

Good Gentles,

This latest incarnation of our dance manual includes the following additional dances: Belreguardo, Bliv Du Till Gran, Bransle Simple, Bransle d'Escosse, Bransle de Poitou, Buffens, Chiara Stella, Easter Thursday, Eglamour, Famma d'Amore, Garkino Horo, Ges de Disnar, Il Grafoso, Hanter Dro, Jack Pudding, Jamaica, Kettle Drum, Lull Me Beyond Thee, Narodno Horo, Nobilis Humilis, Pravo Horo, Prenes a Gard, Raea, Ringdans, Sousta, Talbot, Trioy de Bretagne, Trip to Kilburn, and Zetsko Kolo. We also now have enough of the Gresley dances included that we put them in their own category. Many thanks to all the reconstructors, choreographers, and contributors.

A time signature is listed for each dance near the title of the dance as follows = In 4 =. The right margin of the dance description lists the number of measures per step or group of steps. For example, in a dance that is = In 4 =, a 2 at the right margin means that it takes 8 counts to do the step. The editors do not guarantee the accuracy of these signatures – if you notice errors, please send corrections to one of the e-mail addresses listed below.

In the index, we distinguish the reconstructor of a dance from the choreographer of a dance by placing a "r" in front of the choreographer. In the main text, we list the date and/or source and not necessarily the choreographer.

An online version of the Terpsichore dance manual is available online at our website: [www.cynnabar.org/downloads](http://www.cynnabar.org/downloads).

The correction of errors in the dance instructions is an ongoing endeavor. Once again, our heartfelt thanks to Mistress Rosina del Bosco Chiaro for her editorial review. Thanks also to Etienne de Clermont for taking on the tedious task of automating the index. Still more thanks to Lwellyn for formatting the booklet and Midair MacCormaic for copying the booklet. Thanks also to all who have submitted comments and corrections - your feedback is much appreciated.

If any errors or variations are noticed in this edition of the book please contact Alina of Foxwood via e-mail at [elainec@icle.law.umich.edu](mailto:elainec@icle.law.umich.edu) or Midair MacCormaic at [charles@umich.edu](mailto:charles@umich.edu) & we will try to correct them in future versions.

Many Thanks,  
The Barony of Cynnabar

Standard Abbreviations

Clockwise	CW
Counter Clockwise	CCW
Left	L
Right	R
Couple	C
Lady	Ly
Lord	Ld

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Pavannes

<b>Le Loup Courant Pavanne</b>		<b>(SCA Choreography)</b>
<b>(Couples in a line)</b>		<b>= In 4 =</b>
V1	Rev; L pavanne set	22
	Lds P set away from partner; Lys P set to partner, all face down	22
	P set fwd & out 45°; P set fwd & in 45° & face partner	22
	P set back from partner; P set together & face fwd	22
	Lys P set fwd; Lds P set fwd	22
V2	2 P sets fwd & face; Lys P set away; Lds P set to partner, all face down	42,2
	P set fwd & out 45°; P set fwd & in 45° & face partner	22
	P set back from partner; P set together & face fwd	22
	Lds P set fwd; Lys P set fwd	22
V3	2 P sets fwd & face; Lds P set away; Lys P set to partner, all face down	42,2
	P set fwd & out 45°; P set fwd & in 45° & face partner	22
	P set back from partner; P set together & face fwd	22
	Lys P set fwd; Lds P set fwd in front of Ly & take hand; Rev	22,2
<b>Mannschaft Pavanne</b>		<b>(SCA Choreography)</b>
<b>(4 couples in an improper line)</b>		<b>= In 4 =</b>
	Reverance; (twd head of hall) L pavanne set	22
	(w/ ptrnr) Palm L&R; Palm L & switch; Palm R& L; Palm R & switch	1;1;1;1
	(twd back of hall) L pavanne set; R pavanne set	22
	(w/ 2 couples) Lys palm L ; Lds palm R; Lys palm L & switch	½;½;1
	Lds palm R; Lys palm L; Lds palm R & switch	½;½;1
	(twd head of hall) L pavanne set; R pavanne set	22
	(w/ 4 couples) Lys palm L ; Lds palm R; Lys palm L & move fwd 1 place	½;½;1
	Lds palm R; Lys palm L; Lds palm R & move fwd 1 place	½;½;1
	twd back of hall) L pavanne set; R pavanne set	22
	(with 2 couples) Lys palm L ; Lds palm R;	½;½
	Lys palm L & switch places	1
	Lds palm R; Lys palm L;	½;½
	Lds palm R & sw itch places	1
	(towards head of the hall) L pavanne set; R pavanne set	22
	(with ptrnr) Palm L&R; Palm L & switch places	1;1
	Palm R& L; Palm R & switch places	1;1
	Reverance	
<b>Minute Pavanne</b>		<b>(SCA Choreography)</b>
<b>(Line of Couples)</b>		<b>= In 4 =</b>
	(facing ptrnr) Step L& close; R & close; Switch CW in Double L (2x)	½;½;1 (2x)
	Lds Rev; Lys Rev; (facing fwd) Double fwd & back	1;1;2
	Lds Double fwd; Lys Double fwd; (face) Lds turn single; Lys turn single	1;1;1;1
	Step L&close; R & close; Rev	½;½;1

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**Almans (Dancing in the Inns of Court)**

<b>Lorayne Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>= in 4 =</b>
4 doubles forward; beginning with L	4
[2x] - Double L forward; Double R back;	1;1
Double L forward; Double R circling away	1;1 (2x)
<b>Madam Sosilia's Alman</b>	<b>(1650 - 1700)</b>
<b>(Couples in a line)</b>	<b>= in 4 =</b>
(2x) - L single; R single; L double; R single back	½;½;1;½
(2x) - [face partner] Step L; step R; reverence L	½;½;1
[switching places] Single L; single R; double L turning to face	½;½;1
Reverance R; single R; single L; embrace	½;½;½;½
<b>New Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>= in 4 =</b>
4 doubles forward; beginning with L [end facing partner]	4
Step L; Step R; Circle LRL; Step R; Step L; Circle RLR; reverence	½;½;1;½;½;1;1
Lds step L; Lys step L; All L double forward switching places	½;½;1
Lys step R; Lds step R; All R double forward switching places	½;½;1
<b>Quadran Pavanne</b>	<b>(1570 - 1700)</b>
<b>(Couples in a line)</b>	<b>= in 4 =</b>
Sideways 1 single L; Sideways 1 single R; Double L forward	½;½;1
Sideways 1 single R; Sideways 1 single L; Double R backward	½;½;1
Possible Variation first repeat face forward, second repeat face partner	
<b>Queen's Alman</b>	<b>(1650 - 1700)</b>
<b>(Couples in a line)</b>	<b>= in 4 =</b>
Double L forward; Double R backward (end facing partner)	1;1
Step L, Step R, Circle LRL (end facing forward)	2
Double R forward; Double L backward (end facing partner)	1;1
Step R, Step L, Circle RLR (end facing forward)	2
4 doubles forward [beginning with L]	4
<b>Steps</b>	
Alman Single - step & pause, with non-leading foot raised.	
Alman Double - 3 steps & pause, with non-leading foot raised.	
<b>Bransles (Arbeau)</b>	
<b>Aridan</b>	<b>(1589)</b>
<b>(Circle)</b>	<b>= in 4 =</b>
[2x] Double L; Kick LRL	1;1
[2x] Double L; Singles R, L, R; Double L; Kick LR; Double R;	1;1;1;1;1
(DOUBLETIME) Double L, kick across, Single R, kick, pause	1

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<b>Bransles (Arbeau)</b>	
<b>Montard</b>	<b>(1589)</b>
<b>(Line of 4 people side by side)</b>	<b>= in 4 =</b>
8 singles L (Lmost person weaves through after first time)	4
1st person turns in 4 kicks; 2nd , does same followed by 3 <sup>rd</sup> & 4th	1;1;1;1
Note Number of people per line (repeats of kick music) can vary depending on music	
<b>Official</b>	<b>(1589)</b>
<b>(Circle of couples)</b>	<b>= in 4 =</b>
[2x] - Double L; Double R	1;1 [2x]
8 singles L, on 7 & 8, Ly leaps to other side of Ld (repeat if music repeats)	4
<b>Pease</b>	<b>(1589)</b>
<b>(Circle of couples)</b>	<b>= in 4 =</b>
[2x] Double L; Double R (2x)	1;1[2x]
Lds hop, Lys hop; Lds hop (3x); Lys hop, Lds hop; Lys hop (3x)	1;1;1;1
<b>Pinagay</b>	<b>(1589)</b>
<b>(Circle)</b>	<b>= in 4 =</b>
Double L; Kick L; Double L; Kick LRL	1;¼;1;¾
Double L; Double R	1;1
<b>Poitou</b>	<b>(1589)</b>
<b>(Circle)</b>	<b>= in 4 =</b>
4 slow kicks, 4 fast kicks, beginning w/ L foot	2;1
Repeat until end of music. Note: always moves L	
<b>Scottish</b>	<b>(1589)</b>
<b>(Circle)</b>	<b>= in 4 =</b>
[2x] - Double L& R; Single L&R	2;1 [2x]
Double L; Single R& L; Double R&L; Single R; Kick L&R; Capriole	1;1;2;½;1;½
<b>Simple</b>	<b>(1589)</b>
<b>(Circle)</b>	<b>= in 4 =</b>
Double L; Single R. Repeat until end of music	1;½
<b>Triory de Bretagne</b>	<b>(1589)</b>
<b>(Circle)</b>	<b>= in 4 =</b>
Double L, end by springing L landing on both feet; 3 kicks	1;1
Repeat until end of music	
<b>War</b>	<b>(1589)</b>
<b>(Circle)</b>	<b>= in 4 =</b>
[4x] - Double L; Double R	1;1 [4x]
(fast) D; Dr; Sl, Sr; D; Sr, Sl; Dr; Sl, Kick LRL, Capriole	1;1;1;1;1;1;½;1;½

