with contrary & switch; take hands in a circle	1
B:	Beginning R, double in & drop contrary's hand	1
	Convert a double with partner; double out	1;1
	Dropping hands, palm R with partner & switch in a double	1
	Palm L with partner & switch in a double	1
C:	Hey in 4 doubles, Lds CCW, Lys CW pass 4 people beginning with R shoulders & alternating	4
	Repeat Part A; B	5;5
D:	Palm L with partner & switch in a double (completing circle)	1
	Figure 8: circle around counter in 2 doubles, passing R shoulders	2
	Circle around partner in 2 doubles, passing L shoulders	2
	Circle around counter in 2 doubles, passing R shoulders	2
	Repeat Part A; B; D	5;5;7
	Repeat Part A,;B; C; A	5;5;4;5
	Close:In & out a double, honors	1;1

Saltarello Steps:

Single - Step on one foot, hop & land on that same foot.

Double - Take 3 steps, hop & land on the third foot.

Inside - Start the step with the foot nearest to your partner.

Outside - Start the step with the foot furthest from your partner.

Index

(Dance)	(Reconstructor/Choreographer)	(Page)
Adson's Saraband	Saltatoris Guild/	25
All in a Garden Green		25
Allegrezza d'Amore	/Caroso	15
Altezza d'Amore	Etienne de Clermont/Caroso	15
Amoroso		9
Anello	Sion Andreas o Wynndd/Domenico	9
Angus Reel		46
Aridan Bransle		4
Argeers		25
Ballo del Fiore	Justin du Coeur and/or Brainard/Caroso	16
Bard Dance	/Aine ingen in baird	49
Bare Necessities	/Pat Shaw	49
Bayonne		6
Belfiore		9
Bella Gioiosa	Etienne de Clermont/Caroso	16
Belle Qui Pavanne	/Ingrid Brainard	1
Beggar Boy		25
Bizzaria d'Amore	/Negri	17
Black Alman		3
Black Nag		26
Boate Man	Saltatoris Guild/	26
Bonny Bonny Broom	Saltatoris Guild/	26
Brando di Cales	Sion Andreas o Wynedd/Negri	17
Bransle Aridan		4
Bransle Cassandra		5
Bransle Charlotte		5
Bransle Michelaine		5
Bransle Pinagay		6
Burley Mariners	/Dafydd Arth	26
Carolingian Pavanne	/Ingrid Brainard	1
Cassandra		5
Casuelle Nouvelle		7
Catena d'Amore	Sion Andreas o Wynedd/Negri	18
Charlotte		5
Chestnut		27
Chocolate Alman		3
Colonnese	Rosina del Bosco Chiaro/Guglielmo	10
Contentezza d'Amore		19
Conto Dell'Orco	Katrina Hunt/Caroso	19
Contrapasso in Due	Mara Kolarova/Caroso	19
Coronita Gentile		8
Corwyn's Folly	/Amber & Corwyn ap Varrich	47
Country Waltz		47
Cuckolds All A Row		27
Cumberland Reel		46

Index

(Dance)	(Reconstructor/Choreographer)	(Page)
Danse des Cleves		7
Danse Northshield	/Nawson ben Mas'ud	7
Dargason		27
Dashing White Sergeant		47
Dolce Amorofo Fiamma	Uraaca Yriarte de Gamboa	20
Dolchezza d'Amore		20
Donna Leggiadra	Diana Cruickshank/Caroso	20
Dougal's Wheel	/Dougal MacFinley	27
Drive the Cold Winter Away		28
Duchess Rondallyn's Pavanne		1
Dull Sir John	Saltatoris Guild/	28
Earl of Essex Alman		3
Earl of Salisbury Pavanne	/Mabel Dolmetch	1
Entree Courante		1
Epping Forest	Saltatoris Guild/	28
Equos Fair	/Gwommy Anpurpaidh	47
Faine I Would if I Could		28
Familien Waltzer	Johann von Metten	44
Fedelta	Dafydd Arth/Caroso	21
Fedelta d' Amore	Sion Andreas o Wynedd/Negri	21
Female Sailor		42
Fickle Ladies	/Rosalys Ashmund	49
Fine Companion		29
Furioso	Sion Andreas o Wynedd/Caroso	22
Gay Gordon		48
Gathering Peascods		29
Gelosia		10
Gioioso in Tre	Rosina del Bosco Chiaro/Guglielmo	10
Glory of the West		29
Goddesses		30
Gracca Amorofo	Urraca Yriarte de Gamboa /Caroso	22
Graziosa	Rosina del Bosco Chiaro/ Guglielmo	10
Griffoné d' Oro	/Alina of Foxwood	22
Grimstock		30
Half Hannigan		30
Haymaker's Jig		46
Heart's Ease		30
Heralds in Love	/Iulstun Sigewealding	31
Hide Park		31
Hole in the Wall		42
Horses' Bransle		5
If All the World were Paper		31
Il Conto Dell'Orco	Katrina Hunt/Caroso	19
Irish Gypsy	/Dafydd Arth	32
Jack's Maggot		42