**Other Dances**

<b>Nobilis Humilis (SCA)</b> (circle)	<b>choreography)</b> <b>= ln 4 =</b>
Body: Double L; Single R (8x)	1;½ (8x)
Refrain: Singles L&R; Double L; Singles R&L; Double R	1;1;1;1
Do entire dance 6 times. Refrain is either circling partner or going in/out of circle	
<b>Novelle Amor</b> (circle)	<b>(SCA choreography)</b> <b>= ln 4 =</b>
P1 Double L (facing L) & R (2x)	2
Double L to center, Double R out; Single LR; turn single L	2;1;1
P2 Same, but replace 1 <sup>st</sup> Double R w/2 steps & 3 stamps R	6
P3 Same, but replace 1 <sup>st</sup> Double R w/2 steps & 3 jumps R	6
P4 Same, but replace 1 <sup>st</sup> Double R w/2 steps & 3 kicks LRL	6
P5 Same, but replace 1 <sup>st</sup> Double R w/2 steps & 3 claps (close feet)	6
<b>Pravo Horo</b> (Circle, arm hold R over L, close order)	<b>(Traditional, Bulgaria)</b> <b>= ln 4 =</b>
Double L; Single R; Repeat until end of music	1;½
<b>Quen Quer Que na Virgen Fia</b> (circle)	<b>(SCA choreography)</b> <b>= ln 4 =</b>
V Double L&R; Single L&R; Double L; Single R	2;1;1;½
Same, but spin on 1 <sup>st</sup> Double L; Same but spin on 2 <sup>nd</sup> Double L	4½;4½
Same but spin on both Doubles L	4½
Ch Same pattern of steps, but Spiral in & out (moving L) on Double L&R (2x)4½(2x)	
Repeat many times (music begins w/Ch; Ch repeats 2x at end of dance)	
<b>Raè a</b> (Circle)	<b>(Traditional, Serbia)</b> <b>= ln 4 =</b>
Double R&L; Single R&L; Double R; Repeat starting L; repeat (alternating)	2;1;1
<b>Sousta</b> (Circle, basketweave hold)	<b>(Traditional, Greek Islands)</b>
Double R, diagonal backwards (1-2-3 close); Single L (leap forward 1-2-3)	
<b>Zetsko Kolo</b> (Circle, hands on shoulders)	<b>(Traditional, Montenegro)</b> <b>= ln 4 =</b>
Double L; Single R; Repeat until end of music. Note – end steps w/ foot raises	1;½

**Other Dances**

<b>Gankino Horo</b> (Circle)	<b>(Traditional, Bulgaria)</b>
Double double R, Double L. (double in 5 counts)	
Note – double double grapevine – step, behind, step, front, step, behind, step close	
<b>Ges de Disnar</b> (Circle)	<b>(SCA choreography)</b>
Travel: 4 Singles L, Single R (x4)	
Arch (top 2 dancers over others): 4 Singles L, Single R (x4)	
<b>Hanter Dro</b> (Circle)	<b>(Traditional, Brittany)</b> <b>= ln 4 =</b>
Double L fwd diagonally; Double R straight back. Repeat until music ends	
<b>John Tallow's Canon</b> (2 couples in square, partner opposite)	<b>(Adaptation of Shaw 20<sup>th</sup> C)</b> <b>= ln 4 =</b>
First couple starts dance; second couple repeats all steps 4 counts later	
Forward & back a double	2
Forward & curve around switching places (? pattern)	2
Repeat doubles & ? pattern	4
Take R hands & circle CW back to place; Step L&R, & turn single	2;2
Take L hands & circle CCW back to place; Step L&R, & turn single	2;2
<b>King's Courtship</b> (4 couples in a Line)	<b>(SCA Choreography)</b> <b>= ln 4 =</b>
Ch Arm R&L (hands down)	2
V1 C1 & C2 pivot L to form line facing L side of hall as C3 & C4 pivot R	1
Each line hay (start facing ptrn & pass R shoulder); Repeat Chorus	3;2
V2 C1 & C3 pivot back to face down hall as C2 & C4 pivot back to face up	1
Lds R hands & turn 1 1/2 times; Hands around halfway for 4	1;1
Lys R hands & turn 1 1/2 times; repeat chorus	1;2
V3 C2 & C3 form arch; others through arch, split & to place	1
C1 & C4 form arch; others through arch, go R & come out into circle for 8	1
Grapevine L&R; Lys L hand star; Lys turn Lds into I hand star; chorus	2;2;2
V4 C1 cross, go around couples on their sides & back to place;	1
C2 same; C3 same; C 4 same; chorus	1;1;1;2
V5 C1 & C2 form line facing down hall as C3 & C4 form line facing up	1
Top line pivot back around Ld2 as bottom line pivot back around Ld3	1
Lds 1&2 pivot as Lys 3&4 pivot (into original start position)	1
Arm R&L (hands down); Reverance	2;1
<b>Lazy Robin</b> (Circle)	<b>= ln 4 =</b>
6 steps L & Twist hips L&R; Turn single; Stamp in time to music (LRLR,LR,L)	
Kick L (toward R) & R (toward L) (x2); Stamp in time to music (RLRL,RL,R)	2;1;1 (2x);1

**Basse Dances – Burgundian/French**

<b>Danse Northshield</b> (Couples)	<b>(SCA Choreography)</b> <b>= ln 3 =</b>
Rev; Bransle L	1;1
Singles L&R; 6 Doubles; Singles L&R (S to C, minor mullets, C to W)	1;6;1
8 Doubles (Great Circle, moving towards North, North, West)	8
Singles L&R; Doubles L&R; Singles L&R (West to center; center to East)	1;2;1
8 Doubles (Great Circle, moving towards North, North, West)	8
Singles L&R; Doubles L&R; Singles L&R (East to center; center to North)	1;2;1
8 Doubles (Great Circle, moving towards North, North, West)	8
Double L; Desmarches RLR; Bransle L (conclusion of Compass Rose)	1;3;1
Singles L&R; Doubles L&R; Singles L&R; Double L; Singles R&L;	
Desmarche R; Bransle L; Reverance (Fleur de Lis)	1;2;1;1;1;1;1

**Steps for Burgundian/French Basse Dances**

Bransle - shift weight slowly to side & back to center  
 Desmarche - sweep foot behind, rock back, forward, & back  
 Double - three steps, the first down (knee bent), the second up (on toe), the third flat  
 Reprise - sweep foot behind, rock back, forward, & back  
 Reverance - L foot forward, sweep back, shift weight back w/knee bent, straighten  
 Single - step lightly & carry through (do not close)

**Basse Dances - Italian**

<b>Coronita Gentile</b> (Couples facing from across room)	<b>(Adapted from Guglielmo (Ambrosio))</b> <b>= ln 6 =</b>
V1 Continenze L&R; Sempii L&R; Doppii L&R; RevL	1;1;2;1
PtL,PtR (backwards); MV into RipL; RipR,	1;1;1
Continenze L&R; Singles L&R; Doppii L&R	1;1;2
MV into Chorus (Ripresa L; VT (2 Sempii R&L), Ripresa R)	1;2
V2 Continenze L&R; Sempii L&R; Doppii L&R	1;1;2
Continenze L&R; RevL (touching R hands) Pt L&R (backwards)	1;1;1
Sempii L&R, Doppii L&R (passing); MV into Chorus	1;2;3
V3 Con L&R; 6 Salt (home); RevL; PtL&R (back); MV into Ch	1;6;1;1;3
V4 Continenze L&R; Doppii L&R; Lds Sempii L&R; Doppii L&R	1;2;1;2
R-hands Sempii L&R; Doppio L; L-hands Sempii R&L; Doppio R	2;2
(smaller so change sides, facing partner); Chorus	3
V5 Continenze L&R; Lds Sempii L&R; Doppii L&R	1;1;2
(back to ptrnr); Ch; Sempii L&R; Doppii L&R; MV into Ch	3;1;2;3

<b>Lauro</b> (Couples in a line)	<b>(Late 15<sup>th</sup> C Italian manuscripts)</b> <b>= ln 3 =</b>
Singles L&R; Doubles L&R; Reverance L	1;2;1
Reprises L&R; Singles L&R; Double L; Reprise R; Continenze L&R	2;1;1;1;1
[R hands], Singles L&R; Double L; [L hands] Singles R&L; Double R	1;1;1;1
Reprises L&R; Singles L&R; Doubles LR L; Volta Tonda; Reverance L	2;1;3;2;1

**Italian Balli (15<sup>th</sup> Century)**

<b>Anello</b> (2 couples facing)	<b>(Domenico 1450)</b> <b>= ln 4 =</b>
Intro All join hands & circle L with 8 salterelli	
P1 Movi [Lds then Lys]; Lds switch in 2 salt; Movi (Lys then Lds); Lys switch	1;2;1;2
P2 Movi [Lds 1st]; Lds turn single; Movi [Lys 1st]; Lys turn single	1;1;1;1
P3 Lds cast behind ptr & switch in 4 piva; Lys same	2;2
P4 Movimenti [Lds then Lys] 2x; Lds reprise; All reverenza	2;1;1
Repeat with Lys leading	

<b>Belfiore</b> (Set of 3 people)	<b>(Domenico)</b> <b>= ln 4 =</b>
12 slow piva; L dancer double; Middle same; R same	
L dancer movimento; Middle same; R same	= ln 2 = 1;1;1
L dancer Voltatunda (in a double); Middle same; R same	= ln 4 = 1;1;1
L dancer 3 piva behind to R place; Middle same; R same	= ln 6 = 3;3;3
L & R dancers trade w/ a double (L in front, R behind, orig L dancer face down)	2
Middle 4 piva around orig R dancer to turn orig L dancer	4
Repeat dance 2x to arrive in beginning positions	

<b>Belguardo</b> (Couples)	<b>(Domenico)</b> <b>= ln 6 =</b>
11 Saltarelli; Doubles LRLR; Contrapassi LLL; Singles R&L	
Contrapassi RRR; Rip L&R	2;2
Saltarelli L&R; Rip L&R; Repeat	2;2;4
Singles L&R; Double L, Rev R; Rip R; Con L&R; Rev	1;1;1;1;1

<b>Colonnese</b> (Line of 3 couples)	<b>(Guglielmo (Ambrosio) 1463)</b> <b>= ln 6 =</b>
16 Salterelli	
C1 still, as C2 R hands - Sing L&R, Double L; L hands - Sing R&L, Double R; RevL,	
as C3 weave to top with Sing L&R, 4 Doubles, Ld ends on R; repeat 2x	5;10
Ld around partner CCW w/ 3 Piva LRL; Ly same CW w/ 3 Piva RLR (= ln 2 =)	3;3
Movimenti (Ld, then Ly), Double R back, Double L fwd & face front (= ln 4 =)	3
Repeat dance, roles reversed	

<b>Gelosia</b> (Line of 3 couples)	<b>(Domenico 1450)</b> <b>= ln 4 =</b>
8 Saltarelli	
Ld1 3 piva pass in front of Ly1, end at R of Ly2; Rev; Ld2 Saltarello R to Ly1	1½;½;1
Ld1 3 piva in front of Ly2, ending at R of Ly3; Rev; L3 Saltarello R to Ly2	1½;½;1
Ld1 Saltarello R behind Ly3, end to her L; All 8 Pive, holding hands with new ptrnr	1;4
C1 double away in circle, end facing; C2 the same; C3 the same	1;1;1
Take R hands with partner, exchange places in Single L, R, L	1½
Take L hands, exchange back in Single RLR, Lds end w/ Mezzavolta R	1½
Repeat dance 2 times, until each Ld returns to original place	

**Scottish Dances**

**Lamb Skinet** (Thompson 1751) = In 4 =  
**(4 couples in a line)**  
 C1 set & cast down below C2 (C2 move up); 1/2 figure 8 around C2 2:2  
 C1 set & cast down below C3 (C3 move up); 1/2 figure 8 around C3 2:2  
 C1 move up the middle to the top of the set (C2 & C3 move down) 2  
 C1 set & cast down below C2 (C2 move up); C1 & C2 grand R&L 2:2

**Mairi's Wedding** (Oral Tradition) = In 4 =  
**(4 couples in a line)**  
 C1 full turn with R hands & cast down (C2 move up); C1 full turn with L hands 2:2  
 C1 half reel of 4 with first corners (Ld2 & Ly3) (corners change places) 2  
 C1 half reel of 4 with second corners (Ld3 & Ly2) (corners change places) 2  
 C1 half reel of 4 with first corners (Ld2 & Ly3) (corners back to original place) 2  
 C1 half reel of 4 with second corners (Ld3 & Ly2) (corners back to original place) 2  
 Reel of 3 - Ly 1 with C 2 (up the set), Ld 1 with C 3 (down the set) 4  
 First three couples join hands - Circle L (8 counts); Circle R (8 counts) 2:2  
 C1 repeats above with third & fourth couples 20

**Monymusk** (Preston 1786) = In 4 =  
**(4 couples in a line)**  
 C1 full turn w/ R hands & cast down (C2 move up) 2  
 C1 1 1/4 turn w/ L hands to end in 2 lines across the set (Ld1 betw C3; Ly1 betw C2) 2  
 All Set 2x & end in 2 lines along set (Ld1 betw Lys 2&3, Ly1 betw Lds 2&3) 2  
 All Set 2x; Join hands & circle L&R; Reel for 3 (C1 begin by giving R shoulder to person on R) C1 cross over to own side as reel ends, 1 place down from orig 1;4:2

**Posten's Jig** = In 4 =  
**(4 couples in a line, outside couples are active)**  
 Intro Set out; Set in (Or point out, front, out, back), inside couples move out 1/2;1/2  
 Lys cross in front of Ld through inactive couple to improper side 3  
 P1 Cross (Lds hold hands high, Lys hold hands low) 1  
 Post (Turn around inactive person at corner) 1  
 Cross (Couple going to head of hall hold hands high, other couple low) 1  
 Post (Turn around inactive person at corner); Repeat Part 1 1;4  
 P2 R hand to partner & cross; L hand to other active (Ld to Ld, Ly to Ly) & cross 1;1  
 R hand to partner & turn 2

**Road to the Isles** (SCA Choreography) = In 4 =  
**(Couples)**  
 Point L foot, Step behind L, to the side R, cross forward L, Point R foot 2  
 Step behind R, to the side L, cross forward R, Point L foot, Step back L 2  
 Step LRL hop; Step RLR hop & turn; Step LRL hop & turn; Back RLR hop 1;1;1  
 Step LRL hop & turn; Back RLR hop; Step LRL hop & turn; Back RLR hop 1;1;1  
 Ld walks forward with Ly turning under R arm 4  
 Come together, apart, & move back into original position 2

**Irish Dances**

**Haymaker's Jig** = In 4 =  
**(Couples in a line, facing)**  
 Advance & retire (2x), holding hands in gender lines; In place, 2 jig steps 4(2x); 8  
 Advance & retire, holding hands in gender lines 4  
 Ld 1 & Ly 3 meet, turn w/ R hands & return to place; Ly 1 & Ld 3 same 4;4  
 Ld 1 & Ly 3 meet, turn w/ L hands & return to place; Ly 1 & Ld 3 same 4;4  
 Ld 1 & Ly 3 meet, caeli hold & spin, return to place; Ly 1 & Ld 3 same 4;4  
 C1 turn w/ R hands 1/2 2  
 Ld1&Ly2 L hnd turn as Ly1& Ld 2 same; C1 R hnd turn; repeat to end 2:2:2(Nx)  
 C1 caeli hold & spin to front of line; C1 casts to back of line w/ rest of line following 2:2  
 C1 form arch & other couples pass through to place 2  
 Repeat as many times as will

**Six Hand Reel** = In 4 =  
**(Sets of 1 Ld, 2 Lys facing another set around a circle, Ld in center)**  
 Advance & retire 2x, & join hands in circle; 7's R&L & fall back to place 4(2x);4  
 Advance & retire 2x, & join hands in circle; 7's L&R & fall back to place 4(2x);4  
 Ld turn to Ly on R, 7's inside & back as other Ly 7's to vacated spot & back 4  
 Ld turn to Ly on L, 7's inside & back as other Ly 7's to vacated spot & back 4  
 Lds meet in middle touching R hands; Dance a four-count star CW 1  
 Lds turn & touch L hands; Dance a four-count star CCW 1  
 Ld chains with Ly on L, Ly on R, Ly on L 2:2:2  
 Doing 7's, Lds move to the R forming a diamond  
 1Ld - between 1Ly & 3Ly, 2Ld's spot, between 4Ly & 2Ly, back to original spot  
 2Ld - between 4Ly & 2Ly, 1Ld's spot, between 1Ly & 3Ly, back to original spot  
 While Lys dance 7's to the R, ending at original spot 8  
 Each side takes hands & do arches  
 1Ly under 2Ly & 1Ld, 2Ly under 1Ld & 1Ly, 1Ly under 2Ly & 1Ld  
 4Ly under 3Ly & 2Ld, 3Ly under 2Ld & 4Ly, 4Ly under 3Ly & 2Ld 6  
 Still holding hands, advance & retire once; Advance & pass through 4;4

**Scottish Dances**

**Angus Reel** = In 4 =  
**(Couples facing CCW around a circle)**  
 Walk forward (8 counts); (facing partner) Back away a double 2;1  
 Stomp (3x); Clap (3x) 1/2;1/2  
 Back to back w/ partner; arm with person on R (new partner) 2:2

**Country Waltz** (1827) = In 3 =  
**(Couples facing other couples around a circle)**  
 A (facing corner) Fwd; back; fwd, pass through (Lys inside) 1;1:2  
 (facing partner) Fwd; back; fwd, pass through (Lys inside); repeat 1;1:2:8  
 B All In; All out, Ld turns Ly on L under his arm to the R (x4) 1;1:2  
 C Waltz around to new couple (move in direction couple was originally facing) 8

**Italian Balli (15<sup>th</sup> Century)**

**Marchesana** (Domenico 1450) = In 4 =  
**(Couples)**  
 8 saltarelli 8  
 Ld stamp LRL; then Double R; Ly stamp LR L; then Double R 1;1;1;1  
 Hold hands - Rip L&R (drop hands) = In 6 = 2  
 R hands - circle with Singles L&R; Double L drop hands; RipR; Same w/ L 1;1;1;3  
 Doubles L&R fwd, passing L shoulders & turn to face 2  
 Rip L&R; Continenza L&R; Ld Rev; Ly Rev 2;1;1;1  
 Movimenti (Ld then Ly); Both Double L fwd = In 4 = 1;1  
 Movimenti (Ly then Ld); Both Double R fwd (end w/ R shoulders together) 1;1  
 Double L turning (Ly VT & Ld MV) to face same way, Ly on L (next repeat, Ly leads) 1

**Mercantia** (Domenico 1450) = In 6 =  
**(Ly with 3 Lds A w/ Ly, B behind A, C behind Ly)**  
 11 Saltarelli ; B & C separate with 6 Mr ip (= In 4 =) 11;6  
 Ly MV in Double L; A Double LRL = In 6 = 4  
 B to Ly in Singles L&R, Double L, touch R hands; 2  
 B Singles R&L Double R & MV, as Ly Volta del Gioioso 2  
 C repeats what B did, Ly also repeating the Volta del Gioioso; A turns around 4; 1/2  
 B & C switch places with SaltL&R, end side by side 2  
 A Salt L&R, ending behind & to L of Ly; Ly turns as A RipR = In 4 = 2; 1/2  
 A & Ly Rev L; All Con R&L = In 6 = 1;1  
 A & C switch places in Singles R&L, Double R, as B & Ly Volta del Gioioso 2  
 A is now B, B is C & C is A. Repeat dance twice more

**Petit Vriens** (Ambrosio (Guglielmo) 1475) = In 6 =  
**(Set of 3 people)**  
 16 Piva; A 4 Piva; B 4 Piva to join A; C 4 Piva to join A&B 8;4;4  
 (musically in 6) = In 4 to dance =  
 A Double L; B Double L; C Double L 1;1;1  
 A Rev to B; B Rev to A; C Rev to B; B Rev to C; All Rev 1/2;1/2;1/2;1  
 DL backwards, fanning out; DR forward back to place 1;1  
 RipL; RipR; VT (DL going CCW) 1/2;1/2;1

**Pizocara** (Domenico 1450) = In 6 =  
**(Line of 4 couples)**  
 12 Pive; Lds circle partner with 4 Pive; Lys same 12;4;4  
 Lds RevR, All RipR, holding hands 2  
 Lds SL, SR, 11 Doppii, weaving through Lys & end to R of partner 12  
 Lys Rev L; All Rip L, holding hands 2  
 Lys, pause 1 bar, 9 Salt, starting L, weaving through Lds, end to R of partner 10  
 C1 separate with 2 MRip, then other Cs 4 Pive 2;4  
 C2 separate with 2 MRip, then Cs 3 & 4 do 4 Pive 2;4  
 C3 separate with 2 MRip, then C4 does 4 Piva 2;4  
 Repeat the dance, with C4 leading

**Tesara** (Domenico 1450) = In 6 =  
**(4 couples in a line plus 1 shuttle at each end)**  
 P1 8 Saltarelli, starting L 8  
 P2 Couples separate in Mezza Rip, shuttle A MV to face B 1  
 A&B 4 Piva to switch (pass R), MV; C's switch 4 Mezza Rip (Lds in front) 4;2  
 Movimenti (Ld1, then 2, 3, 4, then Ly 4, 3, 2, 1); Repeat P2 4;11  
 P3 B take C4's ribbons & lead to front in 4 doppi w/ close & side cut 12  
 A&B take R hands & switch in 2 piva; A to bottom in 3 piva, end in MV R 2;3  
 A lead C3 to front (as B led C4); A&B switch & B return to bottom as before 12;5  
 P4 B take C2to front (holding ribbons) w/ Saltarelli LRL 3  
 A&B R hands & switch in Saltarello R; A to bottom in Saltarelli L&R, MV R 1;2  
 A lead C1 to front (as B led C2); A&B switch & B return to bottom as before 3;3  
 P5 C1&C4 switch w/ ptrnr in Doppio & form ribbon arch; A&B Doppio under arch 1;1  
 C2&C3 switch w/ ptrnr in Doppio & form ribbon arch; A&B under arch & meet 1;1  
 Repeat w/ C2&C3; Repeat w/ C1&C4 2:2  
 P6 A&B switch under arches in 4 piva, passing R shoulders, MV R 4  
 Couples drop partner's ribbon; Lds MV to face down as Lys face up 1  
 P7 Hey A, B, Ld1 & Ly 4 weave CCW around 3 stationary people to new position  
 A&B always start to L of 1<sup>st</sup> stationary person (inside), Ld & Ly to R 4  
 Repeat w/ A, B, Ld2 & Ly3; A, B, Ld3, Ly2; A, B, Ld4, Ly1 12  
 P8 Movi (Ld1,2, 3, 4, Ly 4, 3, 2, 1); Lds VT CCW in doppio L; Lys same 4;1;1

**Steps for 15th Century Italian Dance**

- Continenza (Con) - Shift weight to side, with bit of rise. Half bar.
- Contrapasso - 4 steps, bending knee on first step
- Doppio (Double) - 3 steps.
- Passettino (PT) - a small step
- Passo - an unornamented step
- Piva - 3 steps, the 2nd cutting under first (ie place it under heel)
- Meza Ripresa (Mrip) - Step to side, cut (put other foot under first)
- Mezavolta (MV) - half turn. If not specified, it is a pivot in no time.
- Movimento (Mov) - Rise on both toes, directing attention at partner.
- Reverance (Rev) - Kneel on knee given.
- Ripresa (Rip) - Step to side, cut (put other foot under first), step to first side again.
- Saltarello (Salt) - 3 steps & hop. Put hop where pause is in doppio.
- Saltarello Tedesco (Ted) - 3 steps & Meza Ripresa.
- Sempio (Single) - step forward on foot given, on first beat. Half bar.
- Volta tonda (VT) full turn. Usually specified in brackets after or use VdG(below)
- Volta del Gioioso (VdG) - A small circle CCW, done with 2 sempii & a MV with a ripresa.
- Takes 2 bars in 6/4, as follows SR doing quarter turn CCW, SL doing quarter turn CCW, MV (half turn CCW in no time, pivot on L foot) & Ripresa R.