Index

(Dance)	(Reconstructor/Choreographer)	(Page)
Jenny Pluck Pears		32
John Tallow's Canon	/Sion Andreas o Wynedd	50
Jogging over the Mountains	/Rochl bas Gershom Stemenkiker	11
Juice of Barley	/Cecil Sharp	42
Karapyet		44
Kelsteme Gardens		32
King's Courtship	/Aine ingen in baird	50
Kohanoshka		45
Korobushka		45
Lady Cullen		43
Lamb Skinnet	/Thompson	48
Ländler		44
Lauro	Brainard/Lorenzo de Medici	8
Lazy Robin		50
Leoncello Vecchio	Based on Brainard/Domencio	11
Lorayne Alman		4
Lord of Carnavan's Jegg		32
Lord Sun & Lady Moon	/Dafydd Arth	33
Loup Courant Pavanne	/Michaela de La Chesnaye des Bois	2
Ma Navu		50
Mad Robin		42
Madam Sosilia's Alman		4
Maid Peeped Out the Window		33
Mairi's Wedding		48
Maltese Bransle		5
Mannschaft Pavanne		2
Marchesana	Rosina del Bosco Chiaro/Domenico	11
Mercantia	Rosina del Bosco Chiaro/Domenico	11
Michaela's Mayhem	/Michaela de La Chesnaye des Bois	51
Michelaine Bransle		5
Minute Pavanne	/Michaela de La Chesnaye des Bois	2
Mirror Hall	/Michaela de La Chesnaye des Bois	33
Miserlou		51
Monymusk	/Preston	48
Montard Bransle		5
Moonshine		45
Mordred's Lullaby	/Rosinal del Bosco Chiaro	8
Mr. Isaac's Maggot		43
My Lady Cullen		43
New Alman		4
Newcastle		34
Night Peece		34
Nika Nika	/Sion Andreas O'Wynedd	51
Nonesuch		34
Novelle Amor	/Caitlin de Courcy	51

Index

(Dance)	(Reconstructor/Choreographer)	(Page)
Official Bransle		6
Old Mole		34
On the Banks of the Helicon	/Daffyd Arth	35
Oranges & Lemons		35
Parson's Farewell		35
Pavanne D'Amour	/Aine ingen in baird	3
Pease Bransle		6
Pennywren Road		36
Petit Vriens	Rosina del Bosco Chiaro/	12
Picking of Sticks		36
Pinagay Bransle		6
Pizocara	Rosina del Bosco Chiaro/Domenico	12
Pletyoka		45
Posten's Jig		48
Prendente in Gyro	/Ihon Vinson maFergus	52
Prexonera	Delbert von Straßburg/Domenico	12
Prince William's Hey		36
Puzzle Box	/Dafydd Arth	37
Quadran Pavanne		4
Queen's Alman		4
Quen Quer Que	/Sion Andreas o Wynedd	51
The Return of Spring	/Ellisif Flakkari	38
Rheinlander	Johann von Metten	44
Riunione	/Rosina del Bosco Chiaro	9
Road to Lisdoonvama	/Brodeur	38
Road to the Isles		49
Rosina	Rosina del Bosco Chiaro/Guglielmo	12
Rosina	/Sion Andreas o Wynedd	38
Rosti Boli Gioioso	Rosina del Bosco Chiaro/Domenico	13
Ruffy Tufty		38
St. Joan	/Sion Andreas o Wynedd	39
Saltarello la Regina	/Geffrei Louam de Kaermeriadec	52
Saltarello II	/Ihon Vinson macFergus	52
Scotch Cap		39
Scottish Bransle		6
Sellinger's Round		39
Sionnan's Shamrock	/Dafydd Arth	32
Six Hand Reel		46
Spagnoletta Regolata	/Negri	23
Spagnoletto	Delbert von Straßberg/Negri	23
Steps for 15 th & 16 th C Italian Dance		14
Steps for Pavannes		3
Tesara	Rosina del Bosco Chiaro/Domenico	13
Tracks of the Wolf	/Michaela de La Chesnaye des Bois	40
Trenchmore		40

Index

<u>(Dance)</u>	<u>(Reconstructor/Choreographer)</u>	<u>(Page)</u>
Troika		45
Two Fat Ladies	/Sion Andreas o Wynedd	40
Upon A Summer's Day		41
Villanella	Urraca Yriarte de Gamboa (alt Daffyd Arth)	24
Villanicco	Urraca Yriarte de Gamboa	24
Vita di Cholino		13
Wandering Eye	/Daffyd Arth	41
War Branse		6
Washer Woman's Bransle		6
Well Hall		43
Whirligig		41