**Germanic/Austrian Dances**

<b>Ländler</b>	<b>(Austrian Folk Dance)</b>	
<b>(Couples)</b>	<b>= In 6 =</b>	
Turn out, in, out, & turn under joined arms; Repeat (2x)	2;2(2x)	
Ly turns under Ld's arm 3 times	2;2	
(w/ Ld facing fwd, taking hands)Ld moves fwd & Ly back, swinging arms out & in	4	
Ly turns under outside arm & waltz around	4	
Ly turns back to face & under other arm & waltz around	4	
Drop hands into country waltz hold & free waltz	4	
Ländler Polka (step, close, step, hop) (4x), change direction each time	1(4x)	
(join hands R to R, L to L, R on top) Ly goes behind to Ld's R side, lead around	4	
Ly moves to Ld's L side, lead around	4	
Turn into R little window & waltz around; Turn into L little window; & waltz around	8;8	
Turn into R big window & waltz around; Turn into L big window & waltz around	4;4	
Drop hands into country waltz hold & free waltz	4	
Ländler Polka (step, close, step, hop) (4x), change direction each time	1(4x)	

**Russian Dances****Karapyet**

<b>(Couples)</b>	<b>= In 4 =</b>
(in tango hold) With outside foot, point toe forward, slide back to outside of other foot, point toe forward again, slide back to inside of other foot	1
Step 1, 2, 3, & turn to face other direction (reversing tango hold)	1
Repeat, end facing forward, inside hands together	2
Step out, 2, 3; Step in, 2, 3; Step out, 2, 3; Turn under joined hands (2x)	½;½;1 (2x)
(Hold inside hands) Step fwd, 2, 3, kick (inside foot); turn & step back, 2, 3, kick	1;1
Step out 2, 3; Step in, 2, 3, as previously	½;½
Return to tango hold & full turn CCW	1
Note the actual steps for the middle section ((Holding inside hands. . . ) are as follows. Face partner & place back hand (R for men, L for Lys) on own waist, other arm in air. Hop 3x on back foot progressing twd head of hall (original direction of dance). On each hop, kick front foot out in direction of movement & close w/ the rear foot as you land.	

**Kohanoshka**

<b>(Couples)</b>	<b>= In 4 =</b>
Step out, 2, 3; Step in, 2, 3; Step out, 2, 3; Turn under joined hands (2x)	½;½;1 (2x)
[2x] - Step forward, 2, 3; back, 2, 3; fwd, 2, 3; fwd, 2, 3	½;½;½;½;1 (2x)
(fong ptrnr) Slap own hands (2x); Step back, 2, 3 (2x); Leap back, stomp (3x)	½;1;½
Slap hands (2x); Step fwd, 2, 3(2x); Leap fwd, stomp (3x) (adv past partner)	½;1;½
Slap own hands (2x); Step back, 2, 3; Step back, 2, 3;	
Leap back, stomp (3x)	½;½;½;½
Slap hands (2x); Step forward, 2, 3; Step forward, 2, 3	½;½
Ly swings at Ld & spins around as Ld ducks with a squat & Rises to catch her & start the dance over	½

**Italian Balli (16<sup>th</sup> Century & later)**

<b>Ballo del Fiore</b>	<b>(Caroso 1581)</b>
<b>(Lds with Flowers &amp; Lys along edge of floor)</b>	<b>= In 4 =</b>
Open Lds Riverenza; 2 doubles turning in place	2;2
V1 Lds 4 doubles to face a partner; 2 continenze, riverenza	4;4
V2 Face forward, 2 doubles; 2 Scorsi; (facing) 2 con, riverenza	2;2;4
V3 4 doubles in a J, passing partner & turn to face; 2 continenze, riverenza	4;4
V4 4 doubles - zigzag to partner; 2 continenze, riverenza & pass flower	4;4
Repeat verses 1-4 with the Ly seeking a new Ld	

**Bella Gioiosa**

<b>(3 people in circle)</b>	<b>(Caroso 1581)</b>
<b>= In 4 =</b>	
V1 Take hands & Riv; Trab LR LR & drop hands	1;1
Turn single L Spez L&R; Passi L&R; Cadenza	1;½;½
Face L in wheel Spez LRLR; Scambiate L&R	2;2
Ch Leader turn single L Spez L; Cadenza; Person 2 (to R of Leader) same;	
Person 3 same	½;½ (3x)
V2 Leader Passi L&R; Cadenza; Trab LRLR or Canario LRLRL	½;½;1
(Leader only) Rip L&L, Trab L&R; (turn L in) Spez L; Cadenza	½;½;½;½
Joust all L side in Spez L forward; Spez R back; Spez L&R to switch	½;½;1
L side in Spez L forward; Spez R back; Spez L&R to switch	½;½;1
Repeat Chorus	3
V3 Verse 2 with Person 2 (to R of Leader) as Leader	8
Repeat Chorus with Person 2 leading	3
V4 Verse 2 with Person 3 as Leader	8
Repeat Chorus with Person 3 leading	3
V5 Face Lin wheel Seg Semidoppio L&R; Rip L&L; Trab L&R	2;½;½
Turn single L Spez L; Cadenza	½;½
Face R in wheel Seg Semidoppio R&L; Rip R&R; Trab R&L	2;½;½
Turn single R Spez R; Cadenza	½;½
Repeat Chorus with original Leader (for rest of dance)	3
V6 Fioretti a pie pari L&R; Passi L&R (back)	½;½
Spez L&R (change places, leader pass between)	1
Fioretti a pie pari R&L; Passi R&L (back)	½;½
Spez R&L (change places, leader pass between)	1
Chain w/ 6 Seg Spez (leader between then L)	3
Passi L&R; Cadenza	½;½
Repeat Chorus	3
V7 4 Trab LRLR; 4 Seg Batt del Canario LRLRL	1;1
Rip L&L; Trab L&R; (turn L in) Spez L; Cadenza	½;½;½;½
4 Trab RLRL; 4 Seg Batt del Canario RLRL	1;1
Rip R&R; Trab R&L; (turn R in) Spez R; Cadenza	½;½;½;½
Repeat Chorus	

**Progression Dances**

<b>Rosina</b>	<b>(SCA Choreography)</b>
<b>(couples, inactives improper)</b>	<b>= In 4 =</b>
Hands around for 4 & turn halfway; back to back w/ ptrnr 1½ times (2x)	1;3 (2x)
(A) cast down & around 2 <sup>nd</sup> (l); cross up & through 2 <sup>nd</sup> (l) & around own (l) to place 2;2	
(A) half figure 8	2

**Well Hall**

<b>(couples in a line)</b>	<b>(Playford 1686)</b>
<b>= In 6 =</b>	
(A) Turn R hands 1 ½ times around; cast down to (l) place while (l) move up	2;1
(A Step L&R, in chevron pattern, switching places with partner	1
(l) Turn R hands 1 ½ times around; Cast down to (A) place while (A) move up	2;1
(l) Step L&R, in chevron pattern, switching places with partner	1
(A Ld & l Ly) Switch places; (l Ld & A Ly) Switch places	1;1
Take hands four & circle halfway around	1
All turn single tow ard hand that is holding partner	1
(l Ld & A Ly) Switch places; (A Ld & l Ly) Switch places	1
Take hands four & circle halfway around	1
(A) break off & cast down the set while (l) pass up the set between them	1
<b>Note</b> Active couples (A) progress down the set, Inactive couples (l), progress up the set. At end of set, couple sits out 1 repeat of the dance, then starts again as other type of couple	

**Dances from the Gresley Manuscript, circa 1500****Le Bens Distonys**

<b>(Couples)</b>	<b>= In 4 =</b>
Inside Single, Outside Single; Double	1;1
Ld Double fwd & turn to face as Ly Double back	1
Double into ea other's original place (facing fwd)	1
Ly Double fwd & turn to face as Ld Double back	1
Double to own original place (facing fwd)	1
(together) Single fwd, Single back; turn single	1;1

**Eglamour**

<b>(3 people, single file)</b>	<b>= In 6 =</b>
P1: Trace- 6 doubles	12
P2: One at a time, 3 singles forward	2;2;2
P3: One at a time, cast to back of line in 2 doubles	4;4;4
P4: One at a time, cast left forward	2;2;2
P5: 1st & 3rd switch in 2 doubles while middle turns in place	4
P6: 2nd cast around 1st to head of line.	2
Repeat twice more with new leader.	

**Italian Balli (16<sup>th</sup> Century & later)**

<b>La Castellana</b>	<b>(Caroso 1581)</b>
<b>(couples in a wheel)</b>	<b>= In 4 =</b>
V1 Rev; (in wheel) Spez LRLR; (turn over L sh) Spez LR	1;2;1
Ch Flank fwd & back w/ Putati L&R; Trab LRLR	1;1
Spez sideways L & honor; Spez R; & honor	1;1
Rip L&L, Trab L&R; (Turn over L sh) Spez L, Cad R	1;1
Rip R&R, Trab R&L; (Turn over R sh) Spez R, Cad L	1;1
V2 Spez L&R to switch w/ R hands; Spez L&R to curl L	1;1
Spez L&R to switch w/ L hands; Spez L&R to curl R	1;1
Repeat Chorus	8
V3 (in wheel) Passi L&R, Cad L; Rip R&R, Trab R&L	1;1
Passi R&L, Cad R; Rip L&L, Trab L&R	1;1
Repeat Chorus	8

**Catena d'Amore**

<b>(4 couples in a line)</b>	<b>(Negri 1602)</b>
<b>= In 4 =</b>	
V1 Opening Honours "in prospettiva" Rev; Rip L&R; Continenza L&R	2;2;2
V2 Lead up & down the set. 2 Seg Ord up the hall; 2 Seg Ord down the hall	2;2
Rip L&R; 2 Seg Ord down the hall, 2 Seg Ord up the hall, Rip L&R	2;2;2;2
V3 Haye all the way through the set. Pattern of steps 2 Seg Ord forwards; 2 Seg Ord backwards; Ripresa L&R. First time through, C1, instead of going backwards, converts to face the other couples. The next time, C1 ducks between C2 (who form an arch) as both go forward toward ea. other. Take smaller steps going backwards, to end up back to back. From then on, if approaching another couple, make the arch (duck if going down the hall, go over if going up the hall). If at the end of the set (top or bottom), convert as at the head of the set. Continue until all back in original position. C4 will be last to finish, converting after all others are back to place - other couples simply continue pattern of steps (up & down the hall) once back in position.	2;2;2(11x)
V4 Chicken in the Middle. Pattern of Steps 2 Seg Ord L; 2 Seg Ord R; Ripresa L&R. C1 take hands with Ld2 in the middle. C1 does pattern of steps. During Ripresa L, Release Ld2 into Ld1's position. During Ripresa R, Capture Ly2. C1 do pattern of steps, releasing Ly2 on Ripresa L, & capturing Ld3 on Ripresa R. C1 continues until reaches bottom of set. After C1 releases Ly3, C2 capture Ld3 (at same time C1 captures Ld4); same pattern of steps with Ld3, Ly3, Ld4, & Ly4. After C2 releases Ly4, C3 capture Ld4; same pattern of steps with Ld4 & Ly4. 2;2;2(10x)	
At the end of this verse, the set should be inverted.	
V5 Three person circle. Pattern of Steps 2 Seg Ord L; 2 Seg Ord R; Ripresa L&R. C1 & Ld2 take hands around L2, doing pattern of steps. On the Ripresa L, release Ly2, on the Ripresa R, C1 & L2 capture Ld2. Repeat pattern of steps. Then C2 & Ld3 capture Ly3 & do pattern of steps, C2 & Ly3 capture Ld3, etc. until pattern has moved up the entire set. 2;2;2(6x)	
Change of Music	
V6 Lead off to circle. Pattern of Steps 11 Seg Ord. Ld1 takes Ly1's hand & leads set off into a line behind them, w hich comes close to closing a circle.	11

**English Country**

<b>Wandering Eye</b>	<b>(SCA Choreography)</b>	
<b>(4 couples in a square)</b>	<b>=In 4=</b>	
V1 Cs 1 & 3 - Forward & back double; 2 & 4 same	1;1,2	
Ld1/Ly2 & Ld3/Ly4 same; Ld2/Ly3 & Ld4/Ly1 same	2,2	
Ch1 Lds Clap 2x; Step L&R ; Turn half around; Lys same	1;1;1,3	
Rotate around circle - R&L (4 cnts/person)	4	
V2 Side R&L w/ partner; Side R&L w/ corner	4,4	
Ch2 Same as Chorus 1 except Lys start	10	
V3 Arm R&L w/ partner; Arm R&L w/ corner	4,4	
Ch3 Repeat Chorus 1	10	
V4 Lys R hand star - Last 4 cnts take ptrn's R hand & switch ;Lds L hand star	4,4	
Ch4 Repeat Chorus 2	10	

**Progression Dances**

<b>Female Sailor</b>	<b>(Recueil de Contradances 1706)</b>	
<b>(Couples in a line)</b>	<b>=In 4=</b>	
(A) Up through line, around outside, & back to place	2	
(A) Down through line, around outside, & back to place	2	
(A) Cross over & down through line, around outside into ptrn's place; 2 hand turn	2,2	
(A with I) (A face down set, I up) Back to back; Two hand turn	2,2	
All with partner Back to back	2	
(A) 1/2 two hand turn, cast off & move down the set as		
(I) full two hand turn, moving up the set	2	

<b>Hole in the Wall</b>	<b>(Playford 1696)</b>	
<b>(Couples in a line)</b>	<b>=In 6=</b>	
(A) Reverance; Cast around & through IC & back to place; Reverance	2	
(I) Reverance; Cast off around & through AC & back to place; Reverance	2	
(A Ld, I Ly) Reverance, switch place almost touching palms; Reverance	1	
(I Ld, A Ly) Reverance, switch place almost touching palms; Reverance	1	
All take hands & circle halfway around	1	
(A) break off & move down the set while (I) pass up the set between them	1	

<b>Jack's Maggot</b>	<b>(Playford 1703)</b>	
<b>(Couples in a line)</b>	<b>=In 4=</b>	
(A Ld) Single hey with both Lys; (A Ly) Single hey with both Lds	4,4	
All arm R with partner; arm L with partner	2,2	
(A Ly, I Ld) Switch place with R hands; (I Ly, A Ld) Switch place with L hands	1;1	
All take hands & circle halfway around	2	
(A) break off & move down the set while (I) pass up the set between them	2	

**Italian Balli (16<sup>th</sup> Century & later)**

<b>Contentezza d'Amore</b>	<b>(Caroso 1581)</b>	
<b>(Couples)</b>	<b>=In 4=</b>	
V1 Rev; Con L&R; take hands, 4 Rip in circle L, then R	1;1;1;1	
drop hands, con L&R; Reverance	1;1	
V2 Ly away from ptrnr Puntate L&R; Single L&R; Double L; Puntate R&L	1;1;1;1	
Single R&L; Double R; Ly turn to face, both Puntata L fwd & R back; Rev 1;1;1;1		
V3 Ld join ptrnr in same steps; Both facing head Puntata L fwd & R back; Rev	3;1	
V4 Ly pass front of Ld in half circle Single L&R; Double L; Single R&L; Double R	4	
Ld pass Ly in half circle with same steps; Puntata L fwd & R back; Rev	4;1;1	
V5 Take hands & switch Puntate L&R; 6 Doubles to back of the hall, & face	1;6	
Together Puntata L forward, Puntata R backward; Reverance	1;1	
V6 8 Spezzati in a figure 8; take hands & 8 Riprese in a circle L; then R	4;2,2	
Drop hands; 4 Trabuchetti (LRLR); Reverance	1;1	

<b>Il Conto Dell'Orco</b>	<b>(Caroso 1581)</b>	
<b>(1 couple, facing)</b>	<b>=In 4=</b>	
V1 Rev; 3 SegOrd LRL	2,3	
Ch Trab RLR; Tranghi L&R; Spez L, Cad (turning L)	1;1;1	
V2 5 Seg Ord around in a wheel; repeat Ch	5,3	
V3 Ld Doppio L fwd; Passi R&L back; Trab R&L; Rip R&R; Ld Chorus	2;1;1;1,3	
Lys do as Lds did in V3	8	
V5 Passi L&R, SegOrd L in wheel; Same R to R	2,2	
Doppio L twd ptrnr; Passi R&L back; Trab R&L; Rip R&R; Repeat Ch	2;1;1;1;3	

<b>Contrapasso in Due</b>	<b>(Caroso 1581)</b>	
<b>(Couples)</b>	<b>=In 4=</b>	
V1 Rev; Con L&R; Single L&R, Double L; Single R&L back, Rip R&R	2,2,2,2	
Single L&R, Double L; Single R&L back, Rip R&R	2,2	
V2 R hands w/ptrnr & Single L&R, Double L; L hands Single R&L, Double R	2,2	
Indiv figure 8 Turn L in Double L&R; Turn R in Double L&R	2,2	
V3 Repeat V2, taking R then L arms w/ partner instead of hands	8	
V4 Repeat V2, taking 2 hands. Lys figure 8 as Lds flank back & fwd (2 Doub ea)	8	
V5 Take hands w/ partner & 8 doubles (12 in some versions of the music)	8	
V6 Face partner & Rev; Con L&R; All figure 8	8	
V7 Lds back Lys up Singles L&R, Double L; Lys back Lds up; All figure 8	8	
V8 Lds Rev; Lys Rev; Lys figure 8 as Lds flank back & fwd	8	

<b>Dolce Amorosa Fiamma</b>	<b>(Caroso 1581)</b>	
<b>(3 couples in a line) (Based on Dolce Amoroso Fuoco)</b>	<b>=In 4=</b>	
V1 (Face head of hall) Rev; Con L&R; 2 SegOrd; 2 Scorsi - pass R & curl L	2,2,2,2	
2 SegOrd fwd; 2 Scorsi - pass L & curl R; (face ptrnr); Con L&R; Rev	2,2,2,2	
V2 Lds Spez L&R to partner, Trab LRL; Spez R&L to place, Trab RLR	2,2,2,2	
All Con L&R, Rev; Lys same as Lds above; All Con L&R, Rev	2,2,2,2,2	
V3 C1 begin grand R&L by giving R hands (1 SegOrd per exchange)	8	
Lds Rev Lys; Lys Rev Lds; All slow turn to face the Presence & Rev	2,2,2,2	

**English Country**

<b>Tracks of the Wolf</b>	<b>(SCA Choreography)</b>	
<b>(Longways &amp; circle for 4 couples)</b>	<b>=In 4=</b>	
P1 Start with line of couples facing partner; 4-count reverence	1	
Double forward, passing partner by R shoulders; Single forward	1;½	
Turn to face partner; Double forward, passing by L shoulders	½;1	
4-count turn to face partner, take R hands; Reverance	1;2	
P2 C1 (top of line) 4 counts to turn & face down line	1	
C2 4 counts to move to women's side & face line	1	
C3 4 counts to move to men's side & face line	1	
C4 4 counts to move forward, completing a square of couples	1	
P3 Side R&L w/ partner; Set & turn , end facing corner	4;2	
Side R&L w/ corner; Set & turn , end by partner facing center	4;2	
P4 C1 & C4 to center; Turn Ly under into Ld place & turn to face out	1;1	
Move back to place; Turn Ly into orig place & turn to face in	1;1	
As C2 & C3 Turn Ly under into Ld place; move away from center	1;1	
Turn Ly under & into orig place; Move back to orig place	1;1	
P5 Repeat Part 3 using arming	12	
P6 Repeat Part 4 switching couple directions	4	
P7 Ly form R hand star, move halfway around circle to opposite	1	
Ly extend L hand to opposite's L, turn under Ld arm & walk behind	1	
Ly form R hand star, move halfway around circle to partner	1	
Ly extend L hand to ptrnr's L, Ld drop to knee, Ly walk around Ld	1	
Reverance or end with Lys on partner's knee		

<b>Trenchmore</b>	<b>(Playford 1722)</b>	
<b>(Couples in a line)</b>	<b>=In 4=</b>	
Doubles Double forward & back (2x)	2(2x)	
Casting C1 takes three steps forward, casts off, leading other couples to the bottom	4	
of the hall; C1 joins hands & leads couples back to place		
Archng C1 faces down the hall & ducks under the arched hands of C2,		
C1 arches over the next couple & so on until all back to place	1(Nx)	
Arming C1 arm R 1½; C1 arm L w/ C2; C1 arm R, etc. to end of line 8(Nx)		
Repeat the dance with the new C1		

<b>Trip to Kilburn</b>	<b>(Playford 1718)</b>	
<b>(3 couples in a line)</b>	<b>=In 4=</b>	
C2 & C3 join hands & circle L	2	
C2 down through C3; C2 casts back to place	1;1	
C2 & C1 join hands & circle L	2	
C2 up through C1; C2 casts back to place	1;1	
All join hands & circle L (grapevine)	4	
C1 & C2 Square Hey for Four starting R hands to partners	2	
C1 & C2 touch inside hands, then cast out and down one place		
individually to end up in middle and bottom places respectively,		
C3 takes inside hands and walks up centre to end in top place	2	

**Italian Balli (16<sup>th</sup> Century & later)**

<b>Fedelta d'Amore</b>	<b>(Negri 1602)</b>	
<b>(Ly between 2 Lds)</b>	<b>=In 4=</b>	
P1 Rev; Rip L&R; Seg L&R turning L; Seg L&R turning R	2,2,2,2	
Twd foot of hall Take hands & Spez L&R; Seg L	1;1	
Spez R&L; Seg R & turn to face head of hall	1;1	
8 Spez grave (haye, Ly passes Ld on L until Ld on R in middle)	8	
Mid Ld take R hands w/ Ly & circle in 2 galliards; L hands, 2 galliards	2,2	
Mid Ld does same w/ Ld on L	4	
P2 4 Seg to head of hall & turn to face foot	4	
Sottopiede L&L; Trab L&R; Seguito, turning L	½;½;1	
Sottopiede R&R; Trab R&L; Seguito, turning R	½;½;1	
8 Spez grave (haye, as before); 8 galliards, as before	8,8	
P3 Twd foot of hall 2 Spez; Seg; 2 Spez; Seg (& face head)	1;1;1;1	
Rip L&R; Seg L&R, turning L	2,2	
8 Spez grave (haye, as before); 8 galliards, as before (to orig place)	8,8	
P4 Seg L&R, Ly fwd, Lds turning L, end facing in triangle; Rip L&R	2,2	
Seg L&R circling L; Seg L&R fwd, turn L & to place; same, but turn R	2,2,2	
Trab presti L&R; Rip L; Trab presti R&L; Rip R; Seg L&R, circling L	1;1;1;1,2	
(in 6) Ly Passi fwd & back flat, fwd high, Cad; Rip R&L; Galliard turning R	1;1;1	
Lds Saltino onto R, passi grave back, Cad; Zopetti Fwd & back, Cad	1;1	
Lds 3 Passi L, rising on R; Fioretto R & Battute Fwd & back	½;2,3	
Lds Sottopiede L, Battuta R, Passo fwd, Cad L	5,6	
P5 Spez L&R, Seg Ly circling L, Lds coming fwd to meet Ly	2	
Spez R&L, Seg, to head of hall, all turning L	2	
Rip L&R; Seg L&R, turning L; 4 scorsi in haye (Ly to orig place); Rev	2,2,4,2	

<b>Fiamma d'Amore</b>	<b>(Caroso 1581)</b>	
<b>(one couple, facing)</b>		
V1 Spez L, Rev; Spez R, Rev; Spez L&R to switch in CW wheel		
Trab LRLR; Spez LRLR in CW wheel; Scambiate L&R		
Ch Puntato L back, hop; Puntato R back, hop		
Spez L, turning over L shoulder, Cadenza		
V2 Lds only; Spez LRL, Rev; Spez RLR, Rev		
Rip L&L, Trab L&R (flanking back L); Passi L&R, Cadenza (returning to ptrnr)		
Rip R&R, Trab R&L (flanking back R); Passi R&L, Cadenza (returning to ptrnr)		
Repeat Chorus		
V3 Lys do what Lds did in V2		
Repeat Chorus		
V4 Spiraling in CW, Spez L&R, SegSemiDoppio L; Spez R&L SegSemiDoppio R		
Rip L&L, Trab L&R (flanking back L); Passi L&R, Cad (return & touch hands)		
Rip R&R, Trab R&L (flanking back R); Passi R&L, Cad (return & touch hands)		
Repeat Chorus		

<b>The Return of Spring</b>		<b>(SCA Choreography)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
Verse 1	Forward & back a double, set & turn ; repeat	2,2,2
Chorus	C1 R hands & switch; Ly1 & Ld2 switch w/ L hands as Ld1 & Ly2 switch; C1 turn as C2 switch	1,1,2
	C1 take R hands & switch; Ly1 & Ly3 switch w/ L hands while Ld1 & Ld3 switch, C1 turn as C3 switch	1,1,2
Verse 2	Side R, Set & turn, Side L; Set & turn	2,2,2
	Repeat Chorus	8
Verse 3	Arm R, Set & turn, Arm L; Set & turn	2,2,2
	Repeat Chorus	8

<b>Road to Lisdoonvarna</b>		<b>(SCA Choreography)</b>
<b>(3 Couples Longways)</b>		<b>= In 4 =</b>
V1	Forward & back a double (2x); Set & turn single (2x)	2(2x); 2(2x)
Ch1	(Lace the Bodice) All dancers face each other while changing places Slip past ea other on diagonal, leading with closest shoulder Ld1 & Ly2 switch w/ R shoulder; Ly1 & Ld2 switch w/ L shoulder 1/2; 1/2 Ld1 & Ld3 change places; Ly1 & Ly3 change places 1/2; 1/2 Ly2 & Ld3 change places; Ld2 & Ly3 change places 1/2; 1/2 C1 then casts out & up to original place, with C2&3 following	1
V2	Sides all; That again; Set & turn single; That again	2,2,2
Ch2	(Celtic Horses) C1 faces up the hall, C3 faces down the hall C2 take R hands & pass by R shoulders Ly2 continues up the hall, while Ld2 continues down Ly2 takes hands with C1 & circles L as Ld2 does same with C3 Ld2 & Ly2 continue back to the middle of the set Take L hands, & pass by L shoulders Ld2 continues up the hall, while Ly2 continues down Ld2 takes hands with C1 & circles R while Ly2 does same with C3	2
V3	Arms all; That again; Set & turn single; That again	2,2,2
Ch3	(Whipsaw Hey) Lds take hands down the line; Ld2 pulls Ld1 into set & between Lds 2&3, while Ld2 moves up into Ld1's position Hey continues as usual until all are back in place; Lys then do the same	2,2

<b>Ruffy Tufty</b>		<b>(Playford 1651)</b>
<b>(2 couples facing)</b>		<b>= In 4 =</b>
Verse 1	Forward & back a double (2x)	4
Chorus	(facing partner) Set & turn single (2x) Lead partner out a Double & back; Turn single Lead corner out a Double & back; Turn single	4 2,1 2,1
Verse 2	Side R with your partner; Side L with your partner	2,2
	Repeat Chorus	10
Verse 3	Arm R with your partner; Arm L with your partner	2,2
	Repeat Chorus	10

<b>Griffoné d'Oro (A Lieta Vita)</b>		<b>(SCA Choreography)</b>
<b>(one couple)</b>		
P1	Rev; Seg Semidoppio L, turn L; Con R&L; Seg Semidoppio R, turn R Ld Spez L&R (flanking back); Ly Spez L&R (flanking back)	2,2,2 2,2
	Seg Semidoppio L, turning L; Seg Semidoppio R to place	2,2
P2	Ld Spez L&R to partner; Seg Semidoppio L turning to place Spez R&L to partner; Seg Semidoppio R turning to place Spez LRLR back& fwd in diamond; Seg Semidoppio L, turn L; All Rev	2,2 2,2 2,2,2
P3	Ly Spez L&R to partner; Seg Semidoppio L turning to place Spez R&L to partner; Seg Semidoppio R turning to place Spez L&R flanking back; Spez L&R flank fwd; Seg Semidoppio L, turn L	2,2 2,2 2,2,2
P4	Ld Spez L&R flanking back; Ly same; Both Seg Semidoppio L, turning L Seg Semidoppio R to place	2,2 2
P5	Take R hands & Spez L&R to switch; Seg Semidoppio L, turning L Take L hands & Spez R&L to switch; Seg Semidoppio R, turning R Spez L&R flanking back; Spez L&R flanking fwd (end w/ L shoulders) Seg Semidoppio L, turning L; Rev	2,2 2,2 2,2 2,2

<b>Laccio d'Amore</b>		<b>(Caroso 1581)</b>
<b>(one couple)</b>		<b>= In 4 =</b>
V1	Rev; Face L in wheel Spez LRLR; Face ptrnr Trab LRLR Spez L&R flanking back; turning L, Spez L, Cad R; Same starting R	1,2,1 1,1,2
V2	Ld's solo Passi L&R, Trab L&R; turning L, Spez L, Cad R Passi R&L, Trab R&L; turning R, Spez R, Cad L Take R hands & Spez L&R; Passi L&R, Cad L, Same w/L	1,1 1,1 1,1,2
V3	Ly's solo same as Ld's solo	8
V4	Fioretti a pie pari L&R, Passi L&R (flank bck); Seg Semidoppio L (turn L) Fioretti a pie pari R&L, Passi R&L (flank bck); Seg Semidoppio R (turn R) Passi L&R, Batt di Piedi L&R; Spez L&R (flank bck) Rip L&L, Trab L&R; (turning L) Spez L, Cad R	1,1 1,1 1,1 1,1

<b>Leggjadria d'Amore</b>		<b>(Caroso 1581)</b>
<b>(Ld between two Lys)</b>		<b>= In 2 =</b>
P1:	Riverenza; Continenze L&R; Seq Ord L&R, turning L	2,2,2
P2:	3 Seg Ord LRL; Seg Ord R, turning R Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	3,1 1/2; 1/2; 1/2
P3:	Ld Seg Ord LR; Seg Ord L, turning L; Trab RLR All Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	2,1,1 1/2; 1/2; 1/2
P4:	Lys Seg Ord LR; Seg Ord L, turning L; Trab RLR All Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	2,1,1 1/2; 1/2; 1/2
P5:	3 Scorsi Hey; Trab RLR; Spez L, Passi RL, Cad; Batt di Camp RR, Trab R3; 1,1,1	2,2
P6:	Take hands Passi LR, Seg Ord L CW; Passi RL, Seg Ord R CCW Drop hands Spez LR, flanking back; Trab LR	2,2 1,1
P7:	Seg Ord L fwd; Seg Ord R back; Seg Ord L, turning L; Trab RLR Ld Seg Ord LR, turning L 1-1/2 times, while Lys Scorsi LR; Rev	1,1,1,1 2

<b>Picking of Sticks</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
V1	Forward & back a double (2x)	2,2
C1	Top L switch back to back with 2nd R, then 3rd L; All fwd & back a double Top R switch back to back with 2nd L, then 3rd R; All fwd & back a double Repeat above until back to place	2,2 2,2 2,2(4x)
V2	Side R with your partner; Side L with your partner	2,2
C2	C1 slip betw C2 as they move up, then C2 slip betw C1 (2x) as C3 cross & skip around set; Repeat w/ C2&3 slipping & C1 around set	4,4
V3	Arm R with your partner; Arm L with your partner	2,2
C3	Sheepskin Hey - Lds weave through Lys; as last Ld passes second Ly, he cuts around to take the lead; Each Ld cuts once, & then pass behind the Lys & back to place Repeat above with Lys weaving between Lds	8 8

<b>Prince William's Hey</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
P1	C1 cross over hey between person 2 & 3 on the other side All continue the hey on each side, until C1 is back in the 1st place C1 cross back between person 2 & 3 on their own side All continue the hey on each side, until C1 is back in the 1st place	4 4 4
P2	C1 take R hands & switch; Cast to C2 place as C2 slips to 1st place C1 turn 2 hands, 1 1/2 times around; C2 take R hands, switch places C2 cast to 2nd place, as C1 slip to 1st; C2 turn 2 hands, 1 1/2 times around	1,1 2,1 1,2
P3	Ld1 to Ly3, while Ly1 to Ld2; Those 4 arm R; C1 arm L Ld1 to Ly2, while Ly1 to Ld3; Those 4 arm R; C1 arm L	2,2 2,2
P4	C1 casts out between Ly 2 & 3 (holding L hands, so the Ly's arm is across her body) C1 returns to the center from the top & bottom of the set, & arm R C1 casts out between Ld2 & 3 (holding R hands, so the Ld's arm is across his body) C1 turn two hands 1 1/2 times, moving to the bottom of the set	2 2 2 2
	Repeat the dance (with the couple at the head of the set now being C1, etc.) Note Heys in this dance are done with the person coming from either end always passing to the inside of the set	

<b>Lo Spagnoletto (Negri 1602)</b>		<b>(2 Couples)</b>
		<b>= In 4 =</b>
V1	Rev w/ jump; Sequito L around circle, Fioretti L & R, Sequito L	2; 2; 2; 2
Cha	3 Sottopiede L, Cadenza L, Trab R; Sequito L turning L 3 Sottopiede R, Cadenza R, Trab L; Sequito R turning R	2,2 2,2
Chb	Passi L&R backward; Sequito L forward to place Passi R&L backward; Sequito R to place	2,2 2,2
V2	Lys 2 Passi (grave) L&R; Sequito L to other's place (turn to face) Spez R&L; Sequito R back to place	2,2 2,2
Cha	Lys only; Chb everone	8; 8
V3	Lds same solo as Lys in V2	8
Cha	Lds only; Chb everyone	8; 8
V4	(In wheel L) Spez L&R; Sequito L; Spez R&L; Sequito R	2; 2; 2; 2
Ch	Everyone does both parts	16
V5	Lys Passi L&R; Trab L&R; Sequito L in tight circle Passi R&L passing; Trab R&L; Sequito R back to place	1,1,2 1,1,2
Cha	Lys only; Chb everone	8; 8
V6	Lds same solo as Lys in V5	8
Cha	Lds only; Chb everyone	8; 8
V7	(R hands w/partner) Spez L&R; Sequito L turning L (L hands w/contrary) Spez R&L; Sequito R turning R	2,2 2,2
Ch	Everyone does both parts	16

<b>Villanico (Negri 1602)</b>		<b>(2 Lds &amp; 2 Lys in a sqaure)</b>
		<b>= In 4 =</b>
V1	Riverenza; 2 Seguiti Ordinarii (L&R) circling in place CCW	4,4
Ch	kickhop" (L,L,R,R in air) in place (2x) 2 Spezzati (R&L) circling in place CW; Sequito Ordinario R/Cad (same)	2(2x) 2,2
V2	4 Seguiti Ordinarii L,R,L,R holding hands in wheel CW Repeat chorus	8 8
V3	(Lds only) 2 Passi (grave) L&R to center; Sequito Ordinario L Puntato R backward turn L hip to center; 2 Continenza (breve) L&R Ripresa R & Cadenza R back to place	2,2 1,1 2
	Repeat chorus	8
V4	Lys do what Lds did in V3	8
	Repeat chorus	8
V5	2 Seguiti Ordinarii (L&R) taking R hands w/partner, full circle 2 Seguiti Ordinarii (L&R) circling in place CCW 2 Riprese (L&R) facing partner; 2 Seg Ord (L&R) circle in place CCW	4 4 4,4
V6	2 Seg Ord L&R (R hands w/corner, circle); 2 Seg Ord L&R in place CCW Seg Ord (L&R) to corner & back; 2 Seg Ord (L&R) circle in place CCW	4,4 4,4
V7	2 Passi (grave) L&R; SegOrd L (in a wheel CW); same other way 2 Passi (grave) L&R; SegOrd L (all into center) Puntato R back; 2 Continenza (breve) L&R (L hip to center) Ripresa R & Cadenza R back to place	2,2,4 2,2 2 2

<b>The Night Peece</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
V1	Forward & Back a double (2x)	2(2x)
C1	C2 fall back & slip up while C1&3 switch(3X)	2(3x)
V2	Side R&L with your partner	4
C2	C1 cross & cast to C2 place as C2 slides up; Same w/C3; Repeat 2x	1;1,2;2
V3	Arm R&L with your partner	4
C3	Ld 1 & Ly 2 switch; Ly 1 & Ld 2 switch as C3 switches	1;1
	Ld 1 & Ly 3 switch; Ly 1 & Ld 3 switch as C2 switches; Set & turn	1;1,2

<b>Nonesuch</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>= In 4 =</b>
V1	Forward & back a double (2x); Set & turn single (2x)	4;4
C1	C1 through and below couple 2 using 4 sideways steps; C1 push C2 out	2;1
	Turn C2 in & push in; Turn C2 out to C1 place; C1 repeat w/ C3 and C4	2;1,12
V2	Side R; Side L; Set & turn single (2x)	2;2,4
C2	Form a line (1 at a time) w/ double to center - Ld1 1 <sup>st</sup> face up, Ly1 next, etc.	8
V3	Arm R & L; 3 slips L, clap & back, clap; 3 slips R, clap & back, clap	4;2,2
C3	Break the line with a double back to own side (one at a time as before)	8
	Grand R&L, starting with top C	8

<b>The Old Mole</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
V1	Double forward & back; set & turn; repeat	2,2;4
	Double L & back; set & turn; R & back; set & turn	2,2,2,2
V2	Ld1 & Ly3 switch (Dble fwd & back, then past); Ly1 & Ld 2 same; C2 same	2,2,2
	Lys1&2 & Lds2&3 arches (Dble fwd&back then through) 4x to place	2,2,2,2
	Ld1 & Ly3 switch as before; Ly1 & Ld 3 switch; Ld2 & Ly2 switch	2,2,2
V3	Lds hands, & Lys hands - double forward; C1&C3 Double back	1;1
	C2 turn as Lys1&3 & Lds1&3 turn, then Side R; turn your own	1,2;1
V4	Lds single hey; Lys single hey; Double hey 2x; Cast from front & back	2,2;4,4

<b>On the Banks of the Helicon</b>		<b>(SCA Choreography)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
Verse 1	Double forward; Turn simple (away from ptrn); Double back (2x)	1;1;1(2x)
Chorus	Half-s-hey Ld2 w/ C1, Ly2 w/ C3 (C2 ends in ptrn's place)	2
	Half-s-hey Ld2 w/C3, Ly2 w/C1 (C2 ens in own place)	2
	C1 progress to bottom of set by C1 R hands & switch; L hands to next & switch; R hands to next & switch; C1 L hands & switch	1;1;1
Verse 2	Double forward (toward partner) to meet R shoulders,	1
	Turn simple (away from ptrn); fall back a double to place	1;1
	Repeat, this time meeting L shoulders; Repeat Chorus	3;8
Verse 3	Give R arm to partner & turn half-way; turn simple L	1;1
	Take R arms w/partner again & turn half-way to place	1
	Do same w/ L arm (w/ simple turn R); Repeat Chorus	3;8

<b>All in a Garden Green</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
V1	Forward & back a double; Set & turn single (2x)	2,2(2x)
C1	Ld1 take R hands w/Ly1; L w/ Ly2; R then L w/Ly3; kiss 2x; turn	1;1;1;1,2
	Ld1 take R hands w/ Ly3; L w/ Ly2; R then L w/ Ly 1; kiss 2x; turn	1;1;1;1,2
V2	Partners Side R; Set & turn single; Side L; Set & turn single	2,2,2,2
C2	The same as Chorus 1, except first Ly dances with the Lds	12
V3	Partners Arm R; Set & turn single; Arm L; Set & turn single	2,2,2,2
C3	The same as Chorus 1	12

<b>Argeers</b>		<b>(Playford 1651)</b>
<b>(2 couples facing)</b>		<b>= In 4 =</b>
V1	Corners join hands, slip out & back; Turn corner 1/2; Turn partner 1 1/2	1;1,2
	Forward a double; Turn corner 1/2; Turn partner 1 1/2	1;1,2
C1	Lds switch; Lys switch; Set & turn; Lys switch; Lds switch; Set & turn	1;1,2;1,1,2
V2	Double out & back w/corner; Turn ptrnr; Double back & fwd; Set & turn	2,2,2,2
C2	Lds slip R, Lys slip L (Lds inside); Slip back (Lys inside); Turn corner	1;1,2
	Lys forward & back a double; Lds do 8 ct single hey	2,2
V3	Lds push corner back; Slip to Lds' R; Fall back; Set & turn	1/2;1;1/2,2
	Lds slip L, Lys R (Lds inside); Lds push Lys back & fall back; Set & turn	1;1,2
C3	Ld1 & Ly2 cast off & lead into partner's place; Cast again back to place	2,2
	Lds begin a single hey for 4, do half the hey; ladies join in	1;1
	Turn your partner; Fall back into line of 4 & reverence to presence	2

<b>Beggar Boy</b>		<b>(Playford 1651)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
V1	Forward a double; back a double (2x)	1;1(2x)
C1	C1 & C3 double away from ptrnr & to place, as C2 double to meet ptrnr & back	2
	Lds take hands in a circle, Lys same & turn 1/2 to reverse order of line; repeat	2,4
V2	Partners side R; side L	2,2
C2	Lds 1&3 switch as Lys1&3 switch as C2 double back from ptrnr & to place	2
	The first 4 full circle around while C in last place set & turn; repeat	2,4
V3	Partners arm R; arm L	2,2
C3	Double back from ptrnr & to place; Lds half hey as Lys half hey; repeat	2,2,4

<b>Black Nag</b>		<b>(Playford 1665)</b>
<b>(3 couples in a line)</b>		<b>= In 4 =</b>
V1	Forward & back a double (2x)	2(2x)
C1	Slip up the line (C1; C2; then C3); turn single; Slip down; turn single	1;1;1;1,3;1
V2	Side R with your partner; Side L with your partner	2,2
C2	Ld1 & Ly3 switch; then Ld3 & Ly1; then Ld2 & Ly2; All turn single	1;1;1,1
	Ld1 & Ly3 return; then Ld3 & Ly1; then Ld2 & Ly2; All turn single	1;1;1,1
V3	Arm R with your partner; Arm L with your partner	2,2
C3	Lds' Hey; Lds turn single; Lys' Hey; Lys turn single	1;1;1,1

<b>Lord of Carnavan's Jegg</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line)</b>		<b>= In 4 =</b>
Part 1	Forward & back a double (2x); Do-Si-Do with partner (2x)	2(2x);2(2x)
Part 2	C1 cross over & go behind C2 into their place (on partner's side)	1
	C1 cross over & go behind C3 into their place (on own side)	1
	C1 go between C 4, cast off & lead line around; Arm R	2,2
	(order from top to bottom is now C1, C4, C3, C2)	
	Repeat with C2 leading in other direction (order ends C3, C4, C1, C2)	14
	Repeat with C3 leading in first direction (order ends C3, C2, C1, C4)	14
	Repeat with C4 leading in other direction (order ends C1, C2, C3, C4)	14

<b>Lord Sun &amp; Lady Moon</b>		<b>(SCA Choreography)</b>
<b>(3 couples in a line, the middle couple improper)</b>		<b>= In 4 =</b>
I	C1 & C2 take R hands across; Rotate CW halfway around	1
	C1 & C3 take L hands across; Rotate CCW halfway around	1
	C2 & C3 take R hands across; Rotate CW halfway around; all honor ptrnr	1;1
II	C1 & C2 take L hands across; Rotate CCW halfway around	1
	C1 & C3 take R hands across; Rotate CW halfway around	1
	C2 & C3 take L hands across; Rotate CCW halfway around; all honor ptrnr	1;1
III	Lys w alk in a CW circle (no hands) around Ld2 & back to place	2
M	Lds walk in a CW circle (no hands) around Ly2 & back to place	2
V	C1 & C2 take hands in a circle of four & circle CW halfway around;	1
	C2 drops hands while Ld1 turns Ly1	1
VI	C1 & C3 take hands in a circle of four & circle CW halfway; All honor ptrnr	1;1
	(Order of couples is C2, C3 (improper) C1, becoming C1, C2 & C3 for next repeat)	

<b>Lull Me Beyond Thee</b>		<b>(Playford 1651)</b>
<b>(4 couples in a line, last 2 improper)</b>		<b>= In 4 =</b>
V1:	Lead up a double & back (2x)	2(2x)
Ch1a	C1&C4 double twd ea other as others double away from set	1
	New lines fall back & meet a double; turn your opposite	2;2
Ch1b	C1&C4 double away from ea other as others double together	1
	Lines fall back & meet a double; turn your partner	2;2
V2:	Side R w/ptrnr; C1&C4 side L w/partner as Ld2&Ly3 and Ld3 & Ly2 side L	2;2
Ch2a	Lines lead out & fall back a double; Lines circle once around	2;2
Ch2b	C2 double fwd betw C1 to form line as C3 double back betw C4	1
	New lines fall back a double; lines circule once around	1;2
V3:	Arm R w/ptrnr; Arm L w person you sided L with	2;2
Ch3a	C1&C4 double twd ea other as others double away	1
	Couples on ends of lines form arch as C1 & C4 take opp	
	Through the arches & cast back to place; turn your opposite	2;2
Ch3b	C1&C4 double away from ea other as others double together	1
	C1&C4 form arch as C2&C3 take opp through the arches & cast back to place; turn your partner	2;2

<b>Cuckolds All A Row</b>		<b>(Playford 1651)</b>
<b>(2 couples facing)</b>		<b>= In 4 =</b>
V1	Forward & back a double (2x)	2(2x)
C1	Back-to-back corner; Gypsy corner; Backto-back partner; Gypsy partner	2,2,2,2
V2	Side R with your partner; Side L with your corner	2,2
C2	Lds switch places; Lys switch places; All join hands & circle L	1;1,2
	Lys switch places; Ldsswitch places; All join hands & circle R	1;1,2
V3	Arm R with your partner; Arm L with your corner	2,2
C3	Lds push corner back a double & back to opp place (Lys to own place)	2
	Lds cast R & back to opp. place, partners following	2
	Lds push corner back a double & back to own place (Lys to own place)	2
	Lds cast L & back to own place, partners following, all to orig place	2

<b>Dargason</b>		<b>(Playford 1651)</b>
<b>(single line - Ldsfacing equal number of Lys)</b>		<b>= In 4 =</b>
C1	Side R; set & turn moving into each others place	2,2
	Continue with new partners; progress until reach original place or other spot	2,2 (mult x)
C1	arm R; set & turn into each others place	2,2
	Continue with new partners, & progress as before	2,2 (mult x)
	Hey through entire set (grand R&L)	
	Variation 2 equal lines in a cross formation. Remain in original line; curve L when switching places in the middle. On Hey, do half a star to switch sides in the middle.	

<b>Dougal's Wheel</b>		<b>(SCA Choreography)</b>
<b>(couples in a circle)</b>		<b>= In 4 =</b>
V1	Double in & out (2x); set & turn (facing partner)	2(2x);2
Chorus	2 hand turn CW; 2 hand 1 1/2 turn CCW to new partner	2,2
V2	Side R&L; set & turn; Repeat Chorus	2,2,2,4
V3	Arm R&L; set & turn; Repeat Chorus	2,2,2,4
V4	Ldsdouble in & out; Lys double in & out; set & turn; Repeat Chorus	2,2,2,4

<b>Drive the Cold Winter Away</b>		<b>(Playford 1651)</b>
<b>(4-5 couples in a line)</b>		<b>= In 4 =</b>
V1	Double fwd & back (2x)	2(2x)
Ch	Face ptrnr Ld1 double back & fwd to 2 <sup>nd</sup> to last Ly, turn her then last	
	Ly as Ld2 leads other Lds betw Lys2&3, turn L & back down the set;	4
	Same Ld 1 double back & fwd to Ly2, turn her then Ly1 as Ld2 leads other	
	Lds betw last & 2 <sup>nd</sup> to last Ly, turn R & back up the set	4
V2	Side R&L w/ partner; Repeat Chorus switching Lds & Lys roles	4,8
V3	Arm R&L w/ partner; Repeat orig Chorus	4,8

**If All the World Were Paper** (Playford 1651)  
**(4 couples in a square)** = In 4 =  
 Double forward & back; Set & turn (2x) 2;2 (2x)  
 Heads-Lds switch places, then Lys; Rs & Ls to place (1<sup>st</sup> w/ partner); sides same 2;2;4  
 Side L; Set & turn; Side R; Set & turn 1;1;1;1  
 Heads-double in; take corner betw side; cast to place; 2 hand turn; sides same 1;1;2;4  
 Arm L; Set & turn; Arm R; Set & turn 1;1;1;1  
 Heads-Exten R hand to opp & change places, continue L&R to place; sides same 4;4

**The Irish Gypsy (or Sionnain's Shamrock)** (SCA Choreography)  
**(4 couples in a square)** = In 4 =  
 V1 Heads double fwd & back; Heads double fwd & cast to place; sides same 2;2;4  
 Ch1 Heads slip in; set LR; Slip w/ opp betw sides & cast to place; sides same 1;1;2;4  
 ½ hey begin by passing partner by R; gypsy w/ partner; repeat 2;2;4  
 V2 Side R w/prtnr; Set & turn; Side L w/corner; Set & turn (face center) 2;2;2;2  
 Ch2 Pass & post Heads walk through the set (Ldys pass on inside); give near  
 arm to nearest Side & post to face into set; repeat 3x; Sides same 1;1;6;8  
 V3 Arm R w/ partner; set & turn; Arm L w/ corner; set & turn 2;2;2;2  
 Ch3 Lds form for L hand star & pass in front of partner to next Ldy; 1  
 Take Ldy by R hand & circle 1x, ending back in the L hand star; repeat 3x 1;6  
 Lys form for R hand star & do as Lds did 8

**Jack Pudding** (Playford 1651)  
**(3 couples in a line)** = In 4 =  
 V1: Double fwd; C1&C2 break hands, separate & Double back as C3 Double fwd; 1  
 C1 & C2 Double fwd (still apart) as C3 Double back 1  
 C1 & C2 take hands & all Double back 1  
 Ch1: C3 move between C1 & C2 as Lds 1&2 make an arch & Lys same 2  
 C3 cast around C1, go under both arches & cast around C2, return to place,  
 Crossing over to become proper 4  
 C1 & C2 join hands & circle once around as C3 does full turn 2  
 V2: Side R&L with partner 4  
 Ch2: Lds form a circle & go once around, raising arms 2  
 Lys under arches & turn partner back to place 2  
 Lys form a circle & go once around, raising arms 2  
 Lds under arches & turn partner back to place 2  
 V3: Arm R&L with partner 4  
 Ch3: C1 turn to face down as C3 heads up line  
 C2 moves to C3 place as C1 makes arch & C3 passes under 1  
 C3 change places and face down as C1 turns to face up 1  
 C1&C3 take hands & go once around; C2 heads up the line 2  
 C1 moves to C3's original position as C2 makes an arch & C3 passes under 1  
 C3 change places & face up as C2 turn to face down 1  
 C2&C3 take hands & go once around; C2 turn to face up. 2  
 New order of Couples is C2, C3, C1; Repeat dance 2x

**Fine Companion** (Playford 1651)  
**(4 couples in a circle)** = In 4 =  
 V1 Forward & back a double; Set & turn single (2x) 2;2 (2x)  
 C1 Ld double in & out; Ly in as Ld out; Ly double out as Ld in & circle 2;2  
 Ly double in & out; Ld in as Ly out; Ld double out as Ly in & circle 2;2  
 V2 Side R; Set & turn single; Side L; Set & turn single 2;2;2;2  
 C2 Heads in & out; Sides in (as heads out) & out as Head in & circle 2;2  
 Sides in & out; Heads in (as sides out) & out as Sides in & circle 2;2  
 V3 Arm R; Set & turn single; Arm L; Set & turn single 2;2;2;2  
 C3 Ld into center & face out; Ly circle M; Ld back to place ½;3;½  
 Repeat putting Lys into center&Lds circling 4

**Gathering Peascods** (Playford 1651)  
**(4-7 couples in a circle)** = In 4 =  
 V1 Slide L; Turn single; Slide R; Turn single 2;1;2;1  
 C1 Lds Double in & circle; Lys do same 3;3  
 Lds in & clap; Lys in & clap (as Lds out); 1;1  
 Lds in & don't clap (Lys out) & turn to place 2  
 Lys in & clap; Lds in & clap (as Lys out); 1;1  
 Lys in & don't clap (as Lds out) & turn to place 2  
 V2 Side R with partner; Turn single; Side L with partner; Turn single 2;1;2;1  
 C2 Same as chorus 1, except Lys do everything first 14  
 V3 Arm R with partner; Turn single; Arm L with partner; Turn single 2;1;2;1  
 C3 Same as chorus 1 14

**Glory of the West** (Playford 1651)  
**(2 couples facing)** = In 4 =  
 V1 Forward & back a double ; back & forward a double 2;2  
 Ch1 Lds double back as Lys turn single; Lys double back as Lds turn 1;1  
 Lds switch places; Lys switch places 1;1  
 Join hands & circle halfway (back to original places); repeat entire chorus 1;5  
 V2 Side R with your corner; Side L with your partner 2;2  
 Ch2 Lds back-to-back with stationary Lys; then Lys w/ stationary Lds 2;2  
 All turn single; Hey for 4; R hand star 1;2;2  
 V3 Arm R with your corner; Arm L with your partner 2;2  
 Ch3 Lds meet; Lys meet & make arch with R hands 1;1  
 Lds go through arch back to place & make arch with R hands 2  
 Lys go through arch back to place 2  
 Take R hands with corner & switch places 2  
 Take L hands with partner & switch places 2  
 Join hands & circle halfway; Fall into line & reverence the presence 1;1